

# KNOW YOUR 'SHROOMS



## White Button

Semi-firm texture

Their flavor intensifies when cooked

Tender, juicy and meaty

### Culinary Use



GRILL



ROAST



RAW



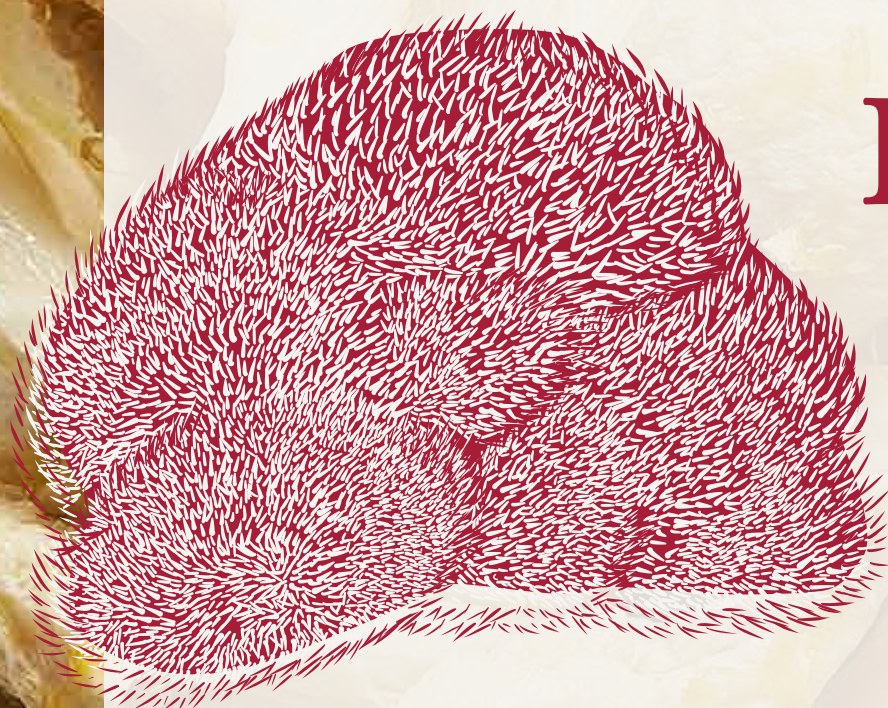
SEAR



PIZZA



PICKLED



## Lion's Mane

Mildly sweet flavor

A tender texture that mimics shellfish

Medium to large in size

### Culinary Use



GRILL



ROAST



SEAR



SAUTE



## Maitake

Also known as "hen of the woods"

A unique appearance that resembles the tail feathers of a hen

Rich, woody flavor

### Culinary Use



GRILL



ROAST



SAUTE



SEAR



PIZZA



PICKLED



## Trumpet

Largest of the oyster mushroom family

A versatile pick for slicing and serving

Nutty flavor and a firm, meaty texture

### Culinary Use



GRILL



ROAST



SAUTE



SEAR



PIZZA



PICKLED