

UNLOCKING CONSUMER ENGAGEMENT

TRENDS & DATA-DRIVEN STRATEGIES

FOR INCREASED PRODUCE CONSUMPTION

With [Jonna Parker](#), [Mollie Van Lieu](#) & [Emily Holdorf, MS, RD](#)



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**THE
FOUNDATION**
FOR FRESH PRODUCE

WELCOME!



Katie Calligaro

Director, Marketing & Communications
Foundation for Fresh Produce

ABOUT HAVE A PLANT[®]

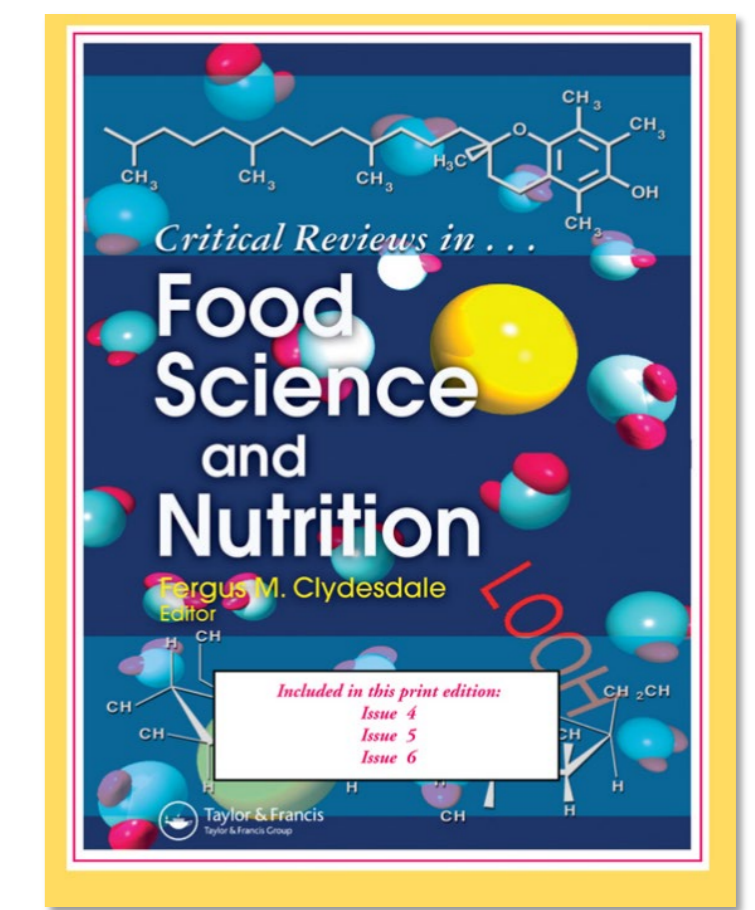
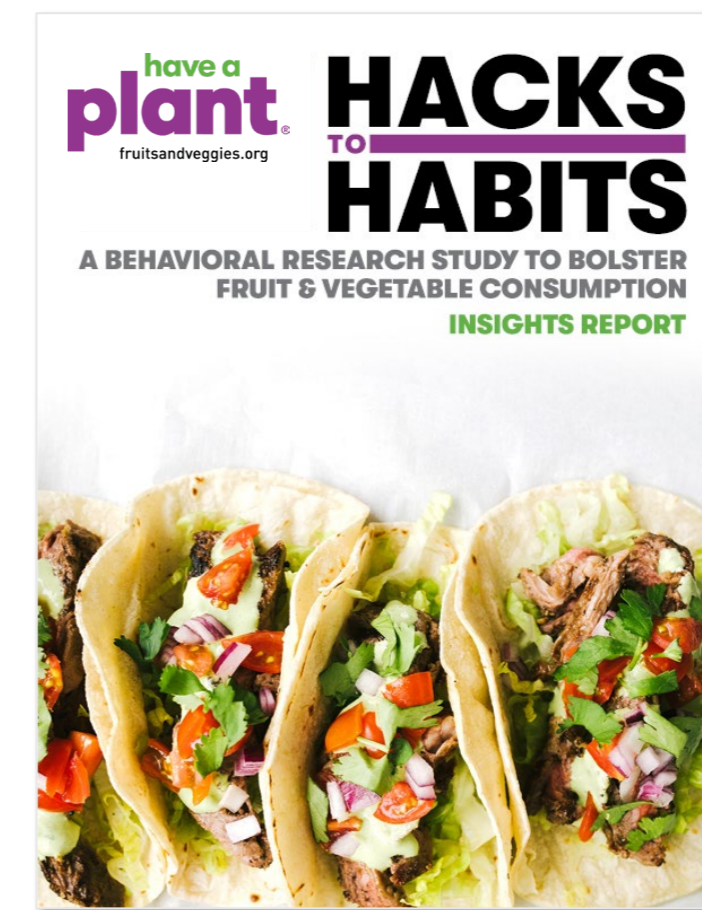
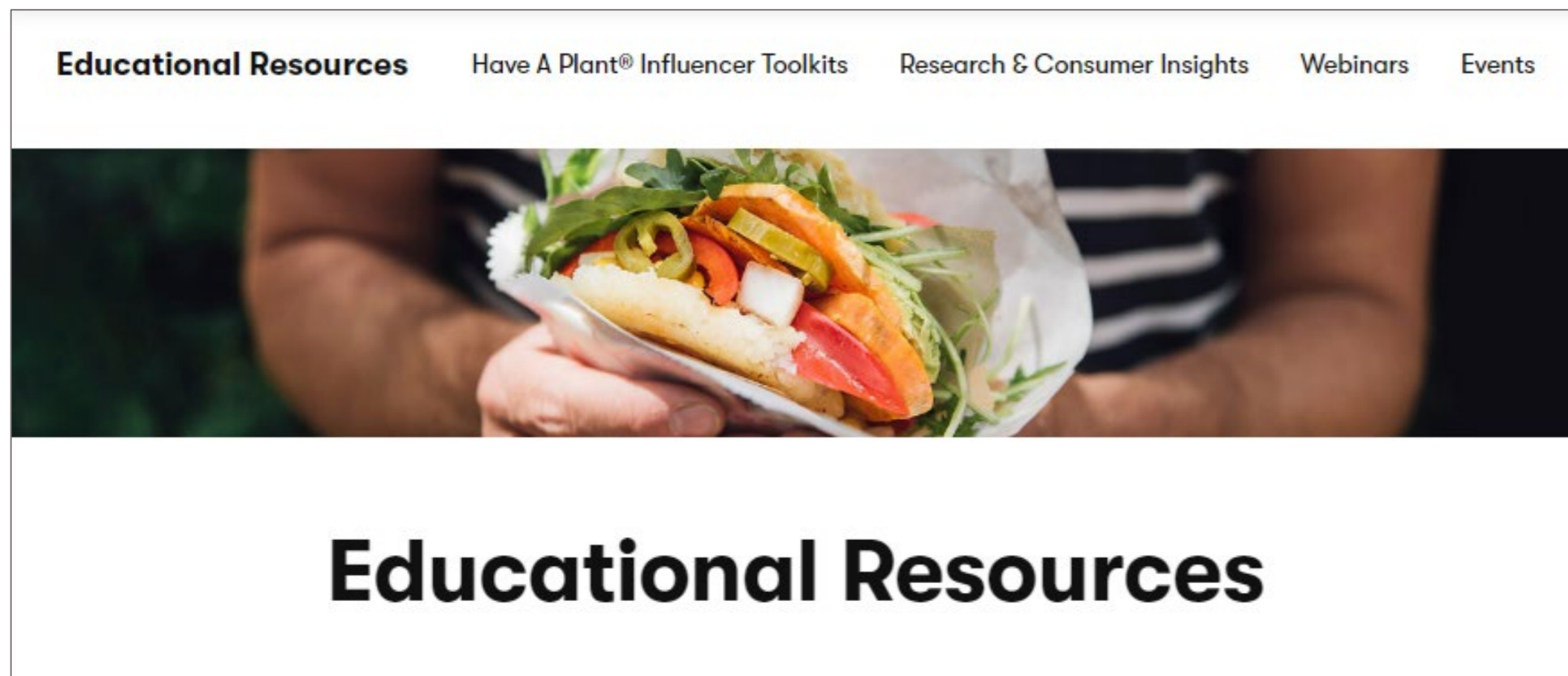
The award-winning Have A Plant[®] campaign is committed to helping consumers live happier, healthier lives by boosting appeal for fruits and vegetables.

Have A Plant[®] programs and our website fruitsandveggies.org are a valuable resource for health and wellness professionals.



EDUCATIONAL RESOURCES

Have A Plant[®] programs deliver innovative research as well as unique consumer insights and communication tools. All to help you inspire lasting behavior change by tapping into the emotional connection consumers have with fruits and vegetables.



fruitsandveggies.org/educational-resources

HOUSEKEEPING

The CPE activity application for this webinar is pending Commission on Dietetic Registration (CDR) review and approval for 1.0 CPEUs.

You will receive a link to the certificate of attendance, the webinar recording and PDF of the presentation once approval has been granted.

Type your questions and/or comments into the Q&A section located at the bottom of your screen at any time during the webinar.

TODAY'S SPEAKERS



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International Fresh Produce

Association

VP, Nutrition & Health



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MS, RDN, CDN

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Influencer & Community Manager

TRENDS & DATA-DRIVEN STRATEGIES FOR INCREASESD PRODUCE CONSUMPTION

Circana covers the complete spectrum of food and beverage

Formerly separate companies, IRI and NPD are now Circana, and we are ready to turn the complex INSIGHTS into clear ACTIONS.



Today's discussion

01 2024 State of the Shopper

02 Current Retail Environment
Produce: Current and Potential

03 Current Sales & Shopper Trends
Current & Future Consumers

Questions? Ask at the end or after!



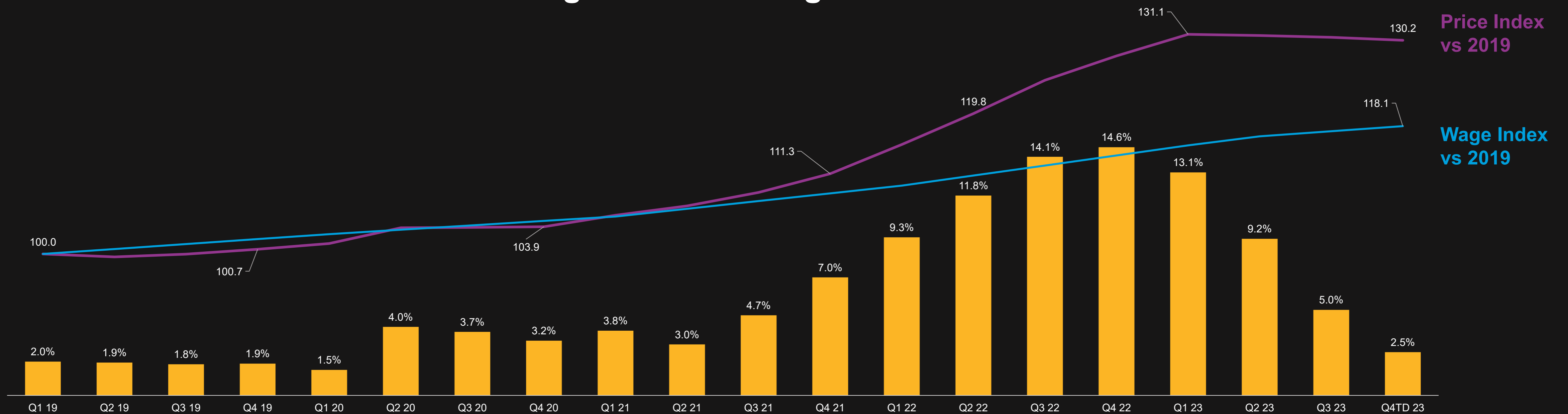


Current Consumer Market Key Facts & Noteworthy Food/Bev News

Inflation in full swing

Consumers are facing close to 30% higher prices compared to 2019 and wages have not kept up.

Avg. Price % Change vs. YA



Consumers continue to have more stoplights on their retail food and beverage journey



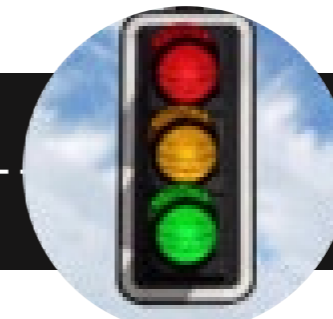
F&B Prices
~30% Higher
than 2019



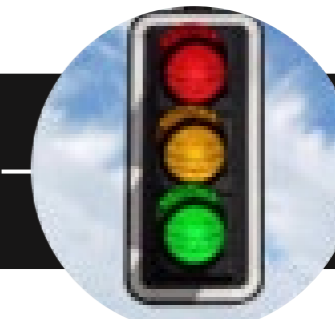
Wage Growth
Lags Price
Increases



Discretionary vs.
Non-Discretionary
Shifts



Cost of Housing
Shifting



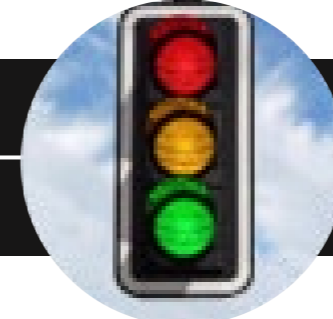
Cost of
Consumer Credit
Rising



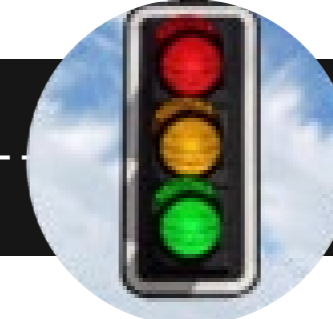
Weight Loss Drugs



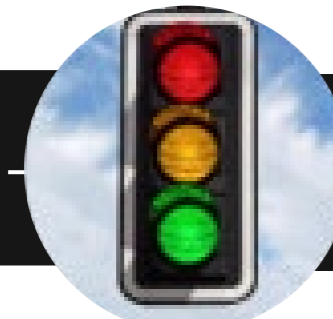
Global Conflicts



Increased Debt



Savings
Depletion



Assortment
Declines



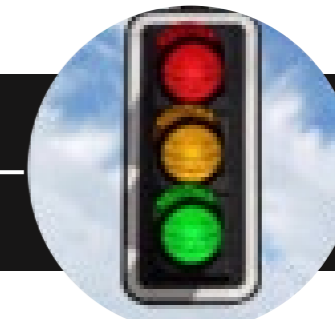
Supply Chain
Constraints



Student Loan
Repayment
Beginning



Promotion
Efficiency
Declines



SNAP Stimuli
Ended / Implications



Retail food and beverage outperformed many consumer goods — but not all

Despite inflation and spending pressures, Americans still have expanded and shifting demand

Dollars
Unit / Volume

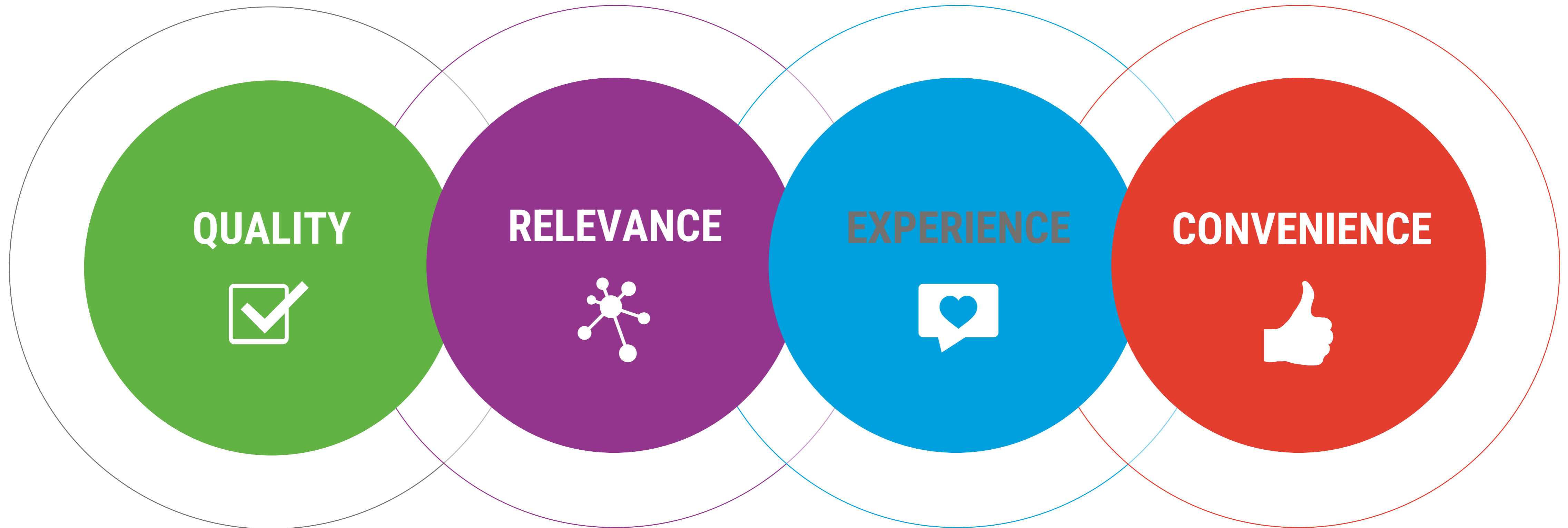
Gen Merch
CPG

Retail Segments 2023 Sales % Chg. vs. YA



Dimensions of value: market beyond price

More than ever, driving demand must be multi-dimensional and anchored in consumer priorities





How We Solve The Meal in 2024



61%

of food spending occurs
at retail **“at home”**

86% of eating occasions are sourced **from home**

39% of food spending occurs
at foodservice **“away from home”**

14% of eating occasions are sourced **away from home / foodservice**



Source: Circana POS and consumer data Q2 2023.

86% of meals are sourced from home

However, shifting needs throughout the day causes this to fluctuate

% Meal Occasions Sourced from Home/Retail

87

Breakfast
occasion
%

76

Lunch
%

81

Dinner
%





Overall, snacking is up with mobility influencing where consumers purchase and consume

46%

of consumers snack 3+ snacks a day

Down 3ppts YA, but no change vs 5 years ago

Between-meal occasions

	2023 annual occasions per capita	vs. 2020
Total Between Meal Occasions	809	+9
Sourced from Retail	745	+8
Consumed in Home	666	-14
Sourced from Foodservice	64	+1



CLICK HERE

Watch/download the full 2024 Snacking webinar here: [Exploring U.S. Consumer Snacking Trends: Insights and Future Strategies - Circana](#)

Source: Circana, National Eating Trends® and CREST®, YE Dec. Includes retail and foodservice occasions; Circana 2024 Snacking Survey

Generations are also eating differently

% of Eatings When Need State is Favorite Routine, Yummy, or Reward Me
Year Ending Sept 2023 vs. 2018 Change vs. YA



Gen Alpha

2013 – cur 2 years

15.2%

+8.2% pts

Younger Gen Z

Born 2006 – 2012

13.9%

+0.4% pts

Older Gen Z

Born 1997 – 2005

8.5%

-6.4% pts

Younger Millennials

Born 1990 – 1996

7.3%

+1.2% pts

Older Millennials

Born 1981 – 1989

8.8%

-0.7% pts

Gen X

Born 1965 – 1980

19.4%

+2.0% pts

Boomers

Born 1946 – 1964

23.7%

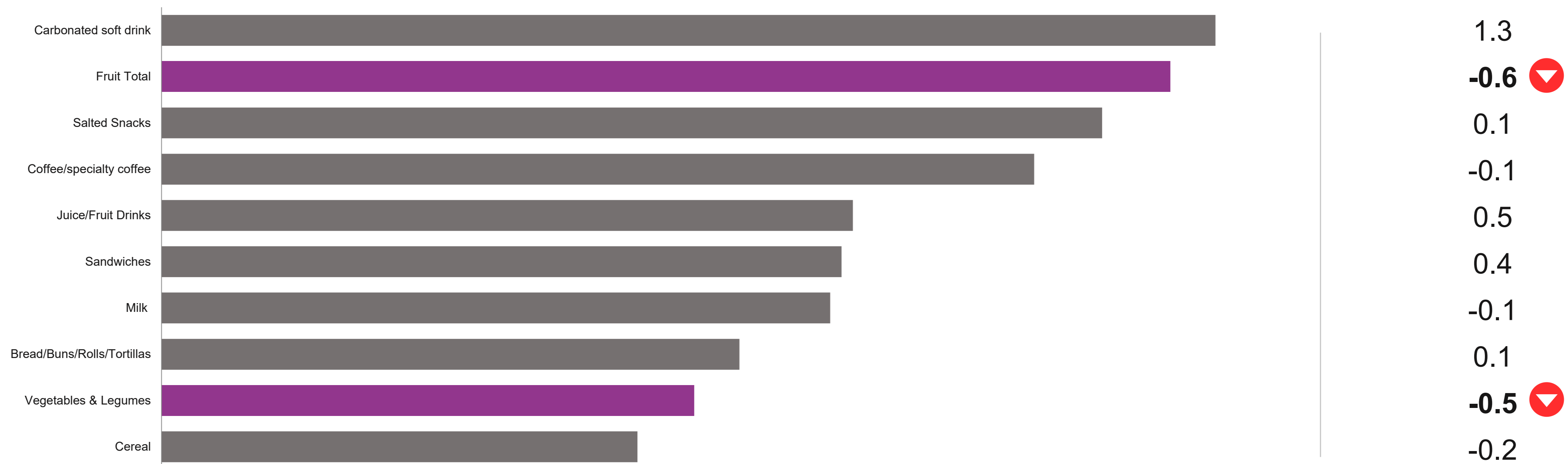
-2.6% pts

Healthier eating aspiration isn't automatically changing our consumption- especially in produce

*Water, whether tap or bottled, is the number one thing we consume, at 43% of all occasions.

Top 10 Foods and Beverages 2023 In-home Share of Occasions

Share Point Change vs. Last Year





How We Shop for Food & Bev in 2024

Perception is U.S. consumers' reality

Agree food costs too much; differ on what to do about it

95%

of all households are **concerned** about food cost inflation in 2024, **70%** say its harder to stay in budget compared to prior months



85%

Say they've seen prices increase in recent months, despite the actual ARP down- **+10 pts from Dec 2023**



84%

Making one or more changes due to increased grocery prices, **+5 pts** in one month

95%

of shoppers age 33 and younger



51%

Shoppers age 34-42 bought at least some of their groceries online in March vs. less than 25% of shoppers age 59 & older

214

Annually by U.S. avg. household for food and beverage at any retailer

Fresh foods* average **147** trips per year per US Household **+11%** vs 3 years ago and **+2.3 trips** more than last year

+22 more trips (+12%) than 3 years ago and **+4** more in 2023 than 2022

Produce has 84 trips annually (+7 vs 3YA) and is the only Fresh Dept with +1 trip more vs YA;
meat and seafood trips are **lower** than 3 years ago

Source: Circana, Integrated Fresh Scan Panel, All Outlets w MULO+, 52 weeks ending 4/21/24

*Fresh Foods are all PRM departments ex Refrigerated/Dairy



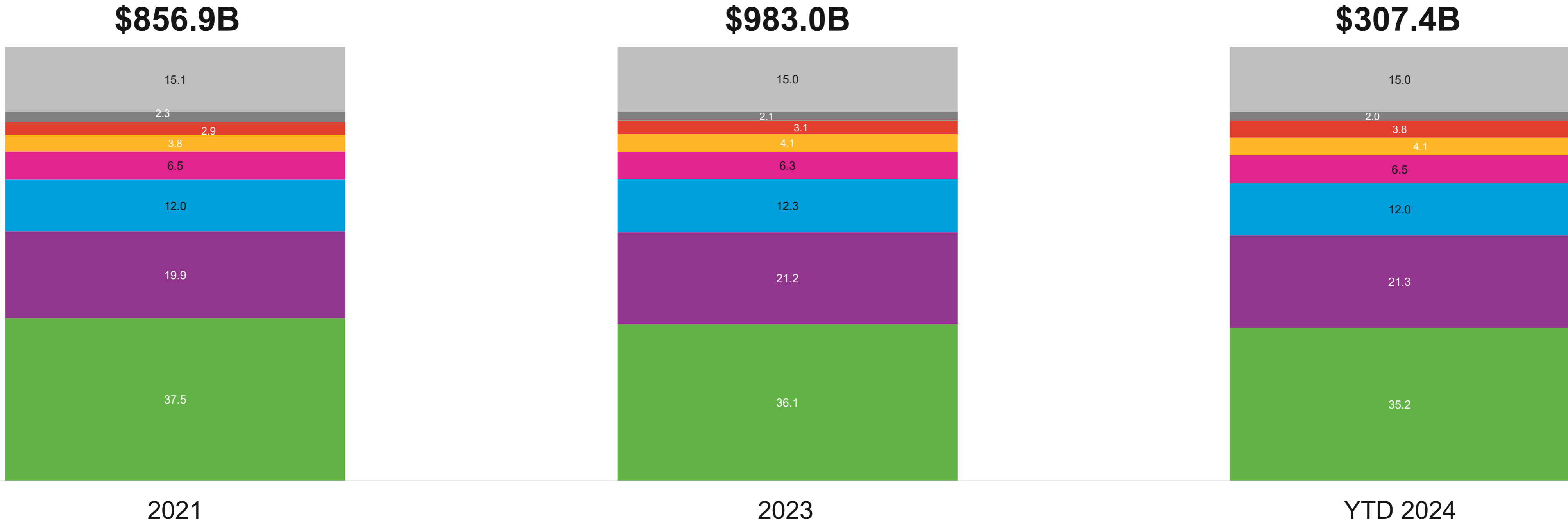
80%

of the most frequently purchased fresh foods items are in **Produce** – and the only fresh department to **increase** and **sustain** more trips since 2019

Source: Circana Household Scan Panel as of YE 2023 vs 2019

Traditional Grocery continues to erode share of total fresh foods in 2024

Total edible has gained dollar share in Internet, Discount Grocery and Mass/Super in recent periods



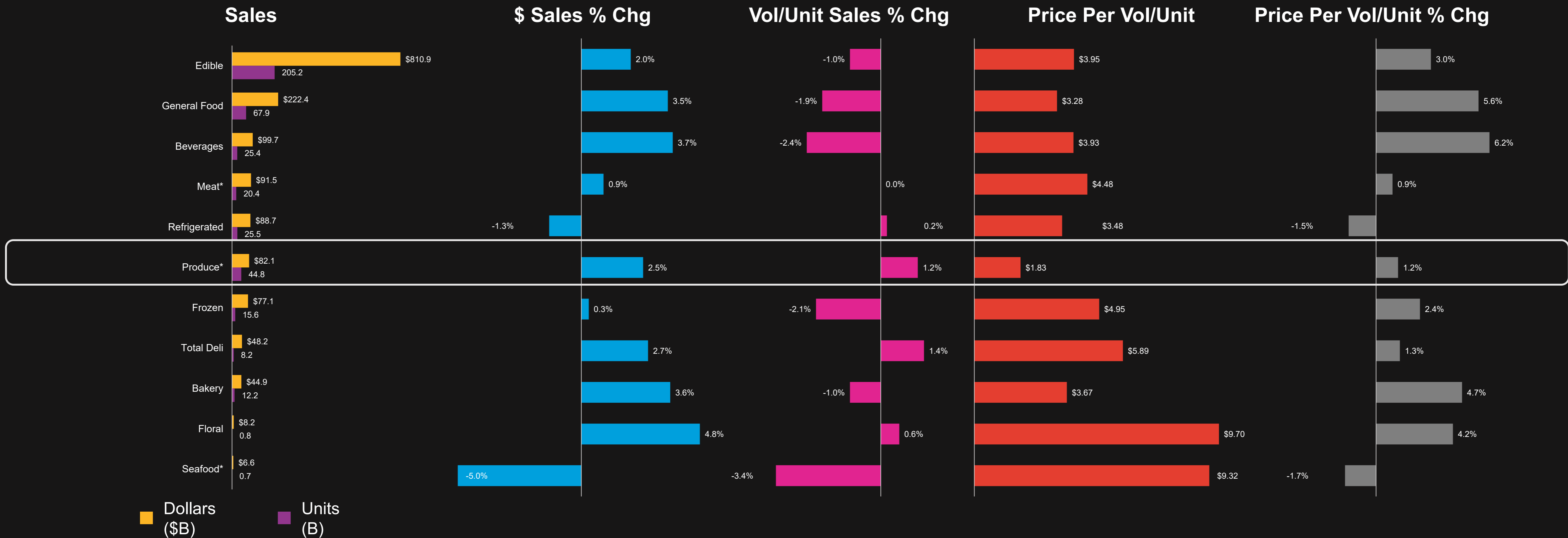
Source: OmniConsumer Integrated Fresh CY 2021-2023, L52W, YTD 2024, L13W, L4W data ending 04/21/24, All Outlets.



How Does Produce Perform
vs Other F&B Departments?

YTD Sales Total Food & Beverage Performance

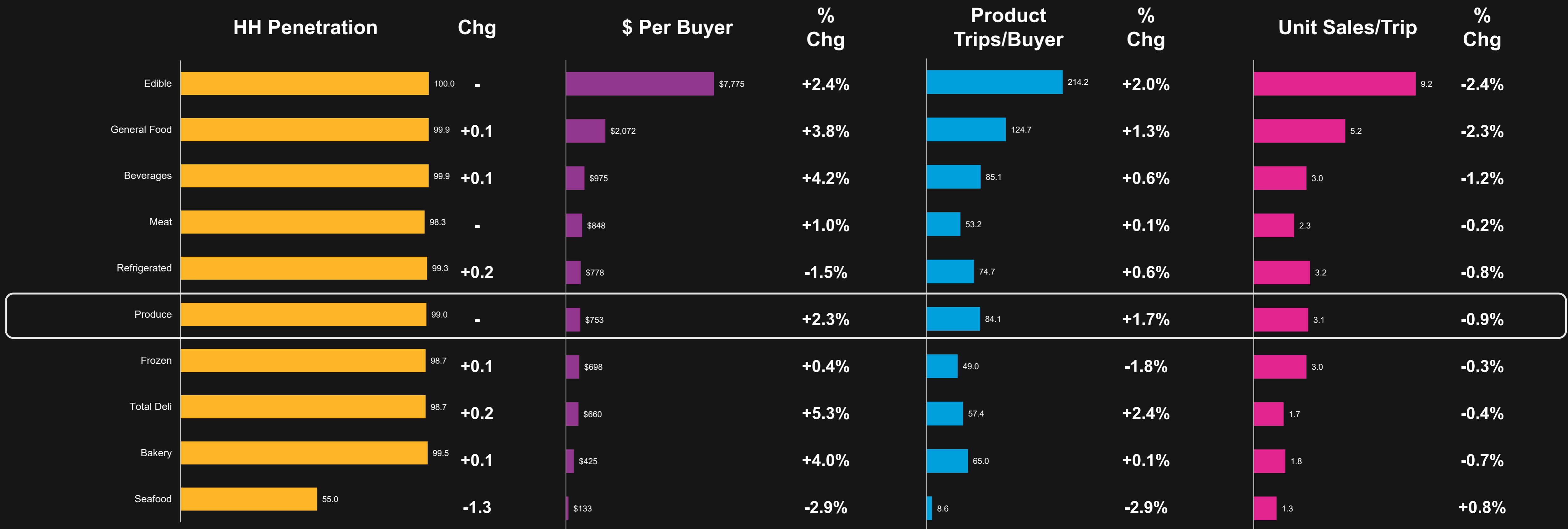
All Departments outside of Beverages, Seafood, and Liquor are growing in volume sales, and Floral is seeing double digit growth (+10.4%).



Source: Circana Integrated Fresh, Mulo+, L52 4/21/24.

YTD Sales Total Food & Beverage Shopping Behavior

YTD, all Departments outside of Beverages, Seafood, and Liquor are growing in volume sales, and Floral is seeing double digit growth (+10.4%).

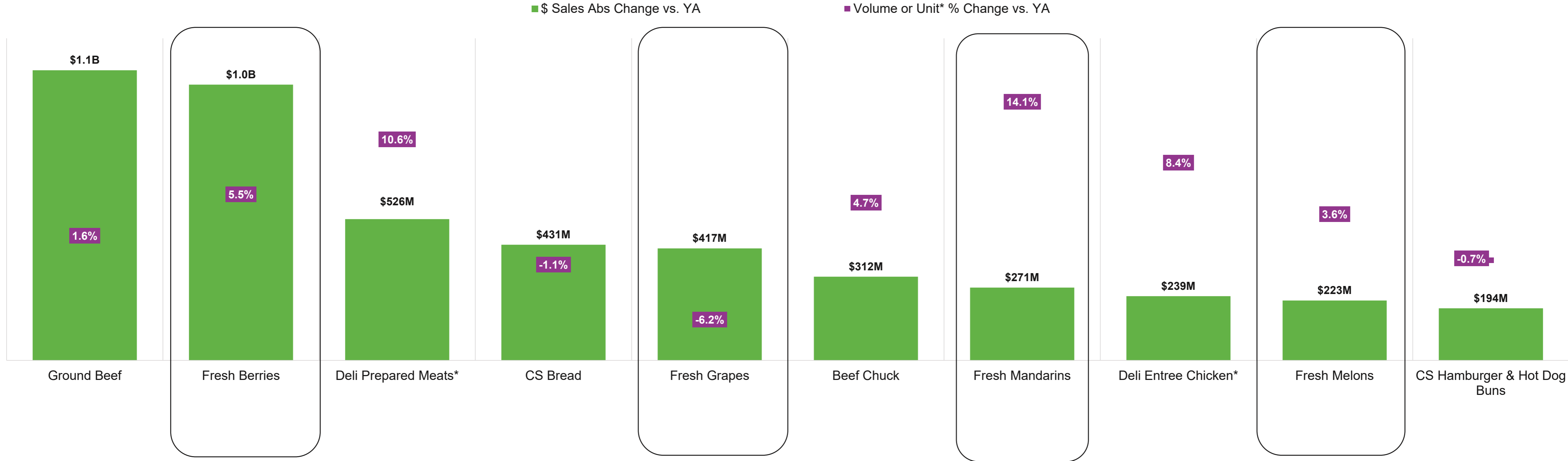


Source: Circana Integrated Fresh PNL, All Outlets, L52 4/21/24.



Produce Has Top Sales Growth Categories but Mixed Volume Results- Supply & Price Driving More than Demand

Top 10 Categories by dollar change growth. Ground Beef and Berries account for over \$2B

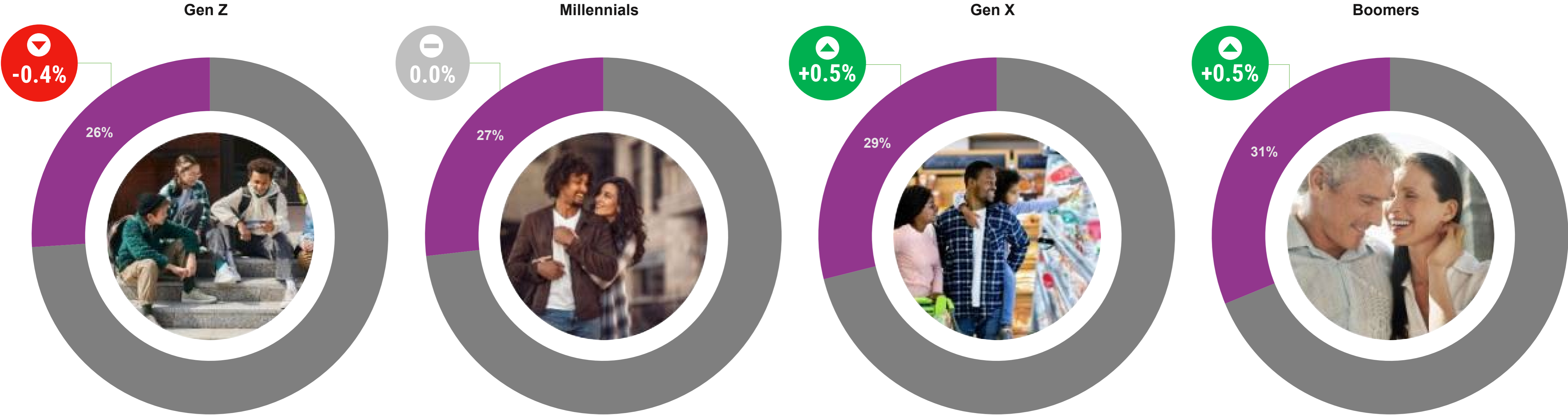


Source: Circana Integrated Fresh, MULO+, Latest 52 weeks ending 4/21/2024, note Units* used when volume is not equivalized at the dept level. Beverages, Meat, Produce and Seafood are in volume.

Younger generations are less invested in fresh

Total food/beverage average trip spending favors center-store more than older generations & declining

% of \$ Basket Spent on Fresh Departments
\$ Share with Change versus Year Ago



Are We Satisfied with Status Quo?

The Broader Business World, and Consumers, Are Not

THE WALL STREET JOURNAL.

Cool Comes to the Humble Produce Aisle

Fruits and vegetables are the latest section of the supermarket to get a branding push as investors and marketers target the agriculture industry

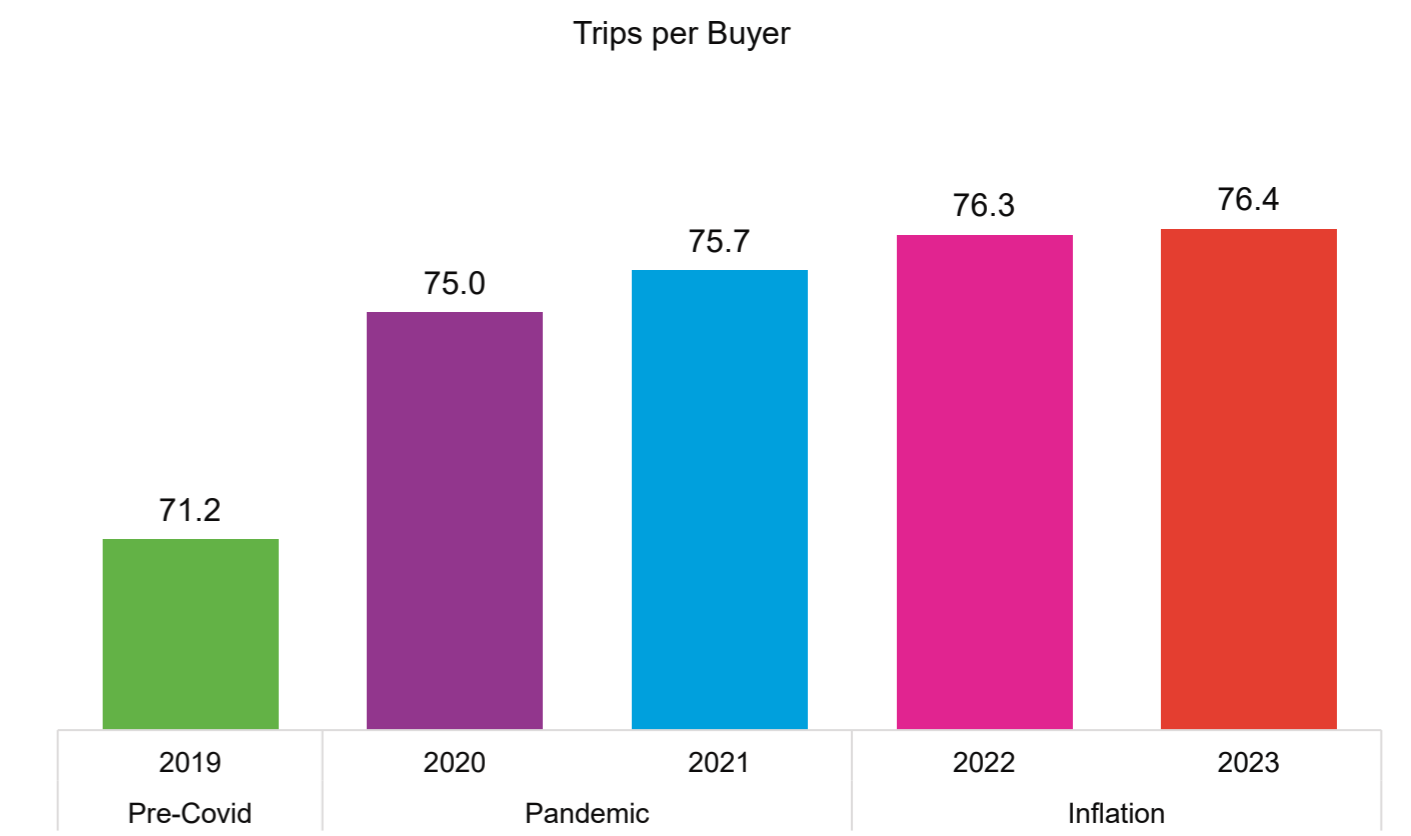
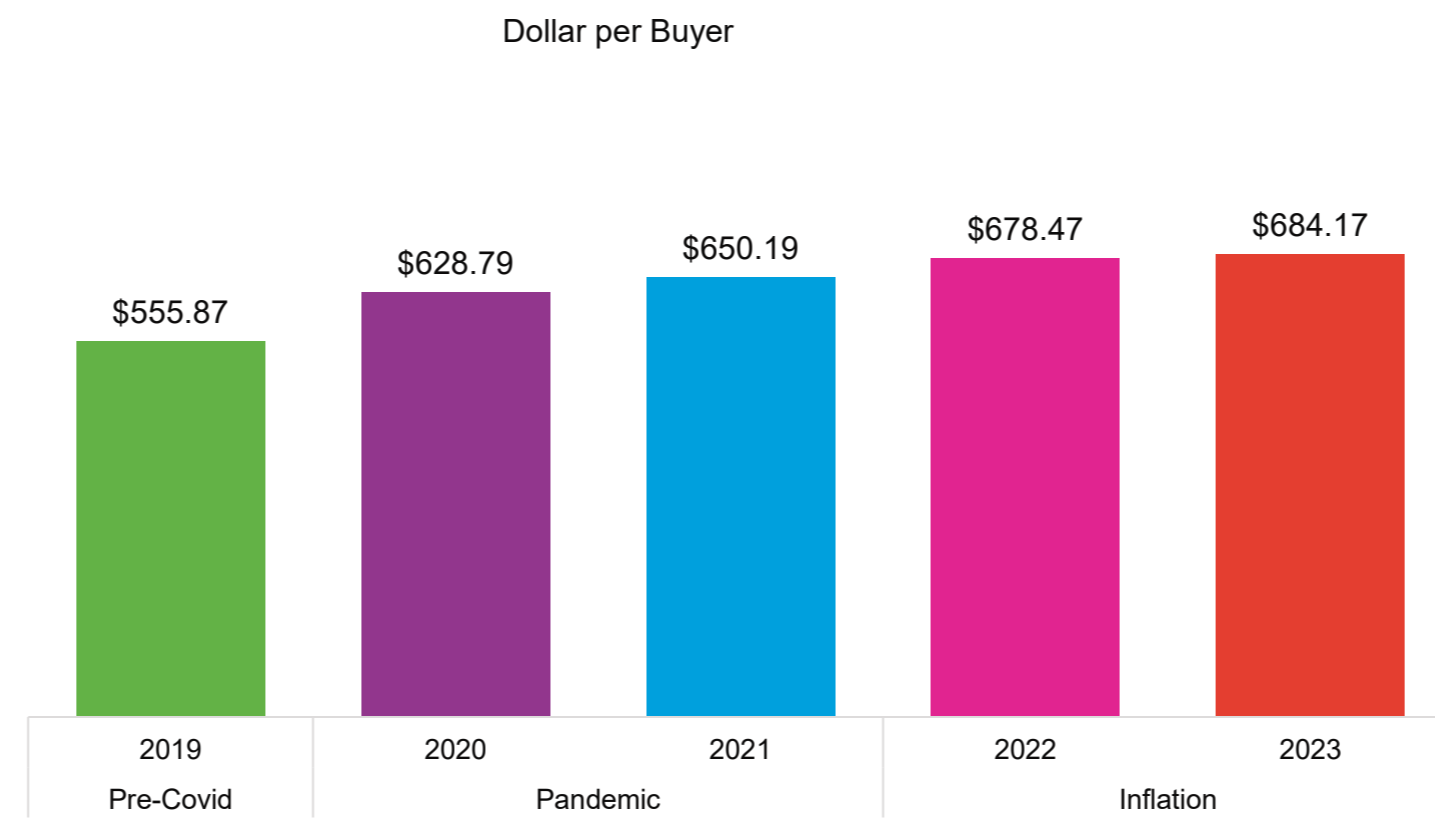
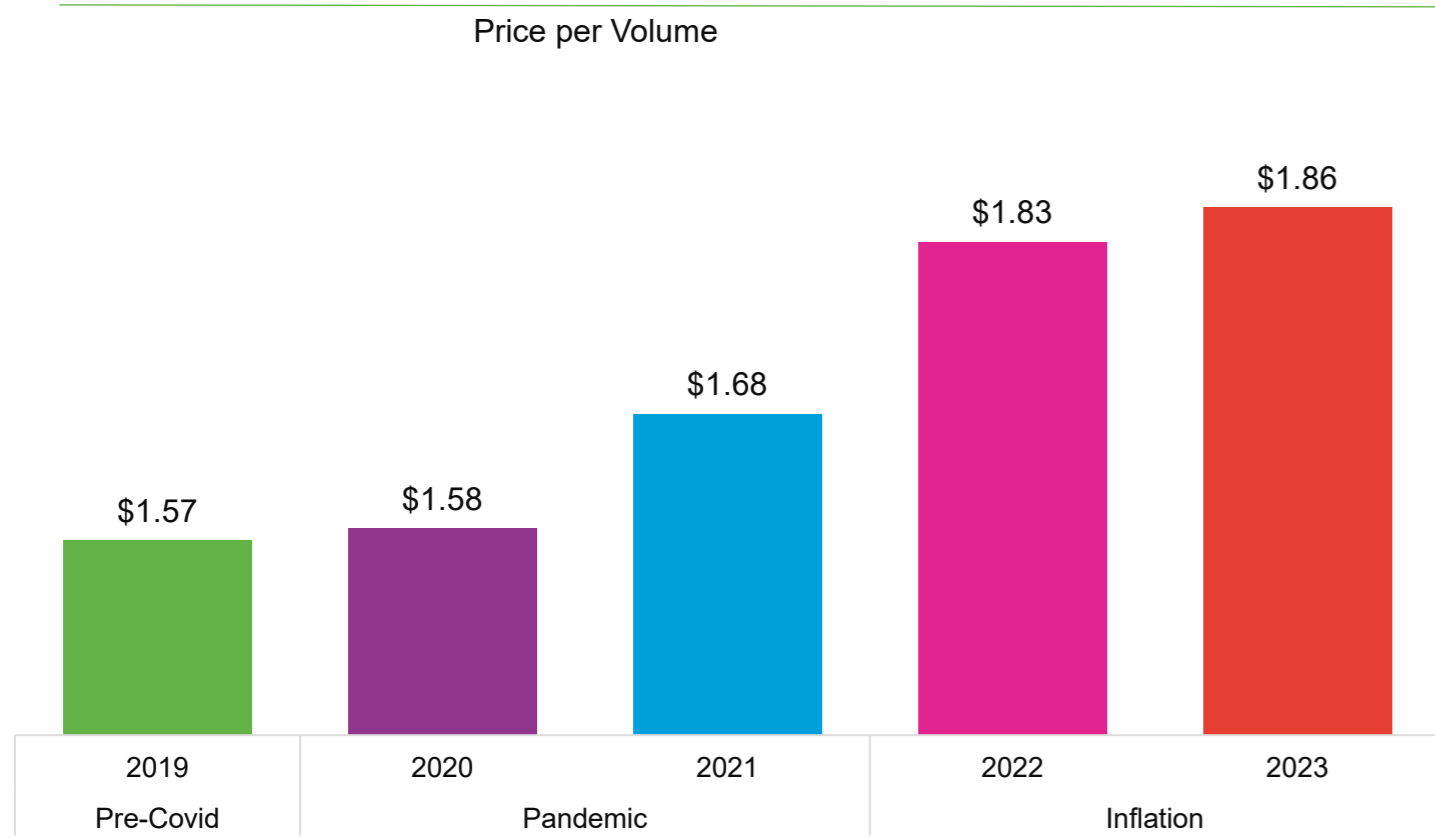
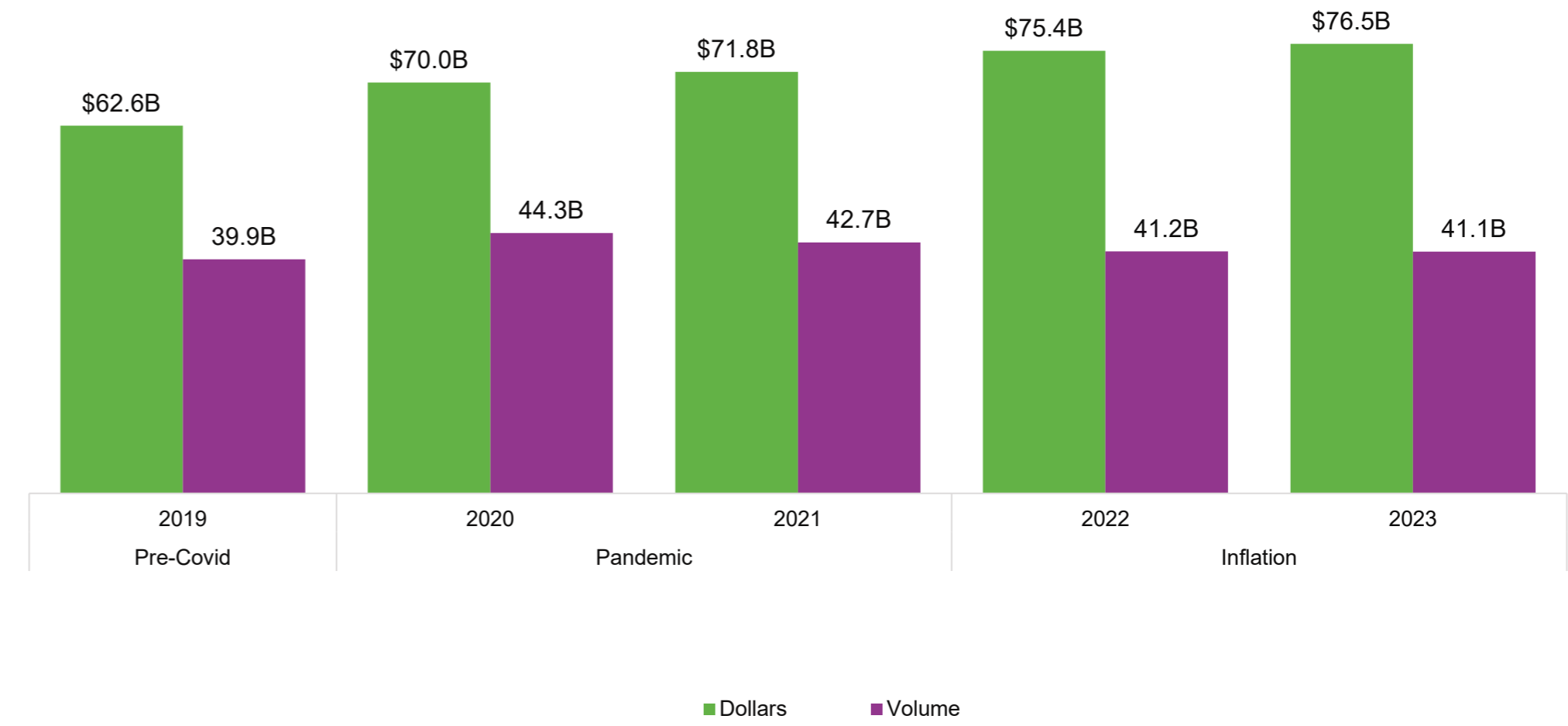
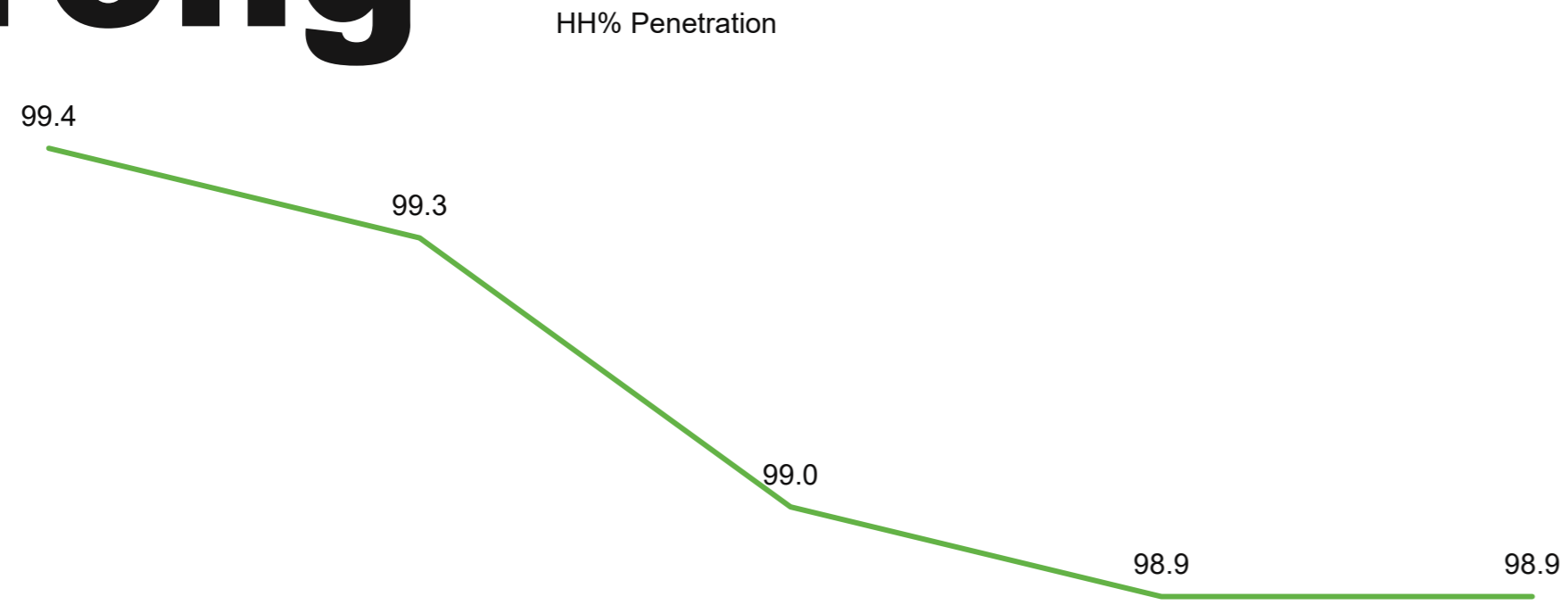
“This isn’t ‘designer’ produce with designer price tags... It’s the everyday apple, now with a Pepsi-style marketing strategy.”





Diving Deep Into Produce

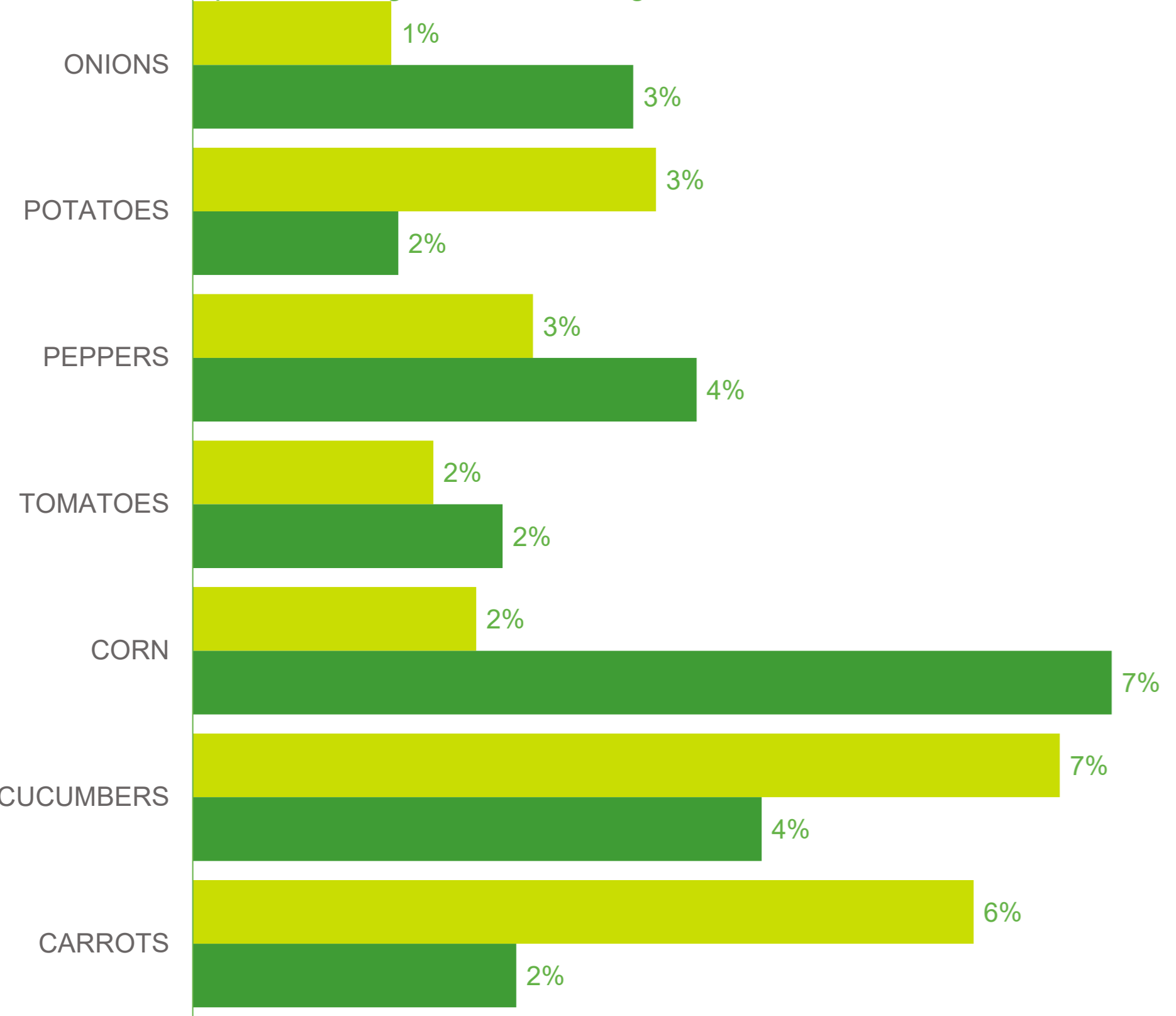
Produce Shopping Behavior Staying Strong



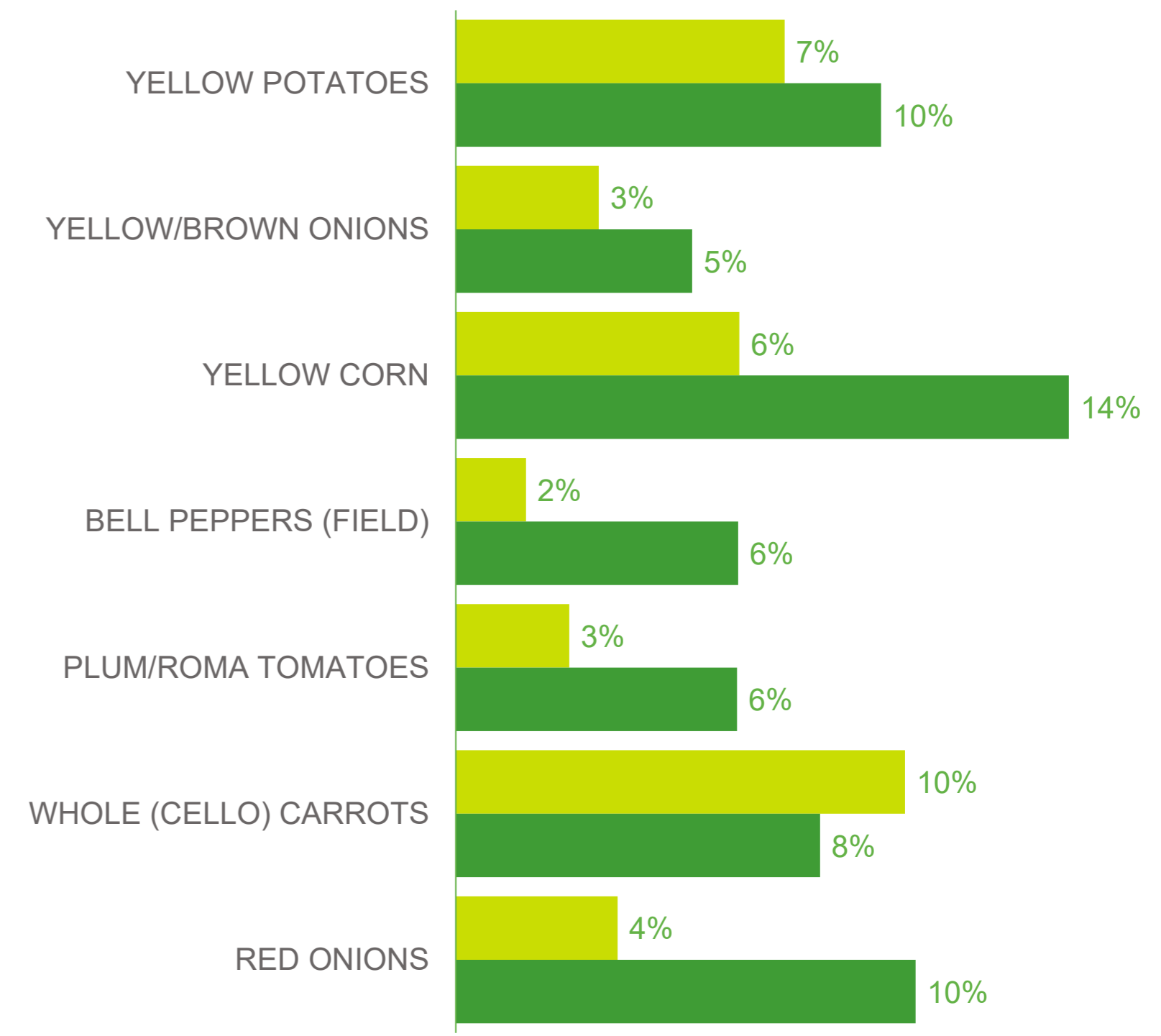


Latest VEG Performance: Many Cooking Vegetables and Snacking Vegetables experienced volume growth

Top Growth Vegetable Sub-Categories



Top Growth Vegetable Segments

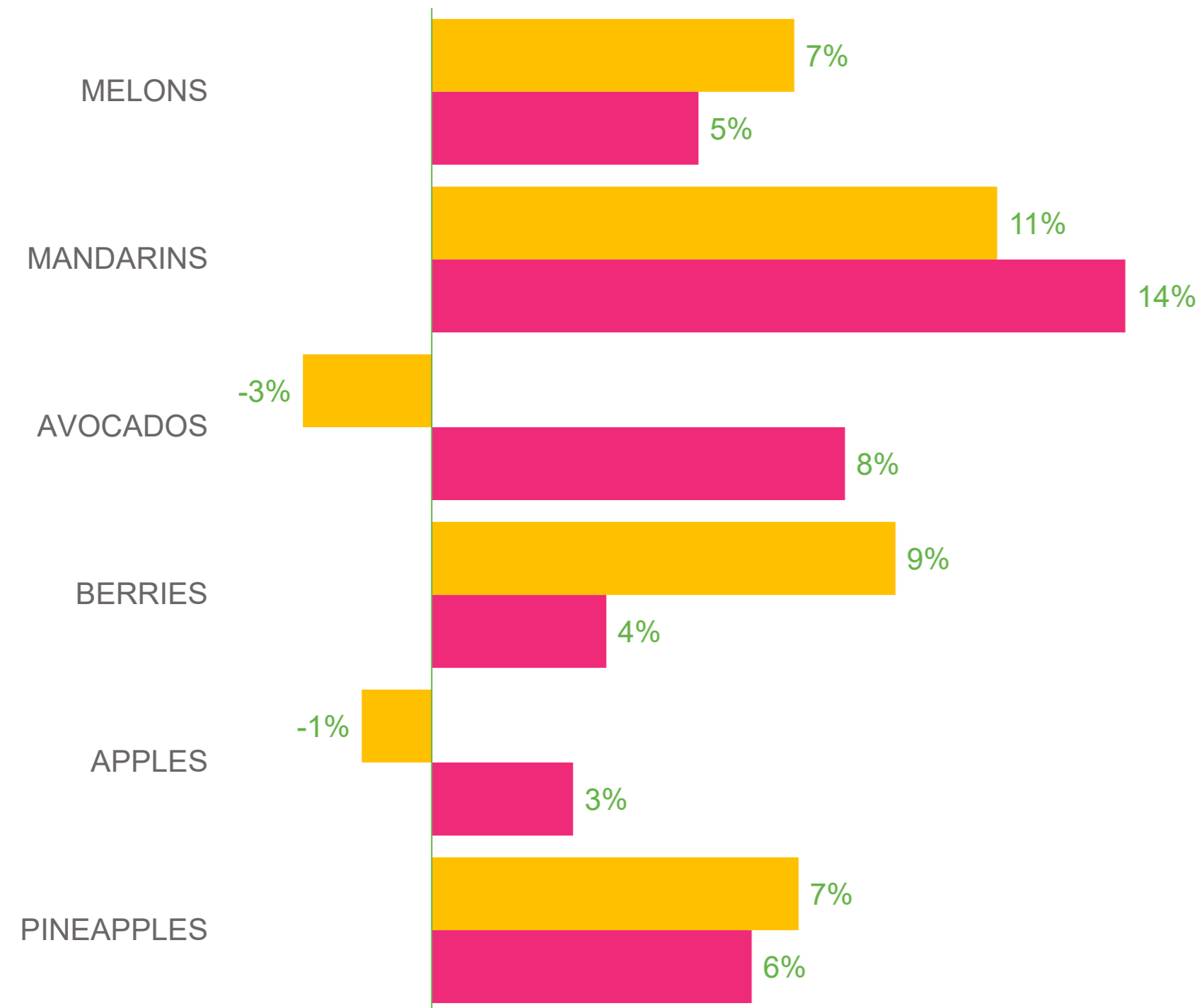


■ Dol % Chg ■ Vol % Chg

■ Dol % Chg ■ Vol % Chg



Top Growth Fruit Sub-Categories

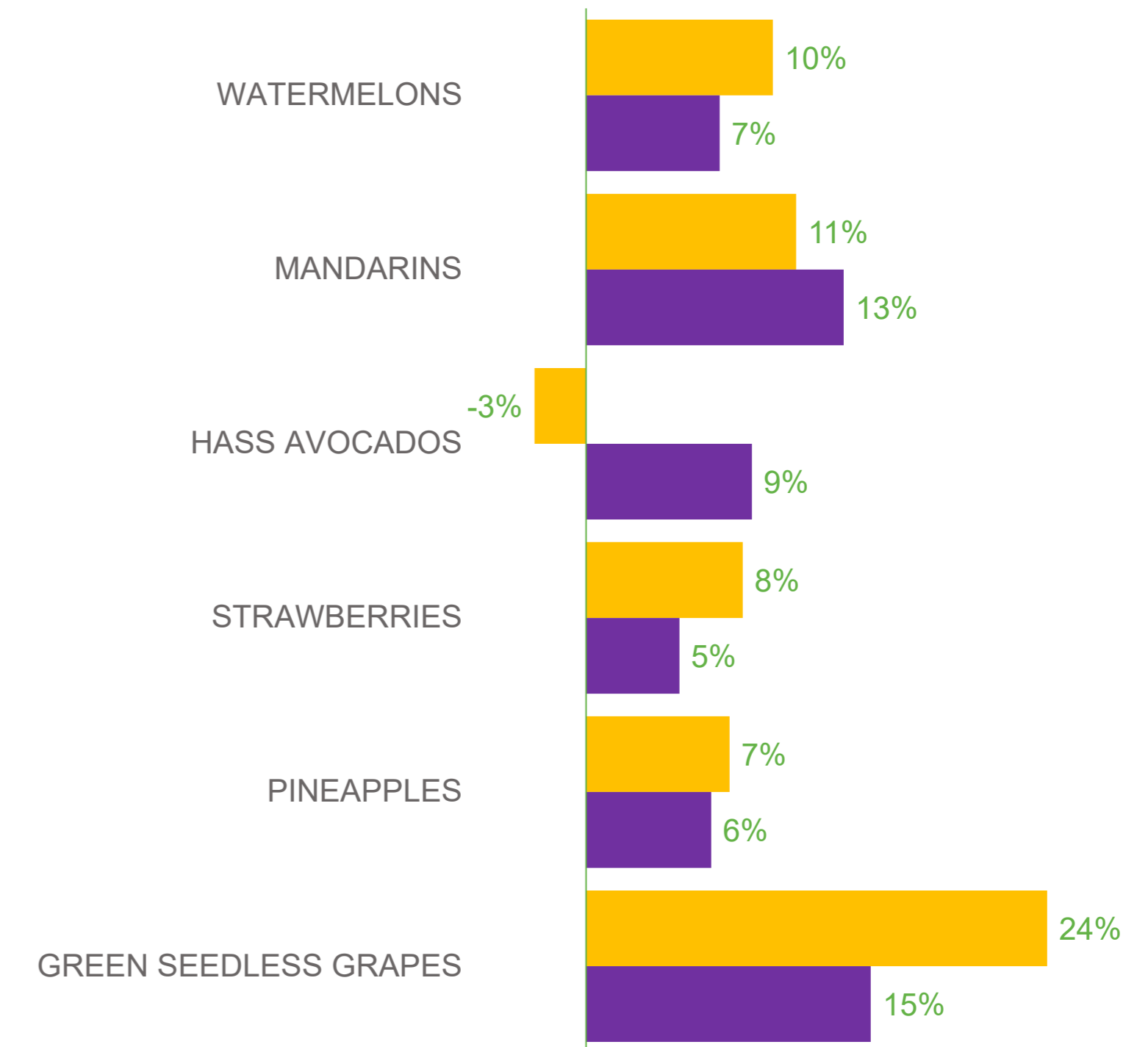


■ Dol % Chg ■ Vol % Chg

Latest FRUIT Performance:
Fruit volume is growing this year, driven by tropical fruits and staples like Avocados, Berries and Apples



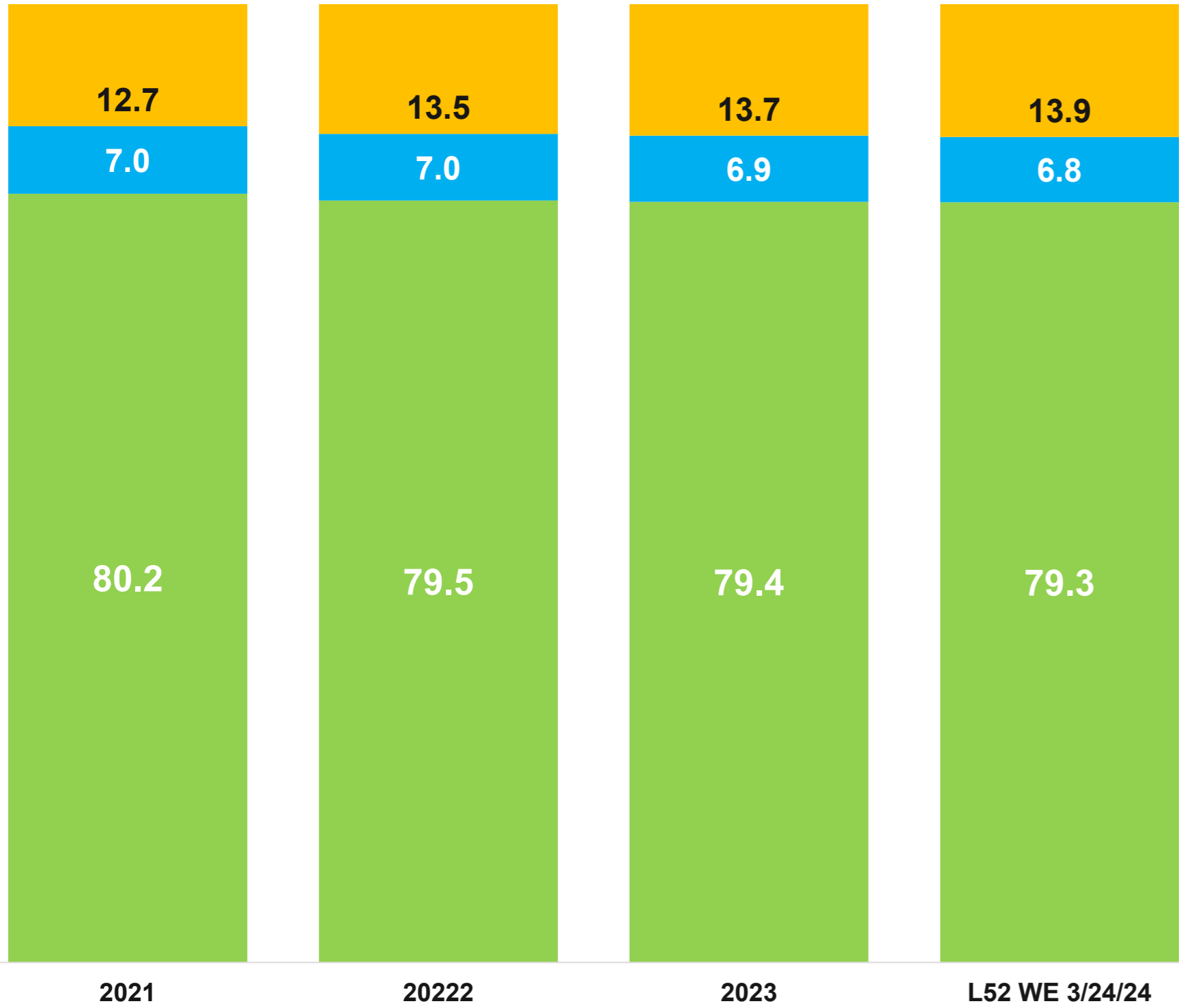
Top Growth Fruit Segments



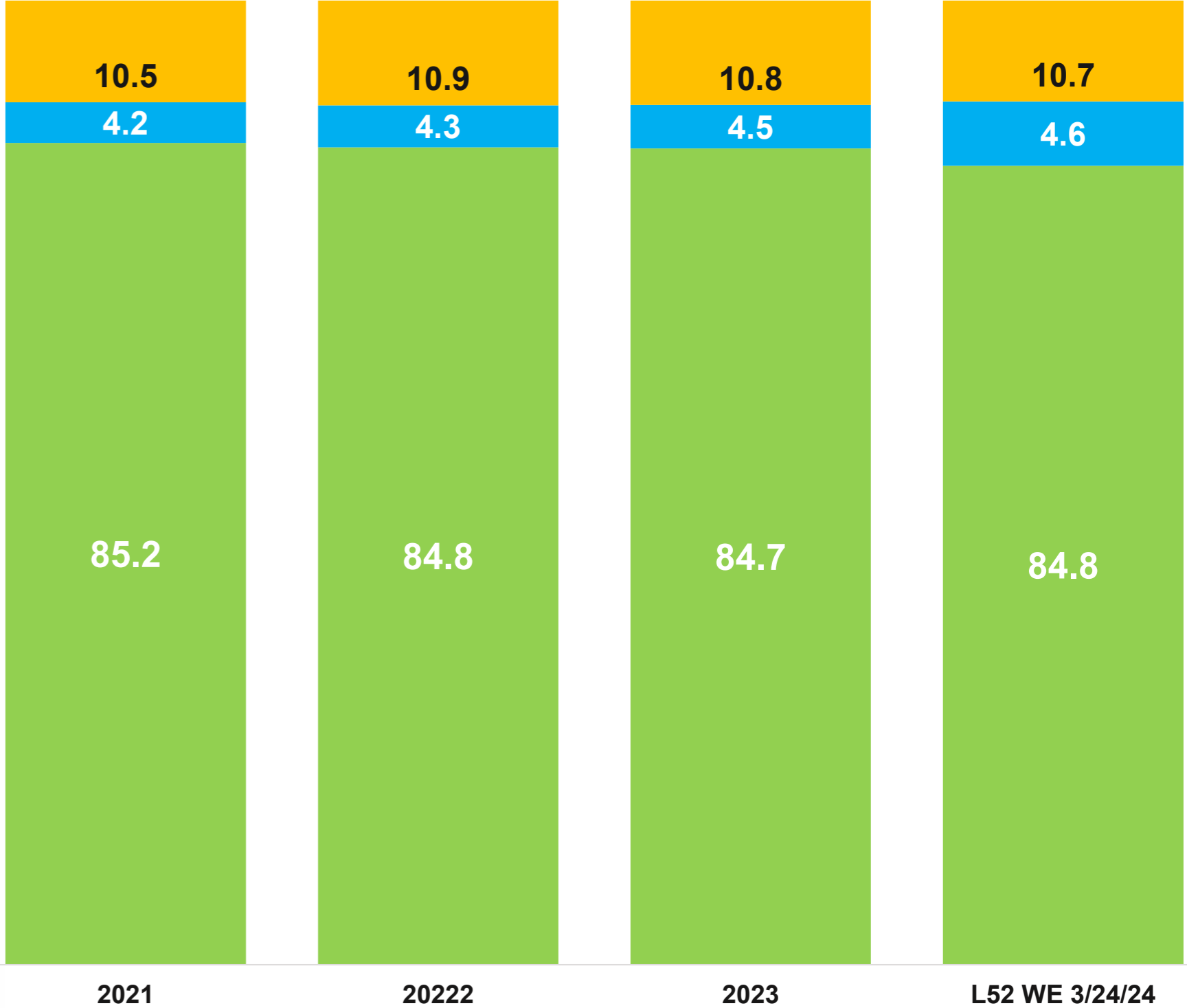
■ Dol % Chg ■ Vol % Chg

TEMP STATE: Fresh remains the dominant selling form of fruit and vegetables; however, there has been slight gains in shelf stable for vegetables and frozen in fruit

VEGETABLES



FRUIT

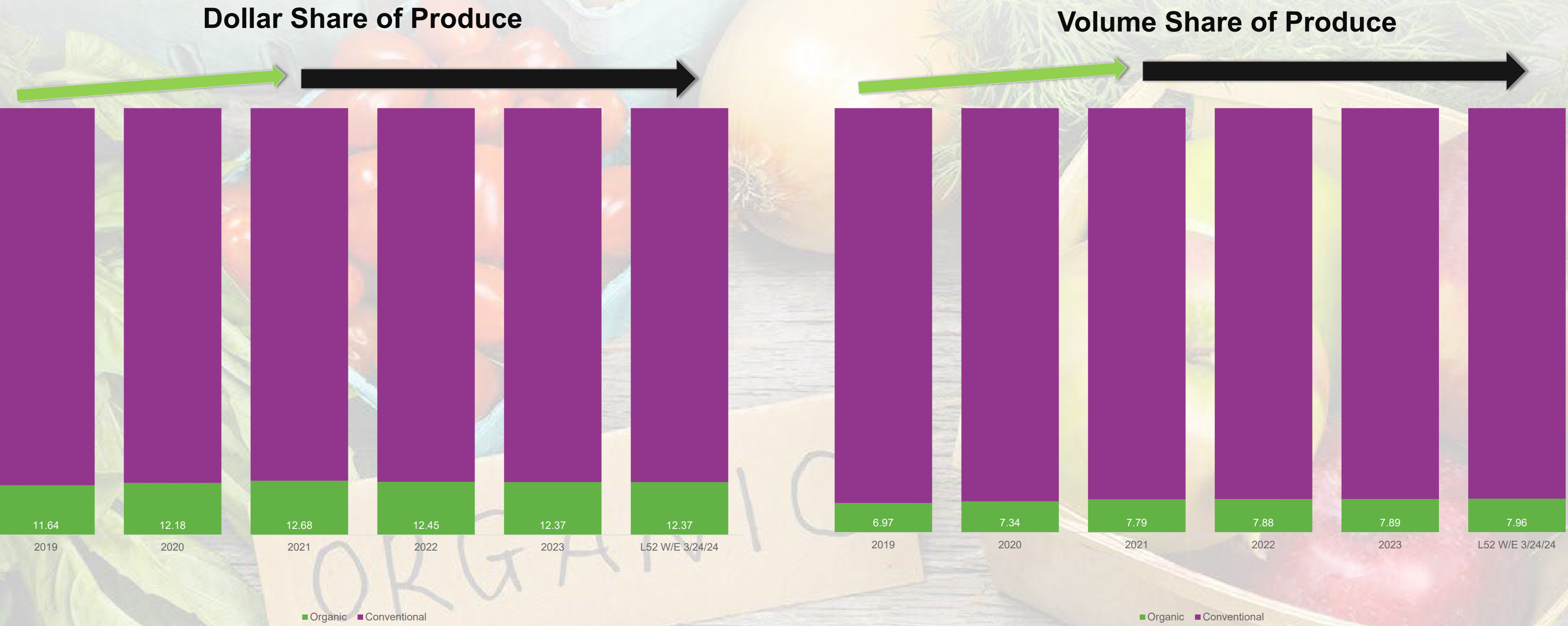


FRESH FROZEN SHELF STABLE



Source: Circana Integrated Fresh Market Advantage, MULO+, Latest 52³⁶ W/E 3/24/2024

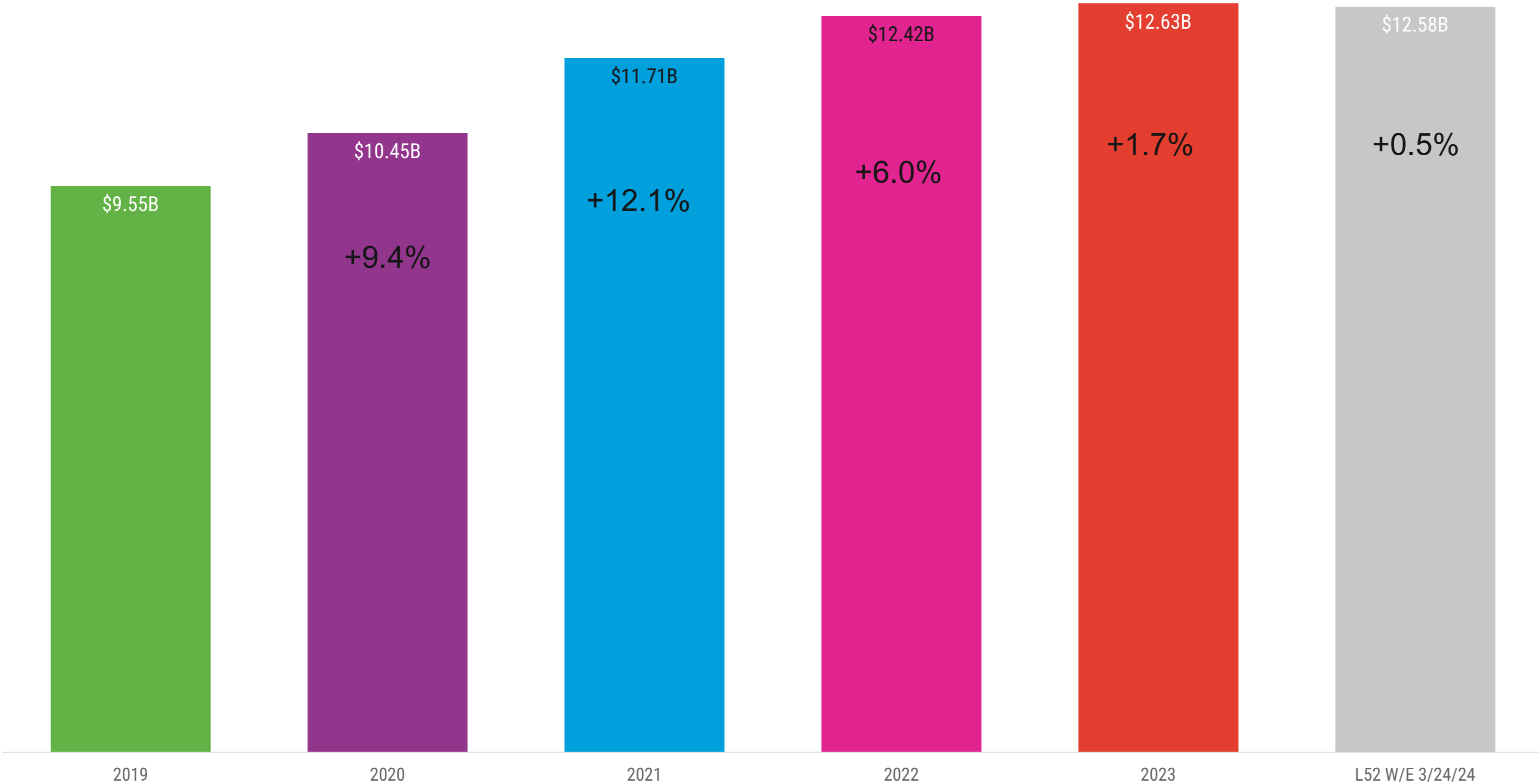
Despite inflation and economic headwinds, **ORGANIC** produce is maintaining its volume share in the most recent 52 weeks



Source: Circana Integrated Fresh Market Advantage, MULO+, Latest 52 W/E 3/24/2024

VALUE-ADD Produce Continues to Grow, but at a Slower Rate than Previously- Convenience + Relevance + Minimize Waste Key Messages

Value Add Produce \$ Sales, \$ % Chg YA



WHERE: Nearly HALF of all shoppers choose a channel other than Grocery for their primary produce purchases

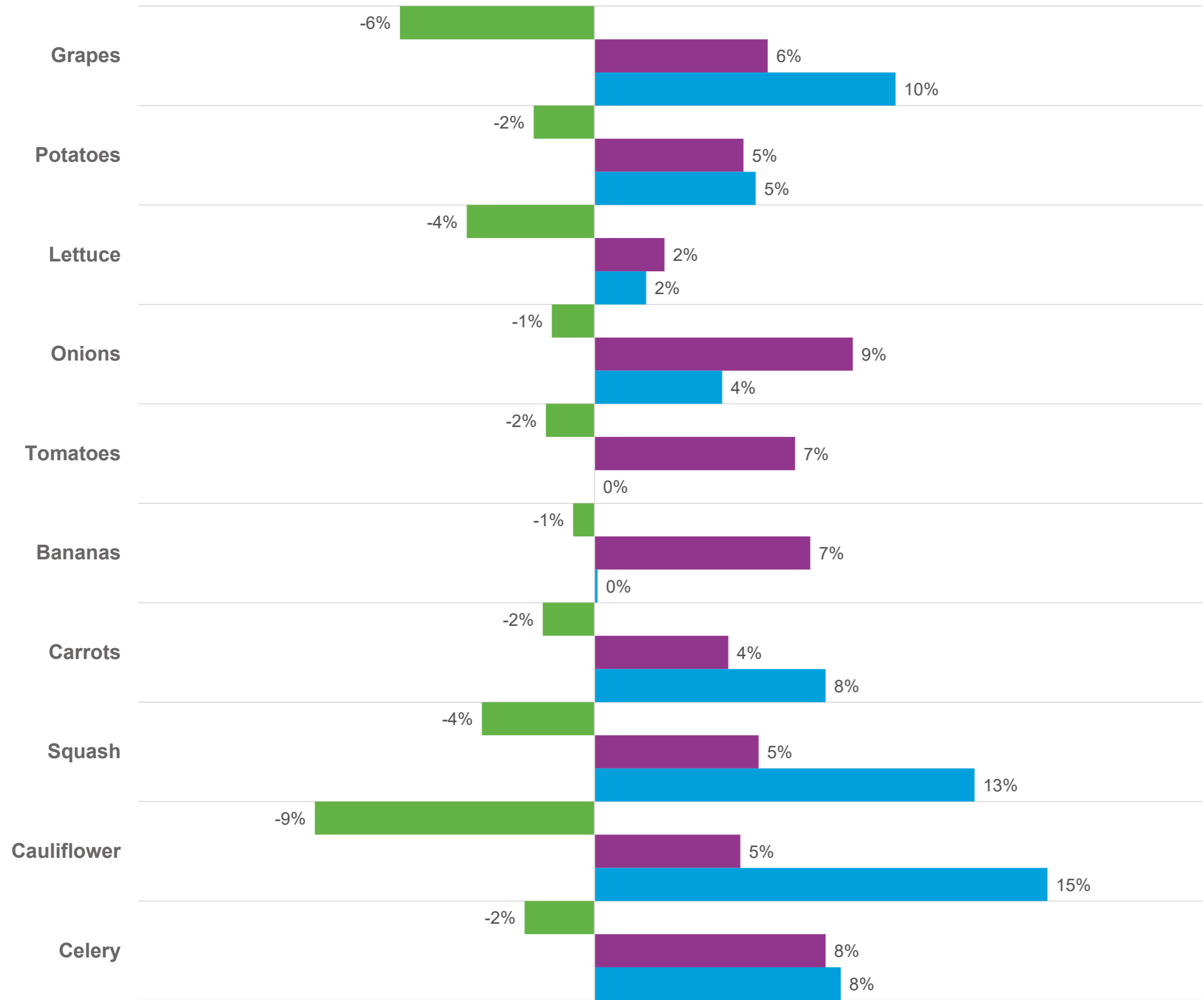


Channel Shopped Most Often for Produce

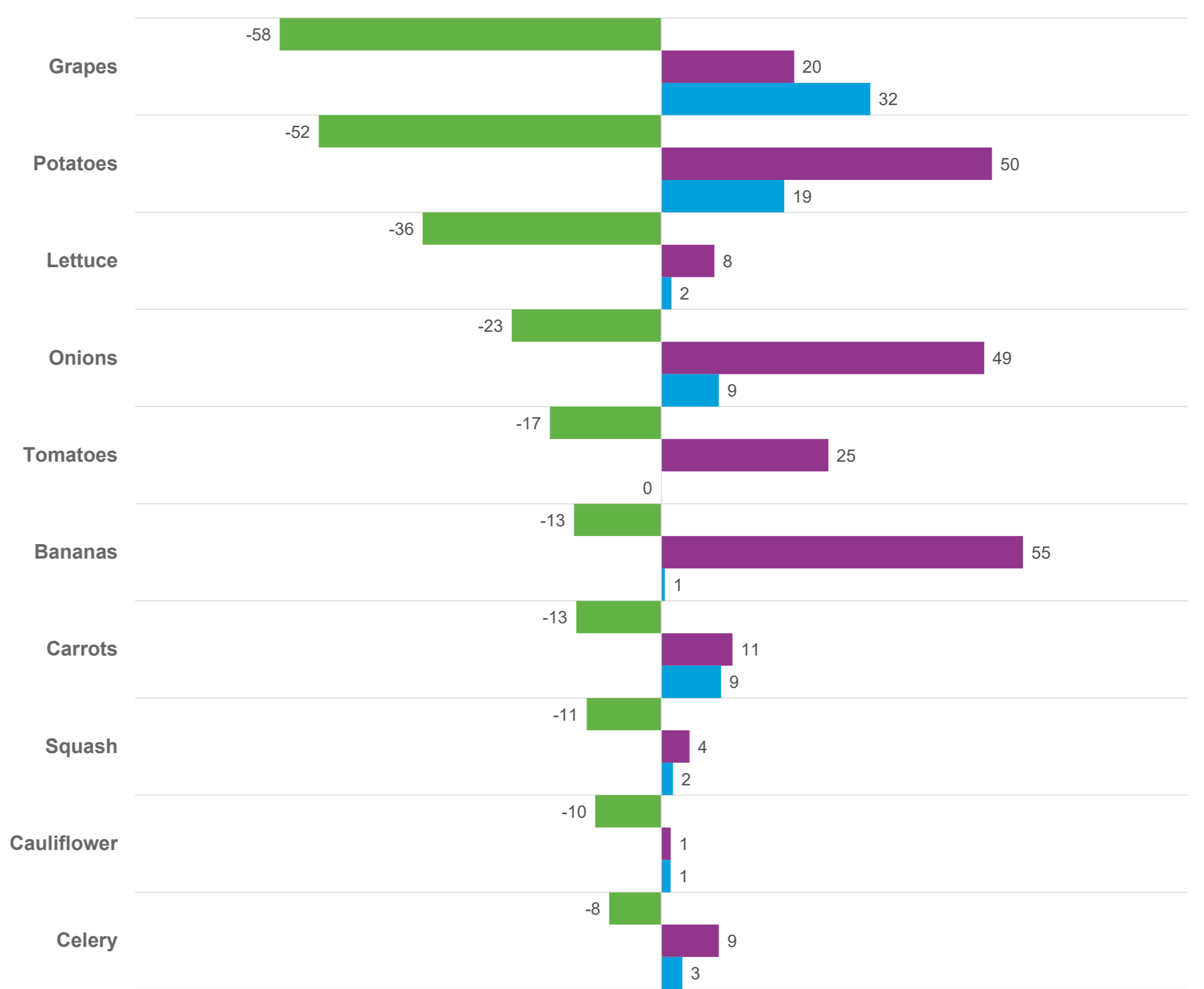


Top Produce volume Shifting from Food to Mass and Club

Volume % Change



Volume Change in Millions



Food Mass Club

Source: IRI Integrated Fresh Market Advantage, Total US Food, Mass and Club, Latest 52 weeks Ending 3/24/2024

Across All Retail Channels, The Future Is Only Semi-Bright for Produce

- ✓ Leveraged Circana **Demand Forecasting Platform** to develop causal based econometric demand model for each F&B department
- ✓ Leveraged **100+ variables** to test hypotheses for each model developed
- ✓ **Machine learning algorithm and over 500 Random Forest models** to determine most important causal variables
- ✓ Models finalized **based on best fit, significance levels and intuitiveness**
- ✓ Developed **forward looking input variable assumptions** using historical trends and industry experts
- ✓ Platform allows us to run scenarios and **estimate future sales and decomposition of its drivers**

Circana retail Produce Outlook for 2024

On-par with Food & Bev – but behind Deli and Beverages.

2 - 3% Dollar Growth

1 - 2% Price per Vol Growth

0 - 1% Volume/Unit Growth

**If we do what
we've always done...**

**We will get to where
we've always been.**



Pockets of potential: How do we get different groups more engaged with fresh?

There is a changing of the consumer guard

Future consumers may look different than today. How can we shift to accommodate their needs without alienating the base?

Key Change Forces



South & Western Population Migration



Hispanic Population Growth



Younger Generation Growing Spend Power

Source: <https://www.cbsnews.com/news/us-population-expected-to-top-335-million-by-new-years-day-2024/>
<https://www.census.gov/newsroom/press-releases/2023/population-trends-return-to-pre-pandemic-rooms.html#:~:text=The%20nation%20gained%20more%20than,the%20start%20of%20the%20pandemic>
<https://www.brookings.edu/articles/immigration-is-driving-the-nations-modest-post-pandemic-population-growth-new-census-data-shows/> <https://www2.claritas.com/2023-Hispanic-Market-Report>

Produce currently caters to its highest spending shoppers

Top **10%** of shoppers who drive **4.4x** more sales than the remaining 90% of US households

but **EVERYONE** could buy more



Source: Circana OmniConsumer Integrated Fresh Scan Panel, Total US All Outlets, 52 weeks ending 04-21-2024

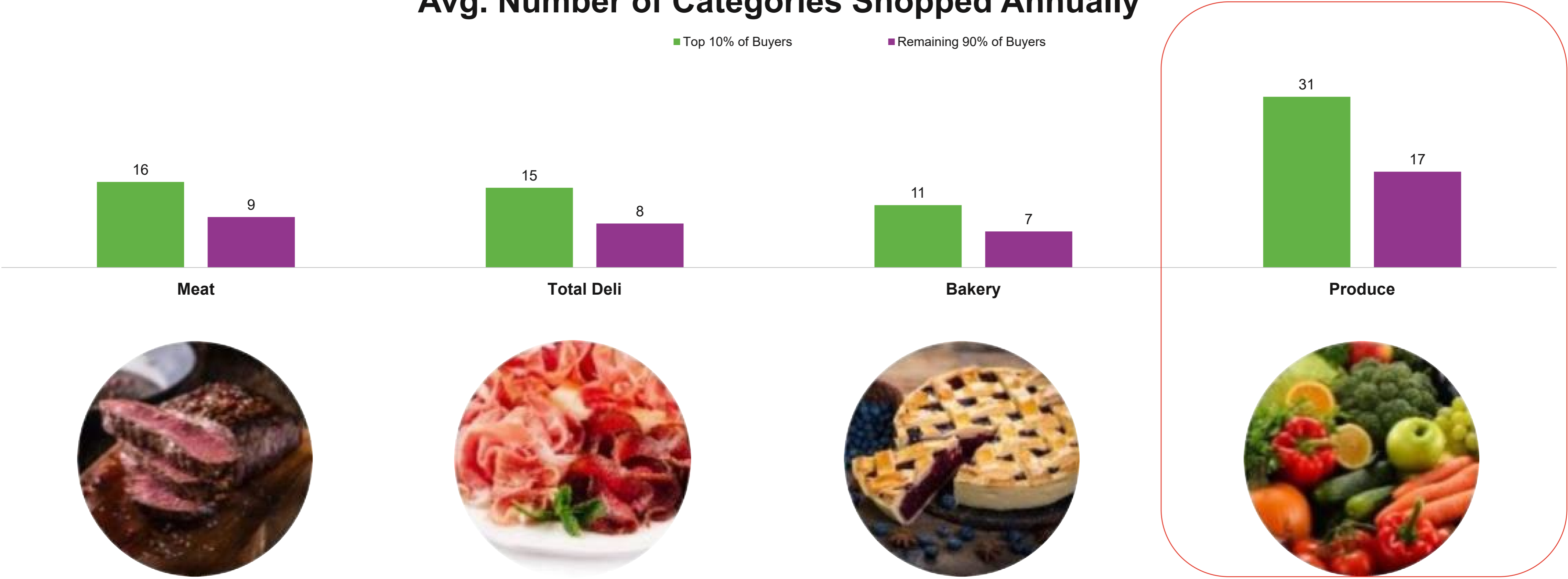
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Top 10% of shoppers explore the department depths, purchasing a broader assortment

Avg. Number of Categories Shopped Annually

■ Top 10% of Buyers ■ Remaining 90% of Buyers



Source: Circana OmniConsumer Integrated Fresh Scan Panel, Total US All Outlets, 52 weeks ending 04-21-2024

Who is in the Top Spending Produce HHs?

Top indexing demographics purchasing Produce



Generation
Boomers (Born
1946-1964)

109 Dollar Index
35% of Dollars
33% of Buyers



Income
High Income per
Capita

126 Dollar Index
39% of Dollars
32% of Buyers



Household
Makeup
0 or 1 Child

109 Dollar Index
33% of Dollars
30% of Buyers

Other Households Still Buy Produce – Millions of Dollars at Stake in Increasing their Spend

A close-up photograph of a woman with vibrant red dreadlocks, some of which have yellow and orange highlights. She is smiling and eating a red apple. Her eyes are closed in a moment of enjoyment. She has visible tattoos on her arms and is wearing a necklace with a small pendant. The background is a soft-focus outdoor scene with sunlight filtering through trees, creating a warm, bokeh effect.

Going (and Growing) Beyond Produce's Base



Meet the Healthy Chic

Conscious Consumers Focused on Wellness

SEGMENT
SIZE: 16%



What they say....

I am committed to feeling as good as I possibly can and I know that diet and exercise are my keys to making that happen.

I am always trying to do new things to improve my eating, and I actively seek out information about health-related topics.

In a word, I'm very proactive about my eating and exercise—and I try to set a good example for my family—especially my kids.

THESE ARE MY TOP 3 SELECTION CRITERIA FOR...

	Snacks	Meals	Beverages
1	Addresses wellness/ethical goals	Fresh, not processed	Low calorie/sugar/sodium/fat
2	Low calorie/sugar/sodium	Addresses wellness/ethical goals	Addresses wellness/ethical goals
3	High in protein	Has fruit/vegetable servings	Natural/organic+ provides add'l benefits

THESE ARE MY EATING HABITS AND ATTITUDES

- Actively trying to improve eating habits (82%). Follow a healthy and balanced diet (72%) and actively seek information on nutrition/healthy eating (72%)
- Prefer food that is 'Fresh' than 'processed' (88%) and tries to minimize processed food intake (78%)
- Look for food/beverages that offer nutritional benefits (69%) and try to get plenty of fiber from their diet (77%)

Healthy Chic Consumers & Produce

22%

of Produce sales, despite only being 16% of the population

2-5

People in the home (adults, kids & even more likely to have pets)

1.5

times more likely to research a company's social & eco policies

1.4

times more likely to cite friend's opinions on stores and foods

2%

Increase in Produce spending vs. 2022, while other consumers +4%



What are Gen Z buying in Produce?

Top growing Dollar % Change



Opportunity: WIC Eligible Households

- Low-Income per Capita
- Age of Children 0 to 5
- Head of Household 35-44 years old
- Millennials-Older (Born 1981-1989)
- 4+ Person HH
- White & Hispanic
- No Pets

The average monthly WIC-eligible population is **12 million** US households



* Source: USDA Food and Nutrition Service



Source: Circana Integrated Fresh Panel, Total US – All Outlets, 52 weeks ending 3/24/2024,

Lowest Income per Capita (bottom third of HHs) and have children under age 5 in the home

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A DEEPER DIVE: CONSUMER PROFILES

WIC Program

Population Served

- Lower Income Pregnant and Postpartum Women
- Children age 0-5

OPPORTUNITY:

- 53% of infants in USA are WIC eligible
- 50% participate after age 1
- Increasing enrollment

CONSIDERATIONS:

- 1. Fruit and Vegetable Benefit:** Quadrupled over last three years. Participants receive \$25-\$52/month per person.
- 2. Subpopulations:** Of those eligible, Hispanic population has highest rate of participation and highest rate of fruit and vegetable benefit redemption
- 3. Fresh Dominates:** WIC shoppers overwhelmingly choose fresh option when given choice
- 4. In-Store Only:** WIC not yet redeemable online. Get ahead!
- 5. High Stocking Standards:** Non-traditional grocery have hard time accepting WIC
- 6. Local WIC Agencies and Retailers:** build partnerships and promote free fruit and veggies
- 7. Billions in Produce Redeemed:** Approximately \$2.3B in WIC produce sales last year (with only half of those eligible participating)

CHARACTERISTICS

- Over index on food purchase, fruit & veggies purchases, and access to retail outlets.



How can we evaluate fruit and vegetable sales in a new way?

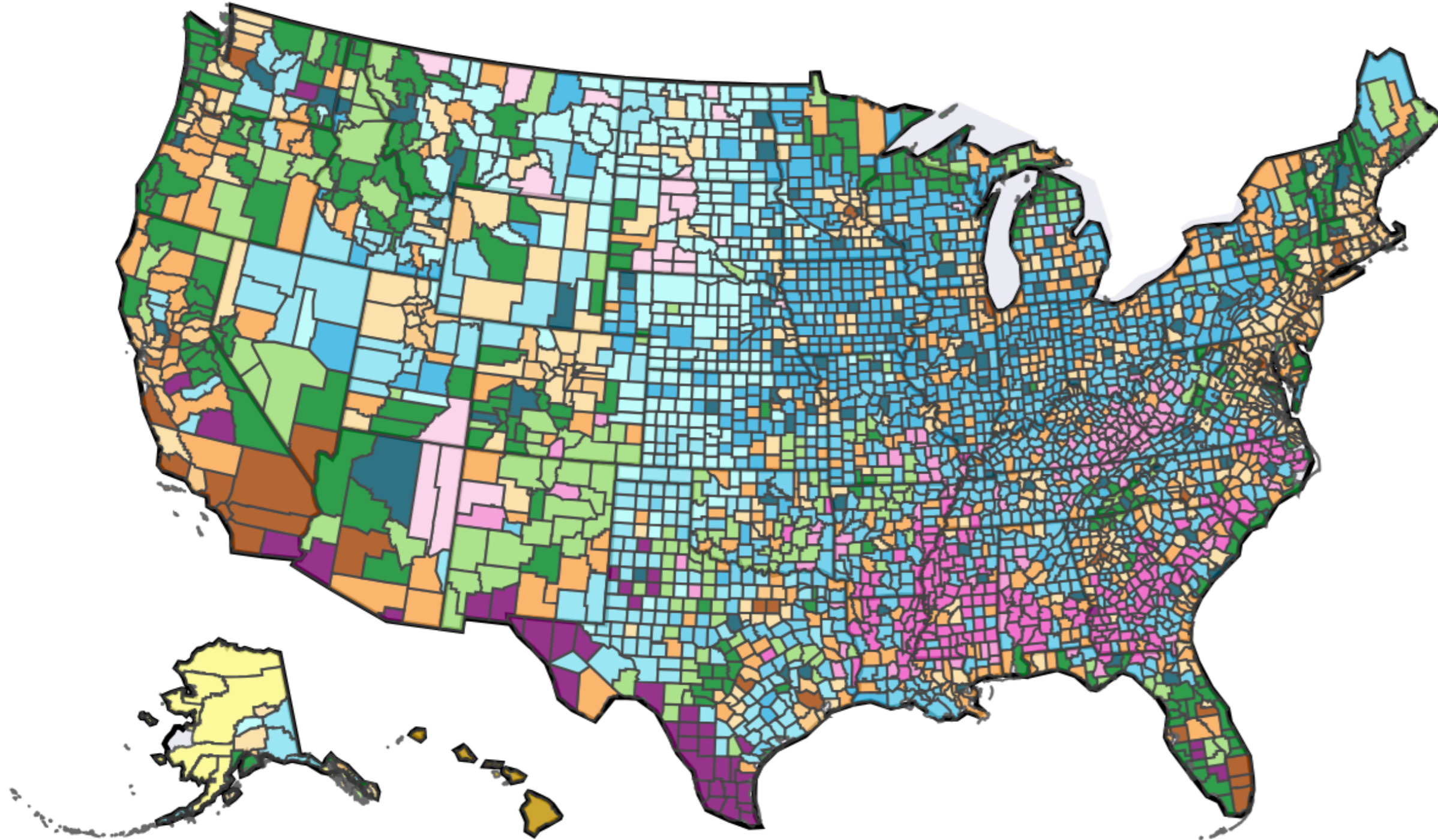


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The Community Explorer



- Urban Core
- Lower-Middle Class
- Affluent Suburbs
- Middle Class
- College Towns
- Manufacturing Midwest
- Low-Wage Manufacturing
- Retiree Communities
- Hispanic Southern Border
- Black South
- Hispanic Agriculture
- White Appalachia
- Isolated Seniors
- Hawaii
- The Great Plains
- American Indian Reservations
- Native Alaska

Milken Communities

Urban America

74% of the US population

819 urban metro counties.

1-Urban Core = Prosperous, ethnically and linguistically diverse large metro areas with substantial disparities between their highly educated (largely White) and less educated (largely Black or African American) residents (26 percent of the population)

2-Lower-Middle Class = Less populous suburban and small metro counties that are not as economically prosperous as the rest of Urban America (18 percent of the population)

3-Affluent Suburbs = Affluent and more populous (but less diverse) suburban and small metro counties that jointly represent the profile with the highest median income (16 percent of the population)

4-Middle Class = Middle-class communities with a largely White population that resides in large- to medium-sized suburban and small metro counties (14 percent of the population)

Industry-Driven America

17% of the US population

1,507 counties where employment is concentrated in one industry.

5-College Towns = College towns with a relatively young, highly educated, and highly geographically mobile population (5.4 percent of the population)

6-Manufacturing Midwest = Counties primarily located in the Midwest that form the profile with the highest proportion of White population working in the manufacturing sector (5.2 percent of the population)

7-Low-Wage Manufacturing = Low-wage workers in the manufacturing and chemical industries located largely in the South and Northeast regions of the country, with an above-average proportion of the population living below the poverty line (4.9 percent of the population)

11-Hispanic Agriculture = Highly agricultural communities with a higher than average concentration of Hispanic or Latino population residing mostly in the West and South (1.2 percent of the population)

15-The Great Plains = Agricultural counties located in the Great Plains with a high proportion of the White population (0.3 percent of the population)



Milken Communities

Extremely Vulnerable America

3.5% of the US population

378 counties that represent the profile with the lowest levels of income.

9-Hispanic Southern Border = Counties mostly located along the US southern border with a majority of a relatively young Hispanic or Latino population living in extreme poverty (1.4 percent of the population)

10-Black South = Southern counties with the highest proportion of Black or African American population and lowest median household income of all profiles (1.3 percent of the population)

12-White Appalachia = White communities in Appalachia with the third-highest level of unemployment rates and second-lowest household income of all profiles (0.7 percent of the US population)

16-American Indian Reservations = American Indian Reservation communities living in extreme poverty with more than one-third of the population with income below the poverty line (0.1 percent of the population)

Graying America

5.1% of the US population

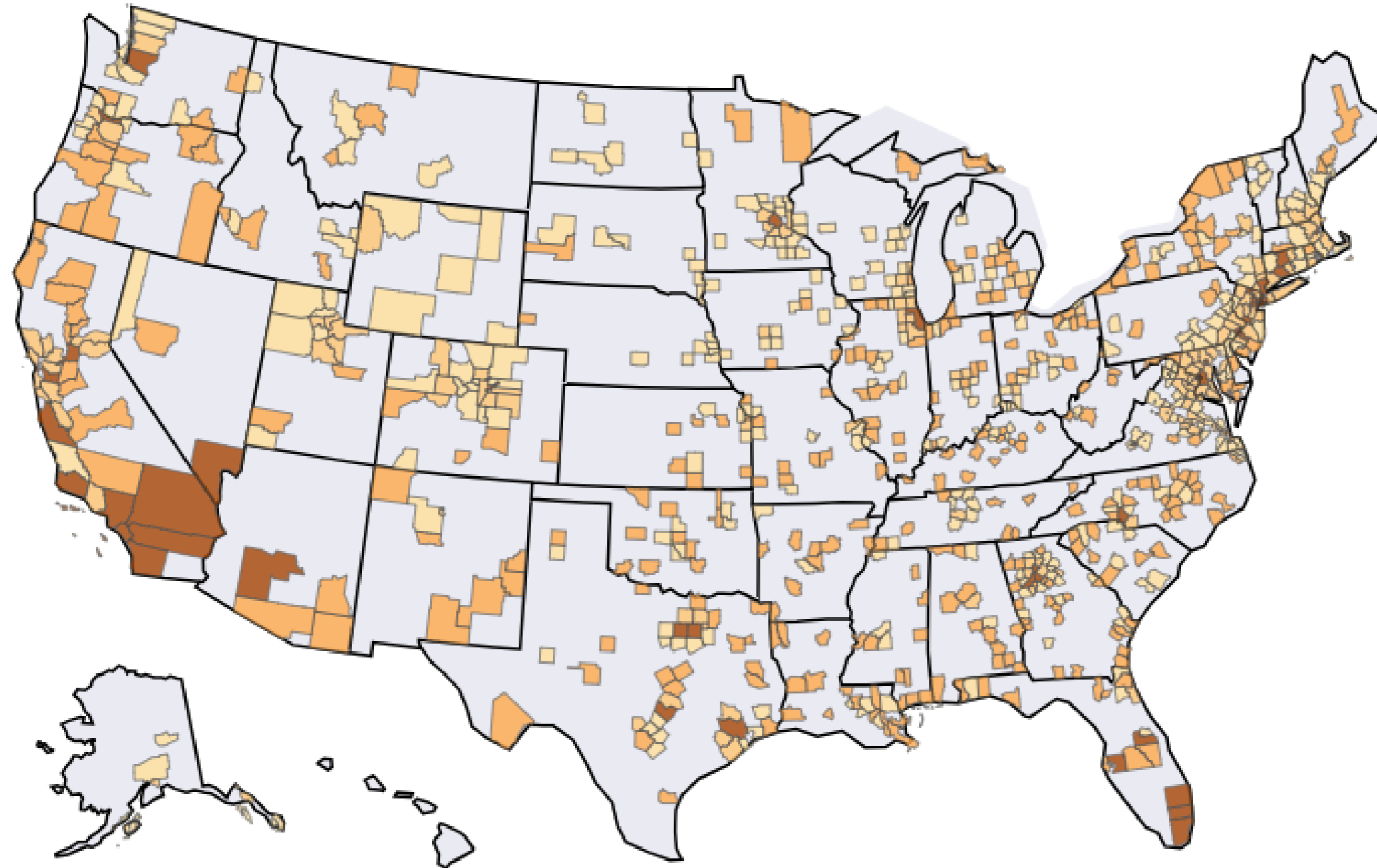
424 counties that represent the highest concentration of population age 65 years or older.

8-Retiree Communities = Retiree communities with adequate household incomes and access to economic resources (4.5 percent of the population)

13-Isolated Seniors = Isolated seniors with high disability rates and relatively low incomes (0.6 percent of the population)



Urban America

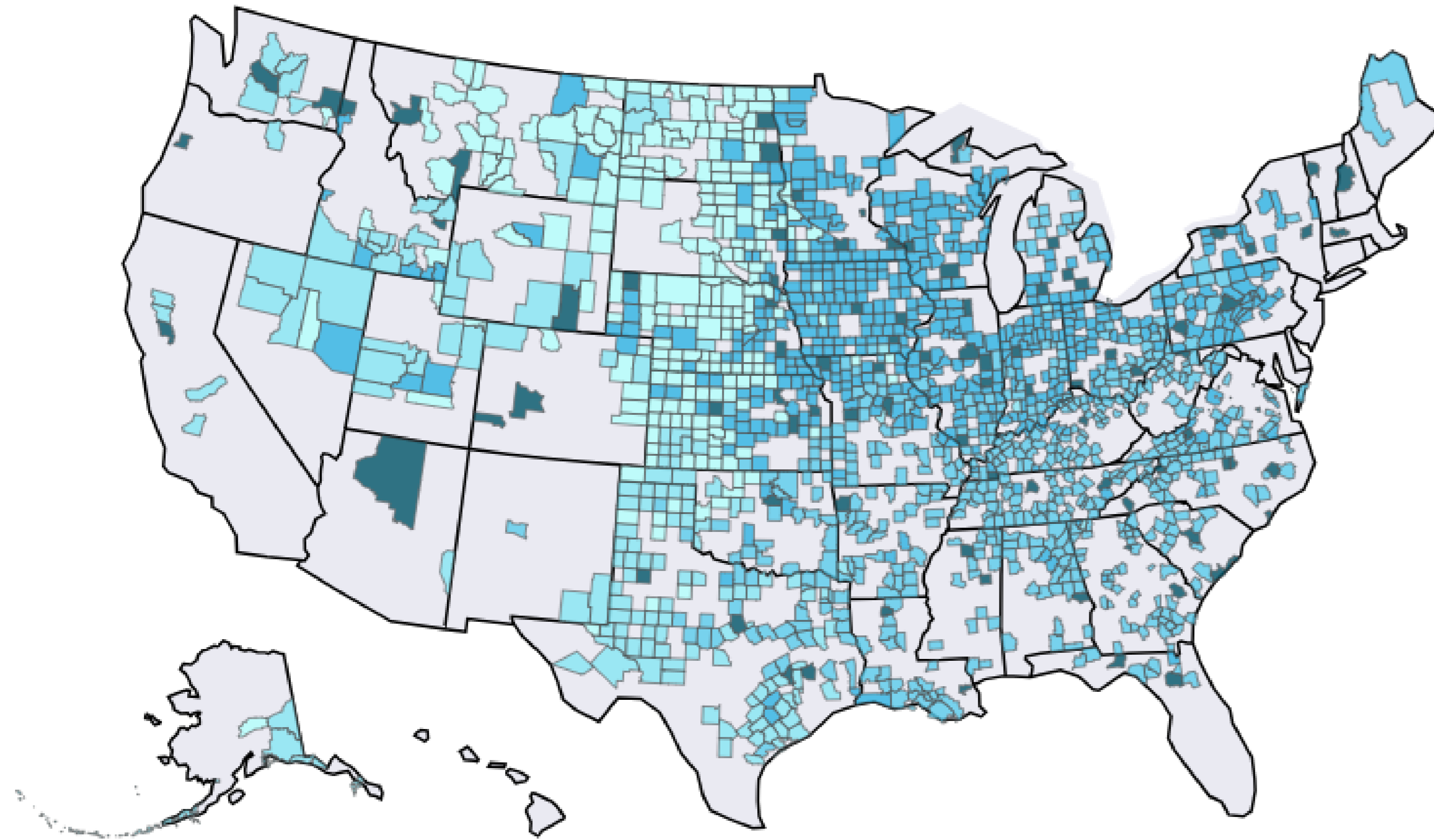


Urban America

74% of the US population
819 urban metro counties.

- Urban Core
- Lower-Middle Class
- Affluent Suburbs
- Middle Class

Industry Driven America



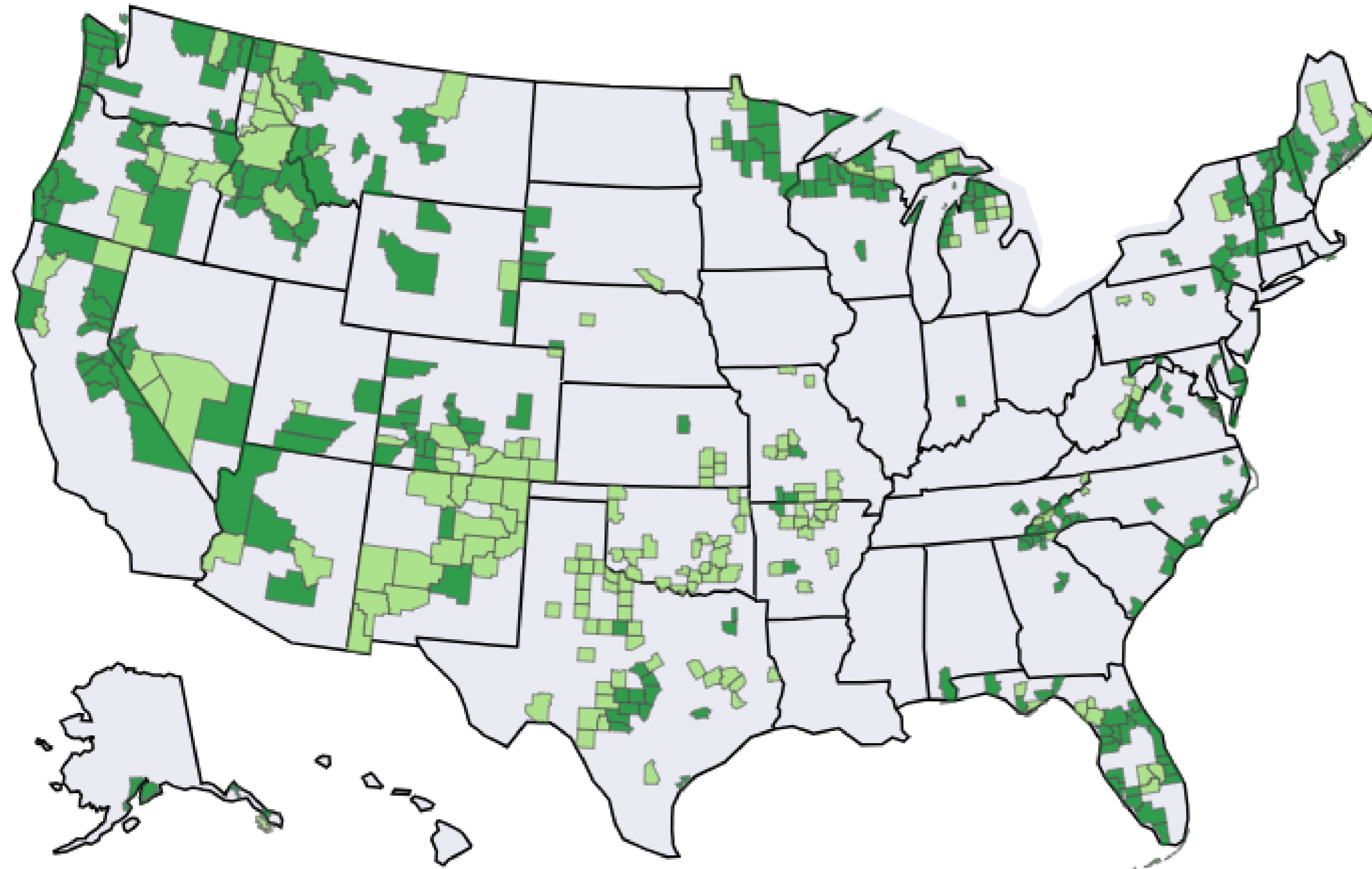
Industry-Driven America

17% of the US population

1,507 counties where employment is concentrated in one industry.

- College Towns
- Manufacturing Midwest
- Low-Wage Manufacturing
- Hispanic Agriculture
- The Great Plains

Graying America



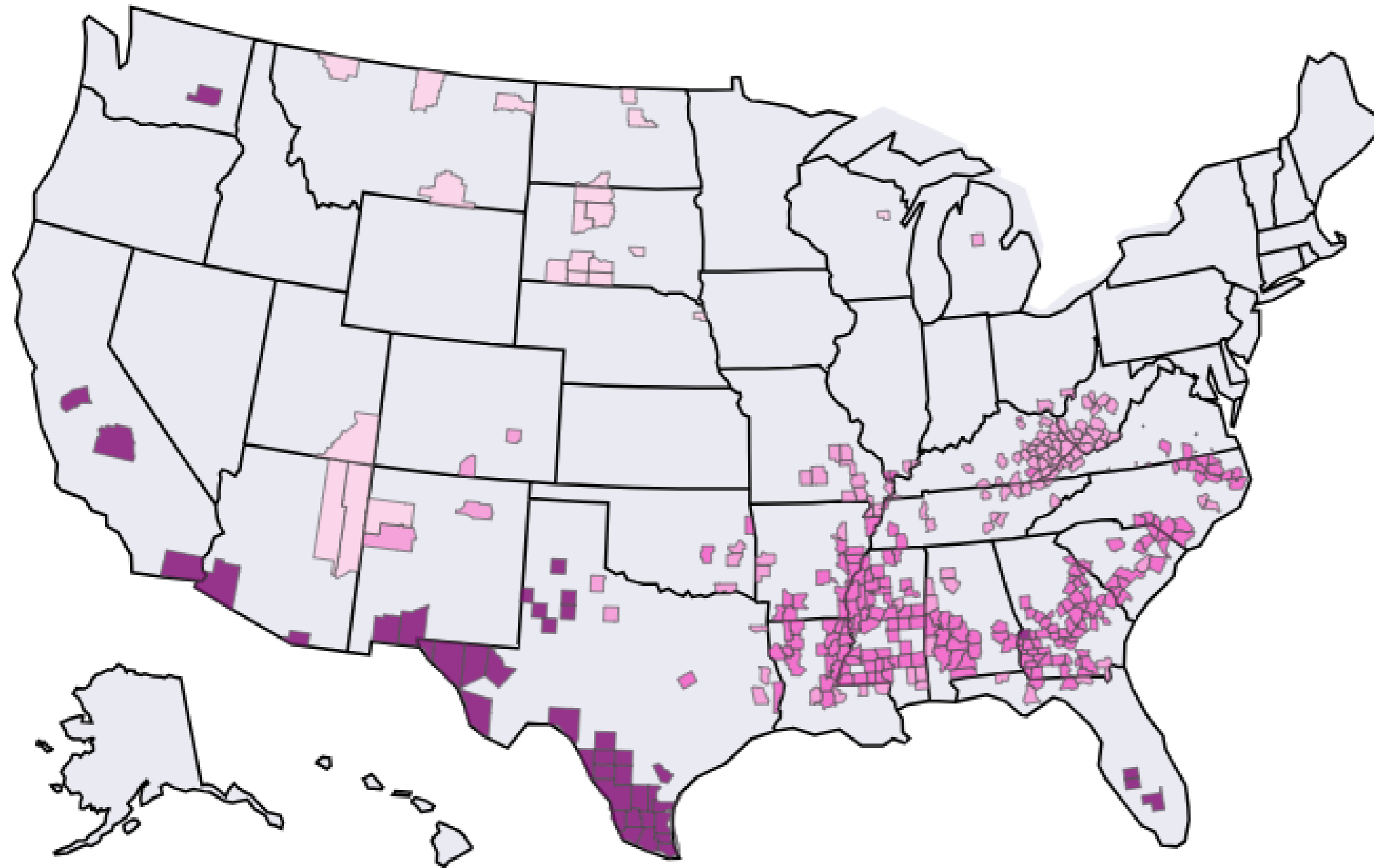
Graying America

5.1% of the US population

424 counties that represent the highest concentration of population age 65 years or older.

- Retiree Communities
- Isolated Seniors

Extremely Vulnerable America



Extremely Vulnerable America

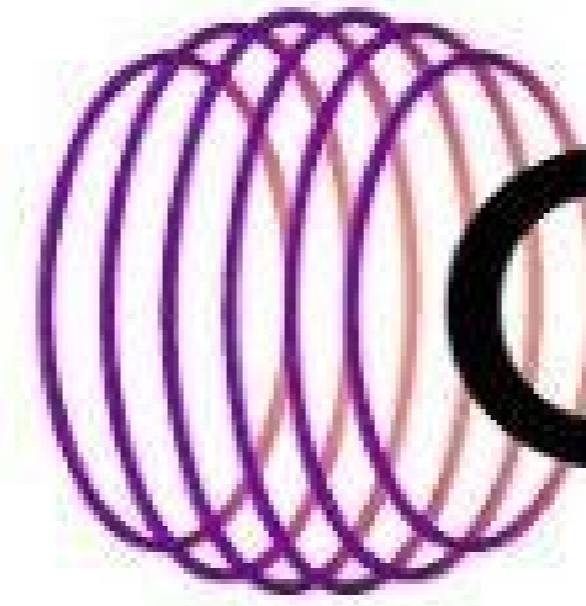
3.5% of the US population

378 counties that represent the profile with the lowest levels of income.

- Hispanic Southern Border
- Black South
- White Appalachia
- American Indian Reservations



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Circana.

	% of Population	Income Level	% of Stores (Access)	% of Food \$ (Food Spend)	% Veggie \$ (fair share of food \$)	% Fruit \$	Change Veggie Vol 22-23	Change Fruit Vol 22-23	Cost per lb.
Urban Core	25%	High	18%	21%	23%	25%	.14%	.86%	\$2.01V \$1.75F
Affluent Suburbs	18%	High	12%	17%	19%	20%	-74%	.73%	\$2.15V \$1.81F
Middle Class	13%	High	15%	16%	16%	16%	44%	1.55%	\$2.00V \$1.70F
Hispanic Ag	1.2%	Mid	1%	1.09%	.97%	.97%	2.01%	2.96%	\$1.62V \$1.48F
Retirees	4%	Mid	6%	6%	7%	6%	2.09%	2.63%	\$2.07V 1.80F
Manufacturing Midwest	5%	Mid	7%	5%	4%	4%	.93%	2.16%	\$1.81V \$1.51F
Great Plains	.26%	Mid	.2%	.05%	.03	.03	8.22%	4.30%	\$1.80V \$1.49F
Lower Middle Class	18%	Mid/Low	22%	20%	19%	18%	.67%	1.93%	\$1.86V \$1.61F
College Towns	5%	Mid/Low	6%	6%	6%	6%	-72%	.99%	\$2.03V \$1.71F
Low wage Manu	5%	Mid/low	8%	4%	3%	3%	2.36%	2.96%	\$1.66V \$1.40F
Hisp Southern Border	1.33%	Mid/Low	1%	1.2%	.91%	1.01%	1.15%	2.65%	\$1.53V \$1.93F
American Indians	.69%	Mid/Low	.2%	.10%	.09%	.09%	2.44%	-1.026%	\$1.42V 1.52F
Black South	1.23%	Mid/Low	1%	1%	.71%	.67%	2.95%	2.96%	\$1.61V \$1.37V
Isolated Seniors	.63%	Low	1%	.51%	.43%	.37%	2.04%	1.06%	\$1.70V \$1.52F
White Appalachia	.69%	Low	.69%	.54%	.38%	.35%	.30%	.41%	\$1.60V \$11.39F

SNAPSHOT of COMMUNITIES with CONSUMPTION DATA



Produce Champions

CHARACTERISTICS

- Produce purchases index higher than food purchases
- Highest spend of produce lbs
- Under index in access to stores

SEGMENTS: Urban Core, Affluent Suburbs

Needing a Nudge

CHARACTERISTICS

- Index food but under index on produce
- Under index on access to stores

SEGMENT: Manufacturing Midwest

Food Champions

CHARACTERISTICS

- Over index on food purchase, fruit & veggies purchases, and access to retail outlets.

SEGMENTS: Middle Class, Retirees, Lower Middle Class, College Towns

Struggling

CHARACTERISTICS

- Under index on purchases of food, veggies, fruits and access to stores

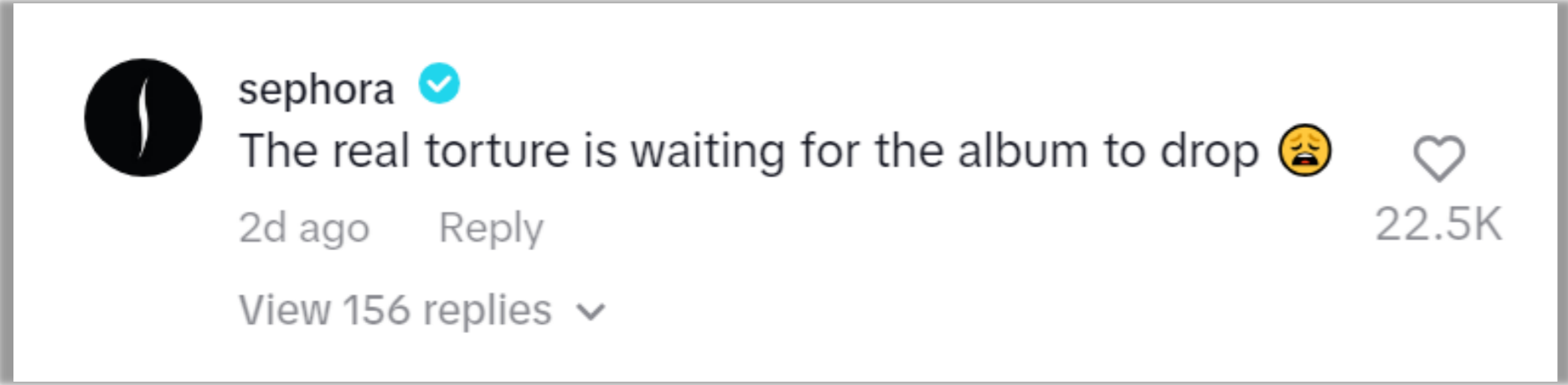
SEGMENTS: Hispanic Agriculture, The Great Plains, Low Wage Manufacturing, Hispanic Southern Border, American Indian Reservations, Black South, Isolated Seniors, White Appalachia



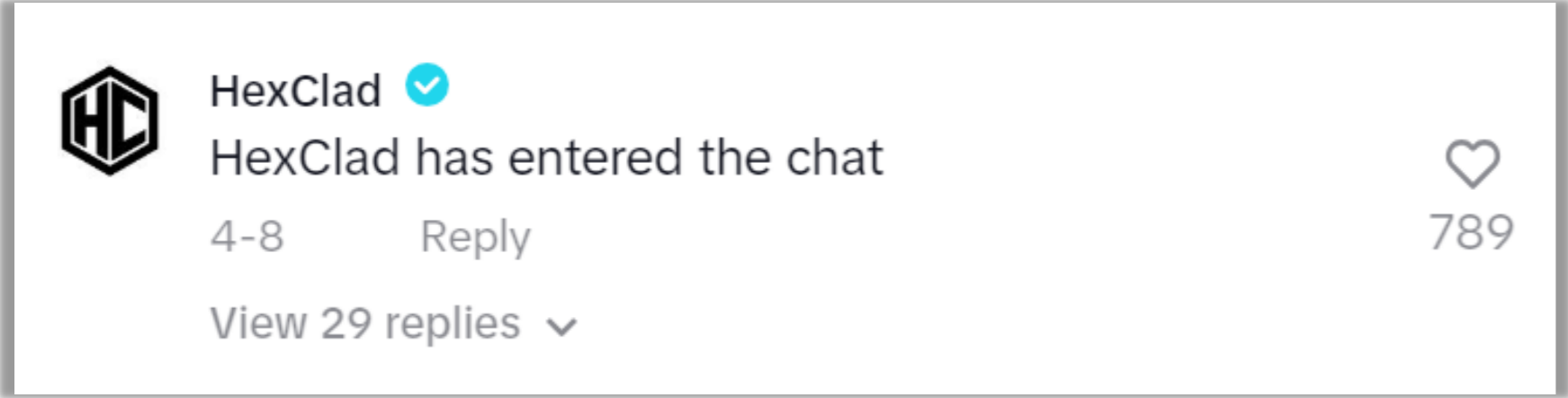
PRACTICAL APPLICATIONS

PRIORITIZING MEANINGFUL CONNECTIONS

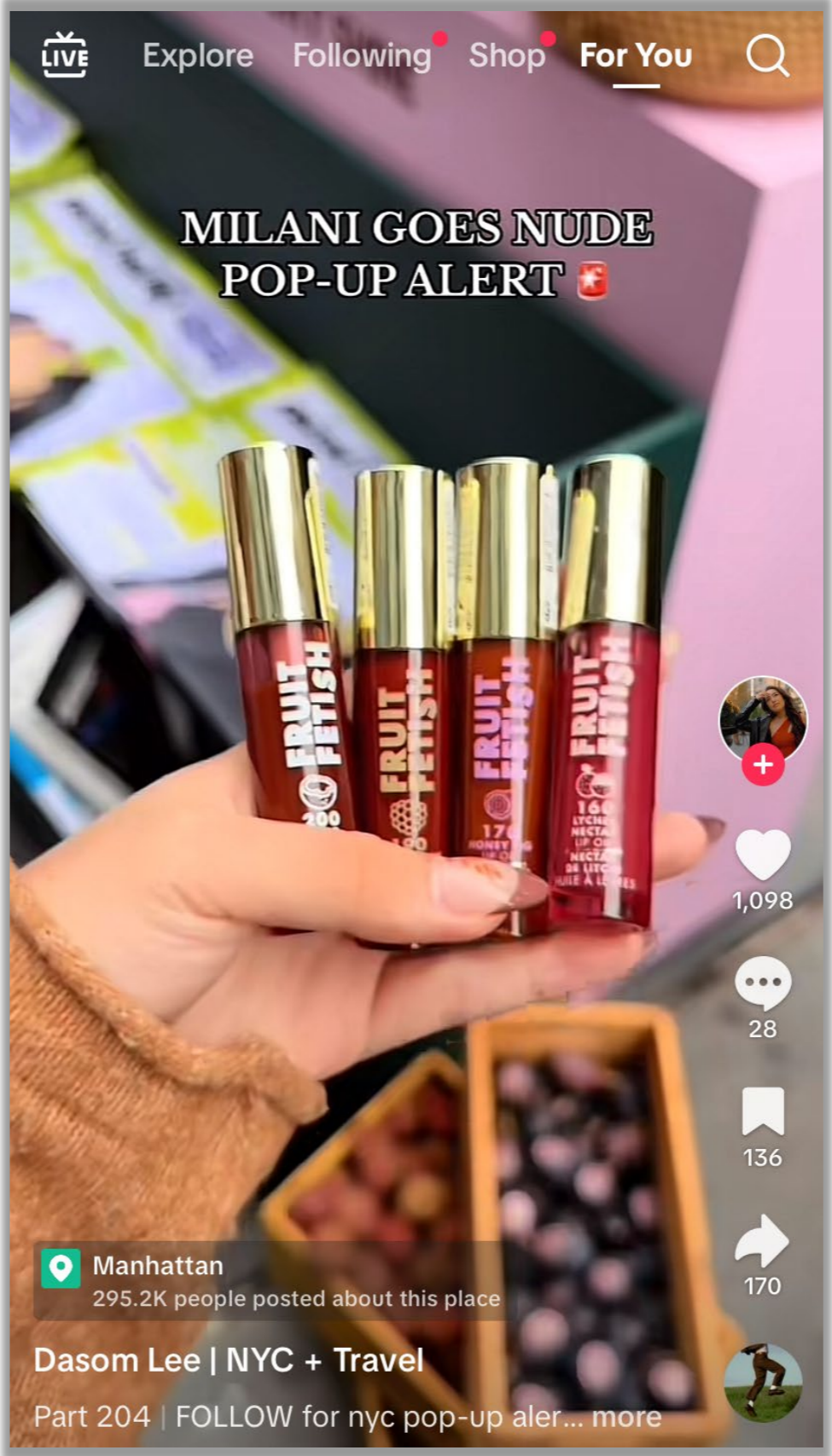
- Outbound community management
- Experiential marketing
- Community involvement



[@sephora, TikTok, 4/21/2024](#)



[@hexclad, TikTok, 4/22/2024](#)



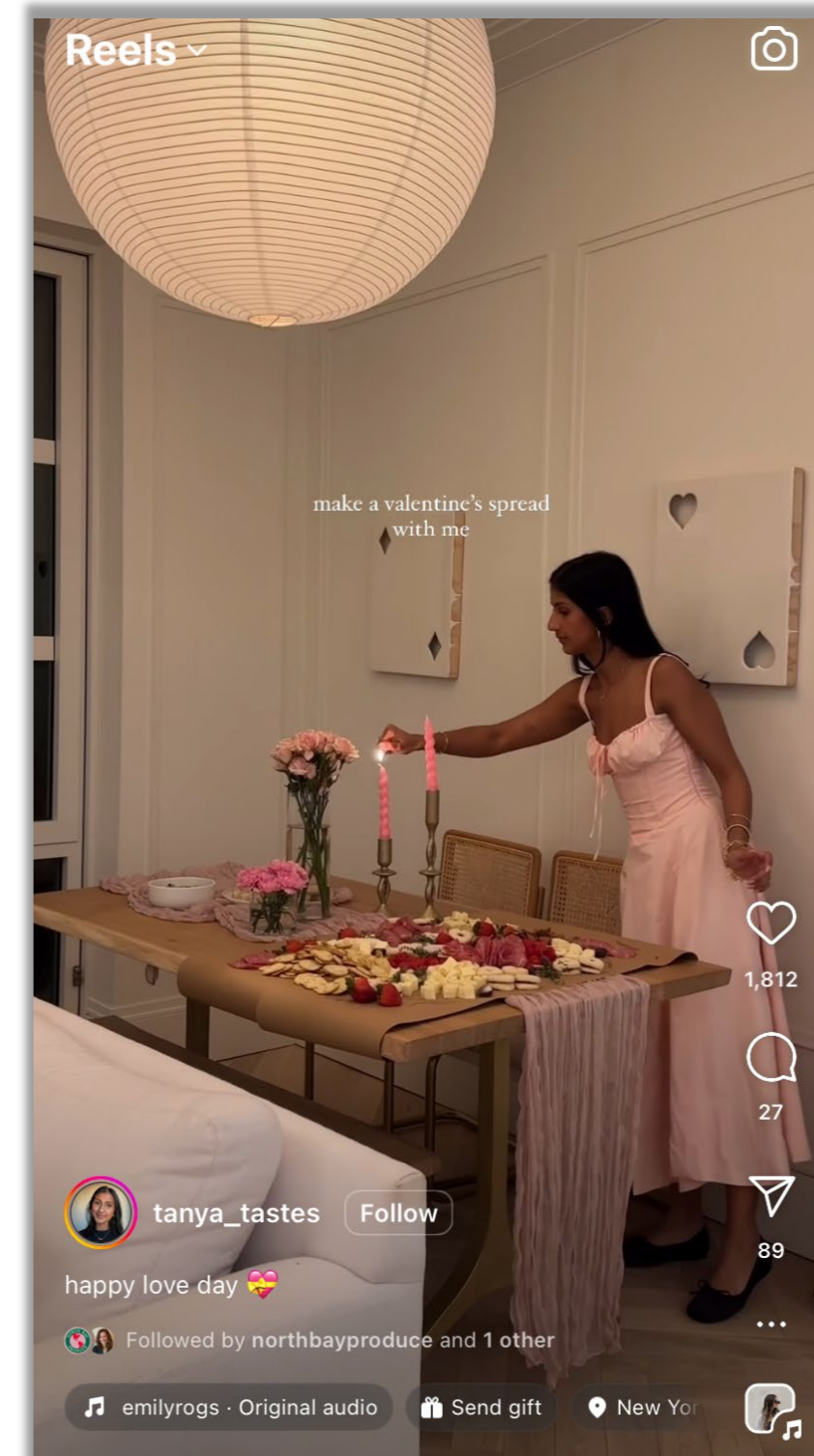
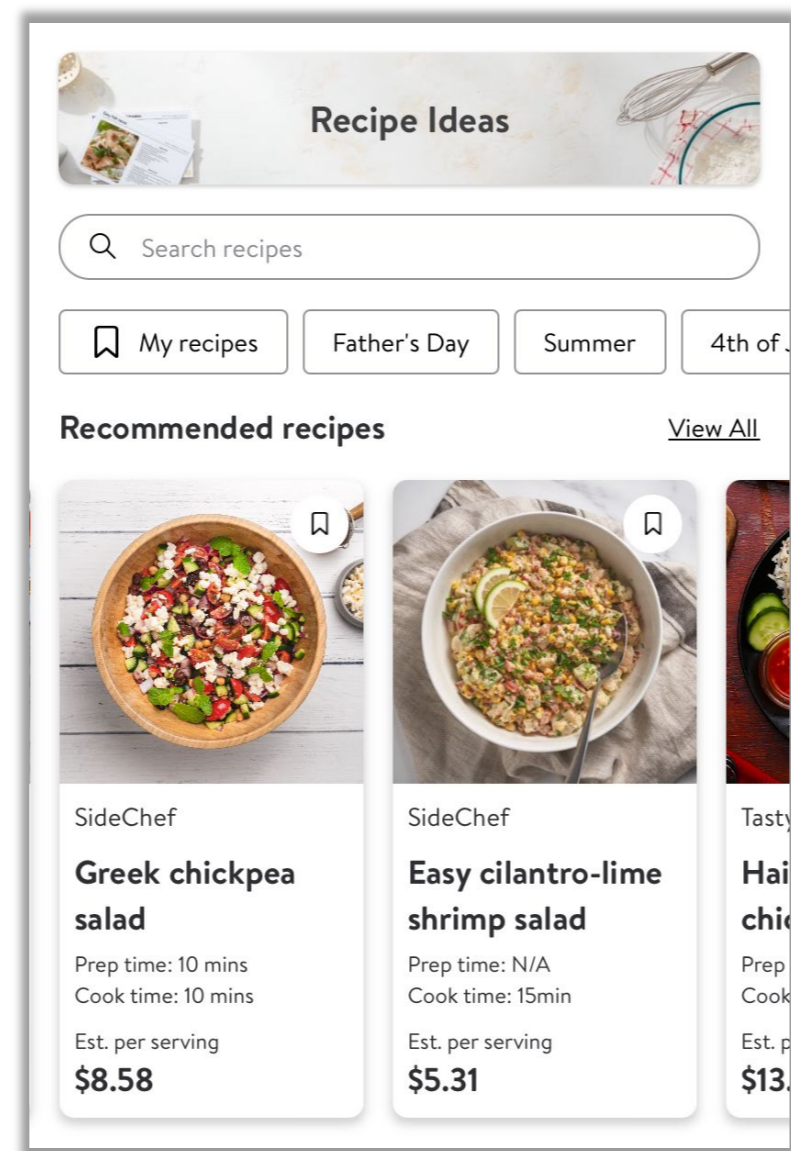
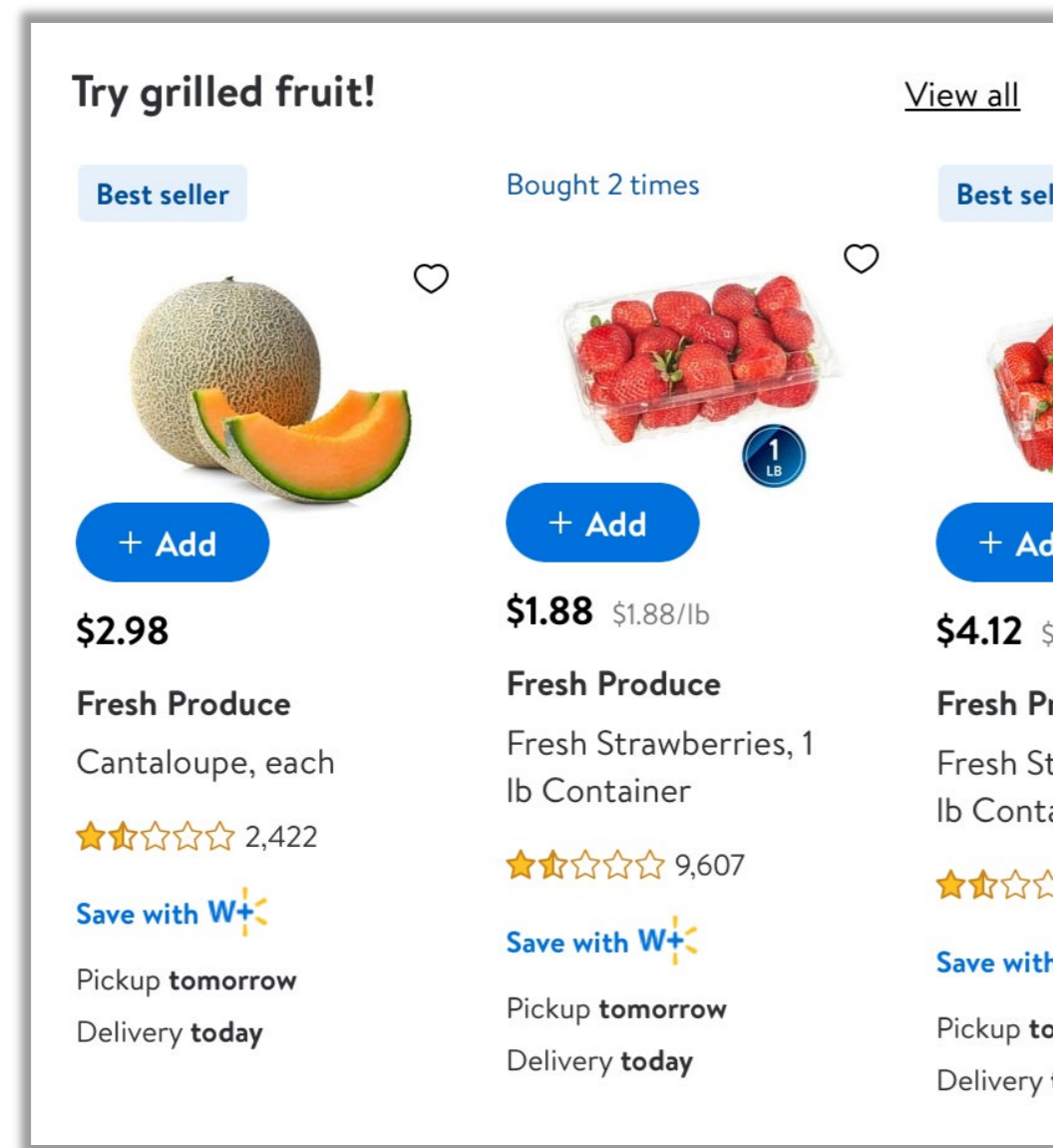
[@explorewithdasom, TikTok, 4/21/2024](#)



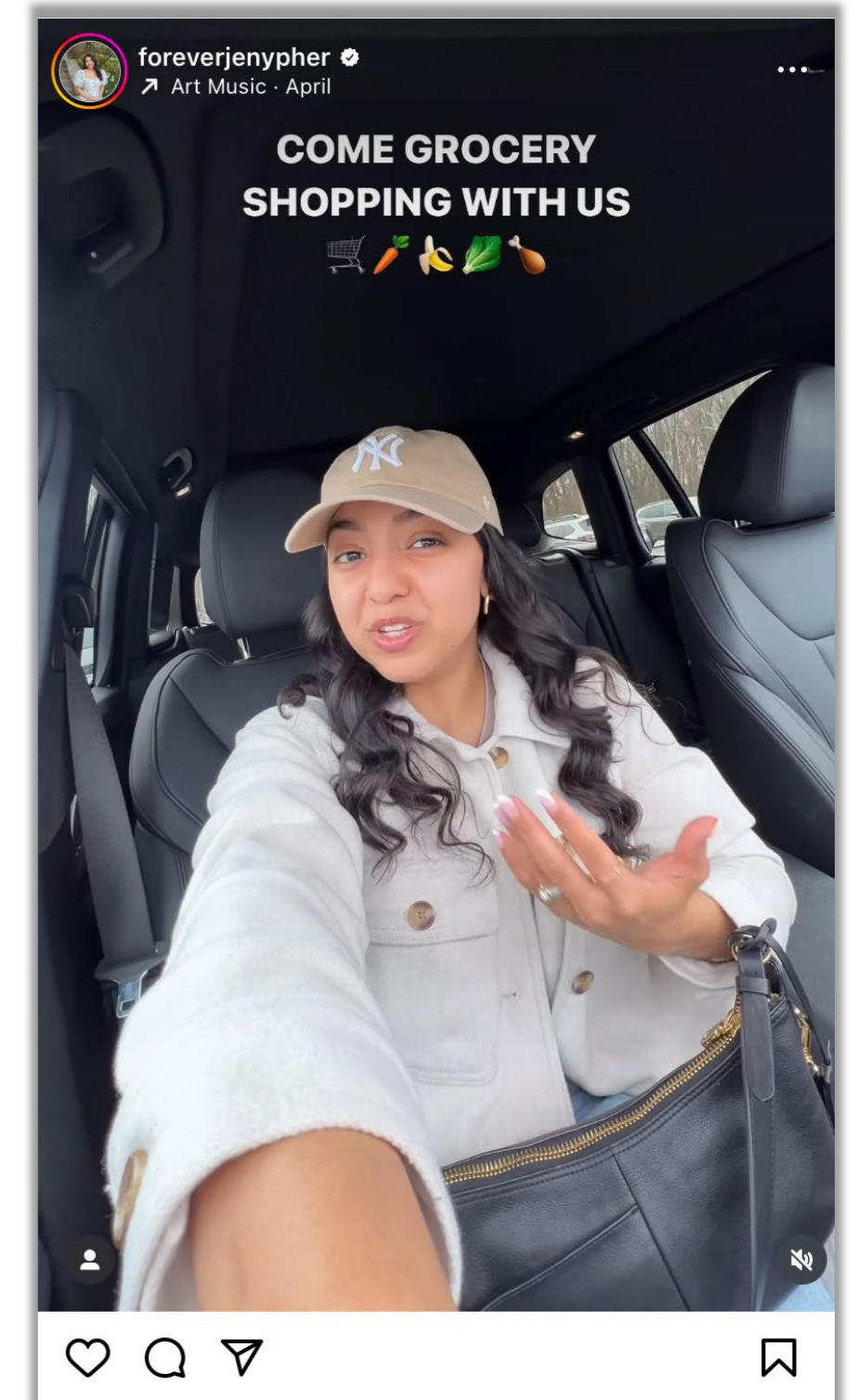
[@vandyampusdining, Instagram, 6/14/2024](#)

CULTIVATING A LOVE FOR PRODUCE

- Self-improvement & personal development
- Use marketing tactics from CPGs
- E-commerce platforms & online ordering
- Lean into younger generations



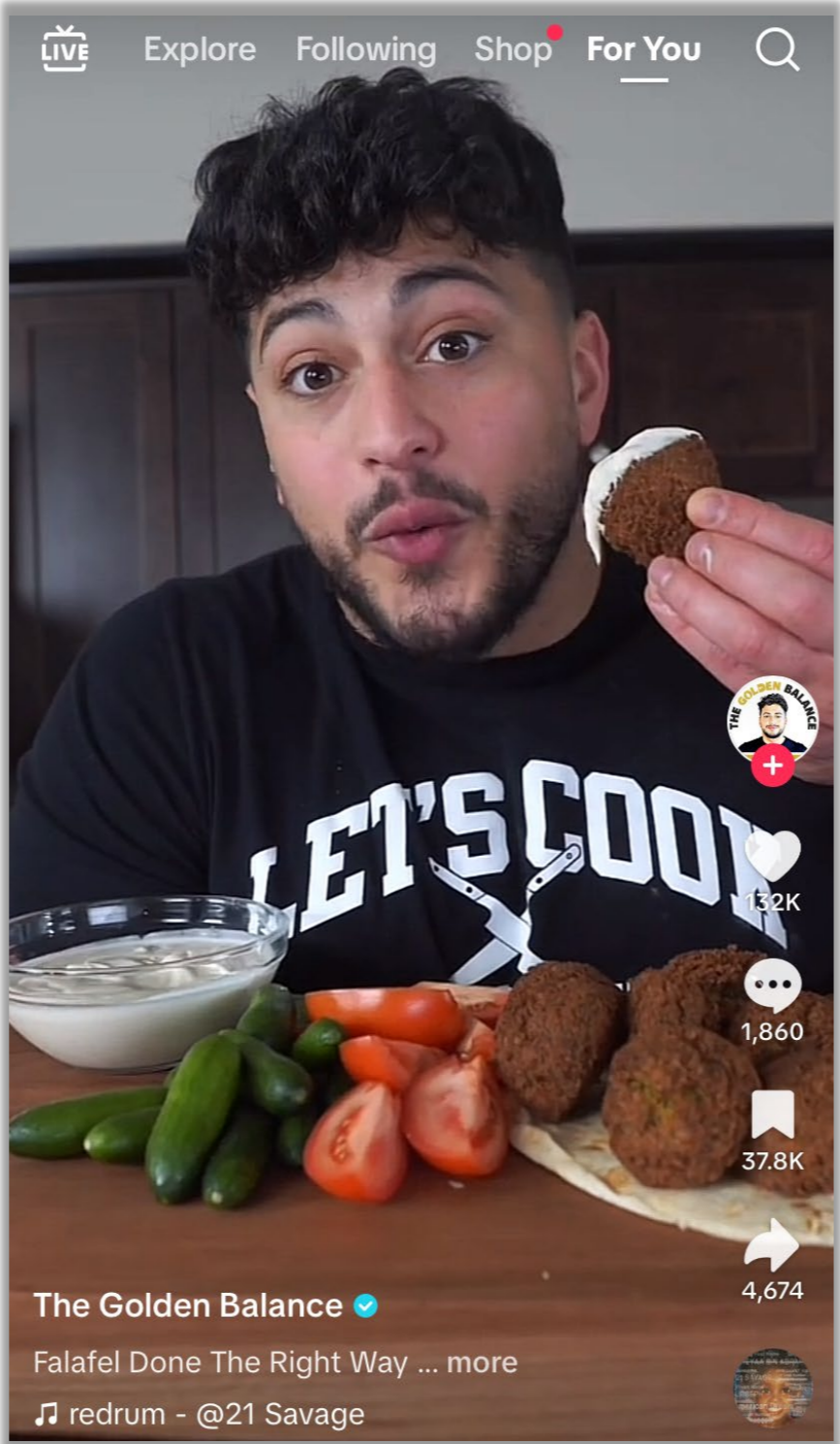
@tanya_tastes, Instagram, 4/21/2024



@foreverjenypher, Instagram, 4/21/2024

EXPLORATION & INNOVATION

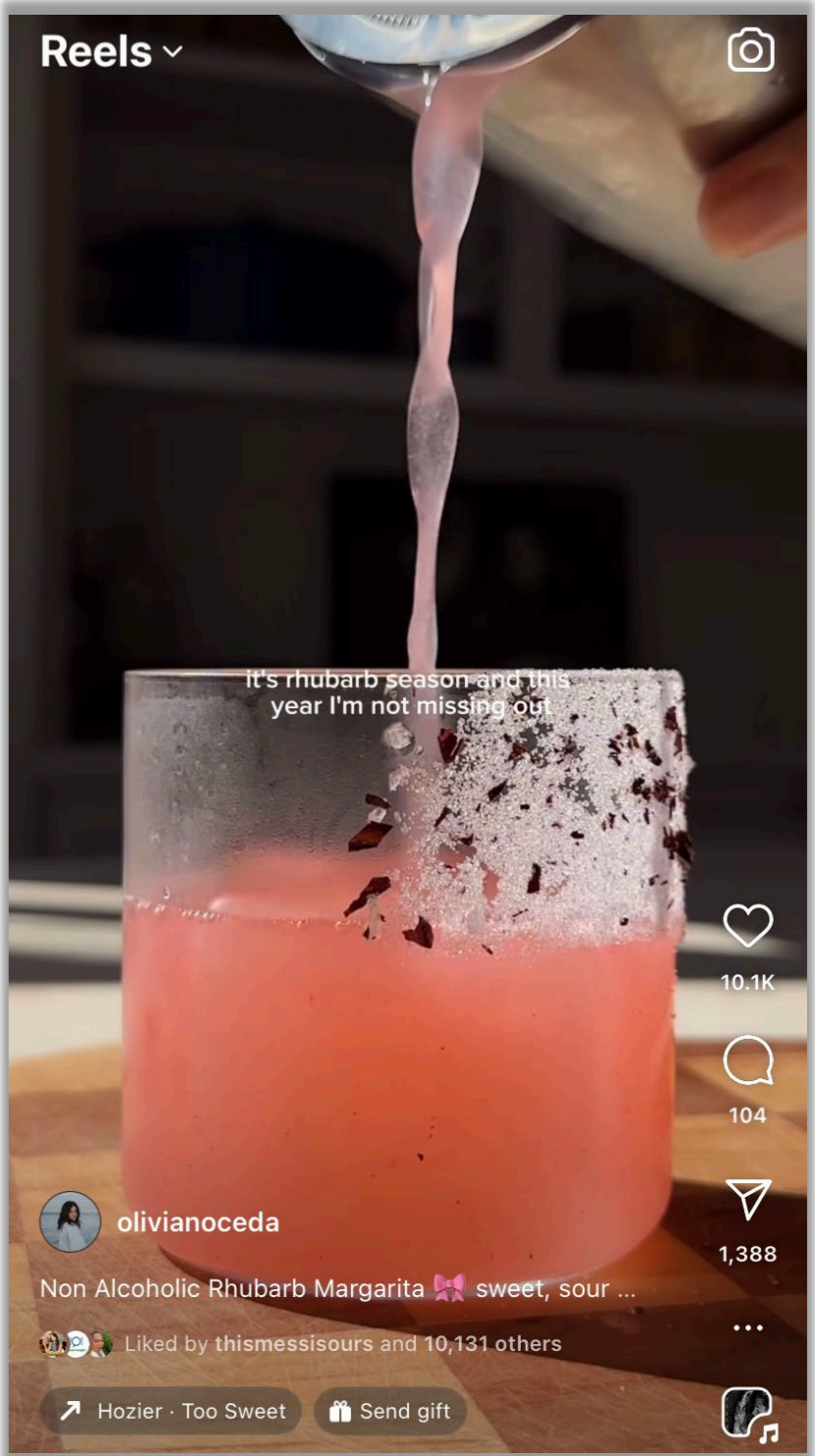
- Incorporate timely trends & ingredients
- Reclaim the plant-based term & eco-conscious choices
- Convenience is key



@thegoldenbalance, TikTok, 4/21/2024



@tavernonmaincrownpoint, Instagram, 6/14/2024



@olivianoceda, Instagram, 4/21/2024

KEY TAKEAWAYS

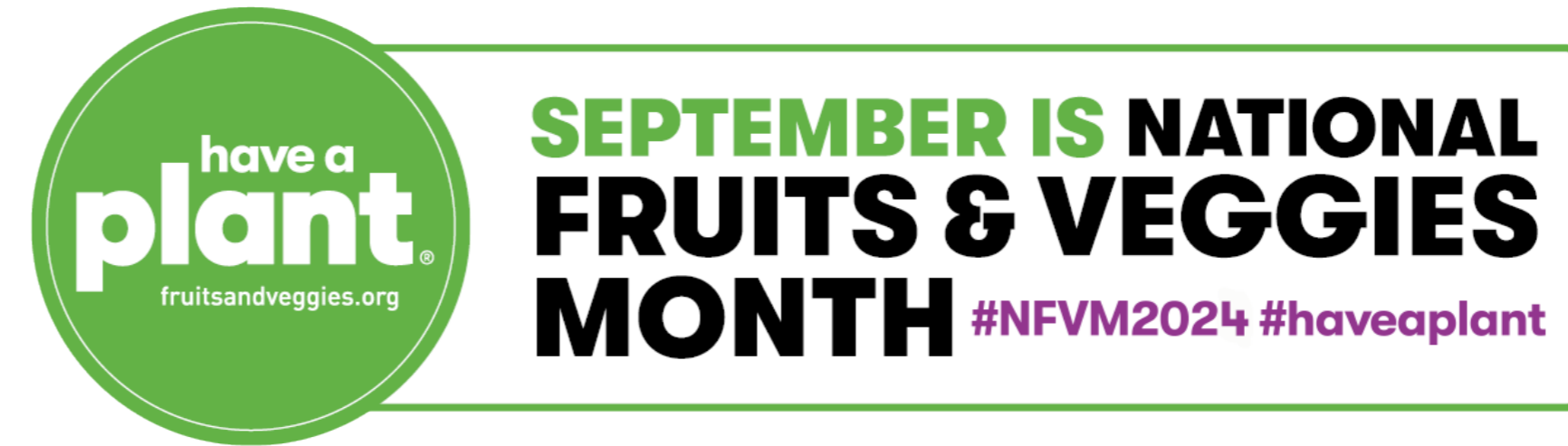
- Come back to consumers' main focuses: **meaningful connections, health priorities, culinary exploration**
- Don't be afraid to **cross-collaborate** with other brands
- **Show up in spaces** where your target audience lives
- **Lean into pop culture & trends** with your own twist
- Continue to **test & learn**

QUESTIONS & DISCUSSION

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- Join the Have A Plant[®] community at fruitsandveggies.org/jointhenetwork
- Follow our social channels! #haveaplant



- Celebrate National Fruits & Veggies Month to elevate fruit and vegetable consumption to a national priority.
- Use the [NEW Toolkit](#) to start planning for #NFVM2024 today!

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TO
HABITS**

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FOR RETAIL, FOODSERVICE &
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