

**PRODUCE FOR®
BETTER HEALTH**
FOUNDATION

Produce For Better Health Foundation's

HAVE A PLANT® MOVEMENT

Brand Guidelines

Winter 2020

Photo courtesy of PBH Have A Plant® Ambassador, Manuel Villacorta, MS, RD

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WELCOME!

You've got the right idea partnering with PBH to elevate your brand, commodity, business or blog! We are stronger together, and only together can we help Americans enjoy more fruits and vegetables every day. PBH has created the Have A Plant® Movement, an award-winning campaign reaching hundreds of millions of people since its inception in 2019, with you in mind. Have A Plant® is an invitation, a less prescriptive call to action, designed to inspire increased produce consumption. Whether you're a PBH member or an influencer ambassador, we invite you as a valued partner to leverage the Movement and become a plant-passionate advocate. This document provides everything you need to get started.

Here are some first steps everyone can take:

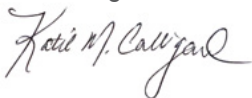
- Follow and tag @FruitsandVeggies on Facebook and Instagram and @fruits_veggies on Twitter. Use #haveaplant in all your posts!
- Display the Have A Plant® logo on your website.
- Include the Proud Supporter of the Have A Plant® Movement icon in email signatures, or as signage in your next virtual or in-person event.
- Add the Have A Plant® logo to your packaging.
- Create shared signage or promotional materials with the Have A Plant® logo.
- Plan now for September 2021 as National Fruits & Veggies Month.

We believe enjoying more fruits and vegetables every single day is the most important thing people can do for happier, healthier lives. We believe in the produce industry, we believe in you, and we want to make you look good! With the best practices, guidance and tools provided in this document, together we can extend the Have A Plant® Movement even further with a unified voice to reach even more Americans nationwide. #haveaplant

We are looking forward to serving you to help achieve your goals!



Sincerely,



Katie Calligaro
Marketing & Communications Director
Produce for Better Health Foundation



The Have A Plant® Movement Is Award-Winning



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Questions?

Contact Candice Gordon, PBH Marketing & Communications Manager at cgordon@pbhfoundation.org

THE PURPOSE

Produce for Better Health Foundation (PBH) is the only national 501(c)(3) nonprofit organization dedicated to helping people live happier, healthier lives by eating and enjoying more fruits and vegetables every single day.

PBH is supported primarily by by memberships and sponsorships from the broad-based fruit and vegetable industry as well as through in-kind support from partner organizations.



THE MOVEMENT

PBH's award-winning Have A Plant® Movement is a way to inspire lasting behavior change by tapping into the emotional connection consumers have to the fruit and vegetable eating experience.



Photo courtesy of PBH Have A Plant® Ambassador, Andrea Mathis, RD

The Movement

We know many people are trying to add more plant foods to their diets. Fruits and vegetables – whether they're fresh, frozen, canned, packaged, dried, or 100% juice – are some of the most beneficial plant foods on the planet. And we believe that one of the most important things that people can do to live happy, healthy, and active lives is to simply enjoy more of all types of fruits and vegetables.

That's where the Have A Plant® Movement comes in. And it does so with a no-nonsense approach that's simple, understandable, and, importantly for the Millennial and Gen Z audience, non-prescriptive.

It's pretty much as simple as that. And from bushel to fridge to freezer to shelf, there are thousands upon thousands of different ways to Have A Plant®.

**have a
plant**®
fruitsandveggies.org

The Movement

Know-Feel-Do Behavioral Science Framework

Americans are faced with thousands of messages about food every day. What's often missed in the advice is how to translate messages into action. Take fruits and vegetables. Consumers know the health benefits associated with eating more produce; yet, despite understanding why they should eat more, most people continue to struggle with how this can be accomplished.

Research has told us that consumers – especially Millennials and Gen Z – are not motivated by facts and figures about fruits and vegetables – or what they need to “know.” They’re inspired by more powerful, yet straightforward, ideas and actions based in “feeling” and “doing.” There is joy in the sweet-tasting, healthy eating experience of fruit, and smart satisfaction associated with the success of preparing vegetables as a meal, or as part of a meal. In fact, consumers often tell us that they’re more motivated by the immediate emotional satisfaction of eating fruits and vegetables than by the longer term physical benefits.

This approach is called PBH's Know-Feel-Do Behavioral Framework is the backbone of all of our communication efforts and the Have A Plant® Movement.

Know

Educational Programming – the health benefits of “why” that supports the call for increased program consumption

Feel

Emotion and Enjoyment – particularly the immediately accessible, positive experiential qualities of better eating

Do

Creating physical, digital and social environments that facilitate easier choice and preparation of fruits and vegetables



THE MESSAGING

A smiling man with a beard, wearing a dark green tank top, is holding a white cup filled with a plant-based meal. The meal consists of a base of white yogurt or soft cheese, topped with fresh strawberries, orange slices, and a dusting of white powder (likely coconut or powdered sugar). He is also holding a small piece of the food on a stick. The background is blurred, showing other people and lights, suggesting an outdoor event or festival.

Have A Plant® messaging is fresh, active, supportive and youthful; it is encouraging and never accusing. It sounds the way a friend or family member would talk. It celebrates the joys of eye-appealing, plant-forward meals and snacks, as well as all the ways we can enjoy these delicious and satisfying eating experiences.

#haveaplant

The Messaging

Personality & Voice

When communicating about Have A Plant® or on any of PBH's channels — whether on social media, fruitsandveggies.org, in our e-newsletters or beyond — it is critical that the tone of voice aligns with our bold and movement-driven target audience: Millennials and Gen Z consumers.

PBH IS: understanding, quippy, witty, attainable, encouraging, resourceful, educational, straight shooter, smart, passionate, healthy, energetic, relatable

Sample Posts:

- *How can we lead happier, healthier lives? The answer is simple – eat more plants! Whether it's topping your yogurt with fresh and dried fruit, whipping up a smoothie with frozen veggies and 100% juice, or adding canned veggies to a sauce, there are so many PLANTastic possibilities! #haveaplant*
- *Whether it's joy in the sweet-tasting, healthy eating experience of fruit or smart satisfaction from preparing vegetables as part of a meal, eating more plants is a recipe for success. #haveaplant*

PBH IS NOT: judgmental, short, condescending, impractical, critical, stuffy, preachy, dismissive, know-it-all, finger-wagging, overly healthy, pushy, inaccessible

Sample Posts (what NOT to say):

- *You must eat XX servings of fruit and XX servings of veggies each day in order to reap the nutritional benefits.*
- *Eating more fruits and vegetables is essential for better health.*

The Messaging

Our Core Content Pillars

Messages are organized into four main pillars based on key areas of focus. These pillars were developed to demonstrate how fruits and vegetables can be the “delicious ingredients” to health and happiness.



1. Enjoying Fruits & Vegetables

- Fruit and vegetable consumption stats
- Flavor and taste
- Convenience
- Myth dispelling



3. Usage & Preparation

- Recipes
- Food hacks
- Tips and tricks
- Shopping
- Seasonality
- Select, store, serve and savor tips



2. Health & Well-being

- Health benefits of fruits and vegetables
- Nutrition
- Benefits for emotional well-being
- Immediate benefits (i.e., pride, #lifegoals)



4. Food & Agriculture Innovation

- How and where fruits and vegetables are grown
- Farmer and grower stories
- Value chain innovation including packaging
- Sustainability
- Reducing food waste
- Food safety

The Messaging

Remember that ultimately, communications stemming from all 4 pillars should ladder back up to PBH's main content theme: *Eating more fruits and vegetables is the single most important thing you can do to enjoy a happier, healthier lifestyle.*

1. Enjoying Fruits & Vegetables (consumption)

Most Americans need to eat more fruits and vegetables every day, which can be easy and fun to do.

- Explore new flavor pairings by combining fruits and vegetables with other foods, like lean protein, whole grains or low fat/fat free dairy.
- Eating a colorful variety of fruits and veggies provides a wide range of valuable nutrients like fiber, vitamins, and potassium.

2. Health & Well-being

Eating more fruits and vegetables can help people build a healthier and happier body from the inside out.

- Eating more fruits and vegetables can help people have a more positive outlook on life and feel confident and proud that they are making the best decisions to curb hunger; fuel their bodies; and get the nutrients they need for their day-to-day activities and long-term health.

3. Usage & Preparation

Fruits and vegetables are packed with a variety of flavors and textures that can make meal and snack time more enjoyable.

- Get the entire family to eat more fruits and vegetables by being creative at mealtime and pairing fruits and vegetables with other foods to create a colorful rainbow on the plate.

4. Food & Agriculture

All fruits and vegetables come from the earth with wholesome, nutrient-dense, affordable options available during all four seasons.

- Agricultural and farm innovations and packaging technologies make it easier for people to eat their favorite fruits and vegetables whenever and where ever they want to.

The Messaging

2021 PBH Content Calendar

These monthly themes serve as a guidepost to help curate content that tells a compelling story. Though it's not required to sync your content up with our calendar, we recommend it for maximum impact. #haveaplant

January	February	March	April
"Plant-entions" Kick 2021 into full gear by moving away from quick fix resolutions and toward filling the fruit and veggie consumption gap. Set long-term intentions to boost your nutrition and mood!	And The Award For Best Plant Goes to... It's Academy Award season! Time to celebrate by nominating award-worthy fruits and veggies all month, highlighting their starring health & wellness qualities. May the best plant win!	March Madness – Recruiting For Team Plant! In honor of National Nutrition Month, let's play a little plant-packed March Madness. We're talking smart swaps when it comes to plants and how to match up fruits & veggies in your favorite recipes.	Plants With A Purpose In honor of the second anniversary of the Have A Plant® Movement and Earth Day, let's talk ways to enjoy all parts of plants and produce zero waste!
May	June	July	August
The ABCs Of Food Rooted In A Better Mood It's stress awareness month! Let's take a mindful moment to reflect on how plants can boost your mood. Every day will feature a different letter of the alphabet and a corresponding plant, along with mood boosting tips & tricks.	Celebrate Fruit & Veggie Farms Fuel your summertime fruit and veggie favorites by celebrating the farmers and growers who bring produce to our table in all varieties, from fresh to canned.	Fire And Ice Summer means it's time to fire up the grill and chill by the pool with a plant-packed snack. We've got you covered with hot and cold plant hacks to keep you satisfied all summer long.	From Fermentation Nation To A Well-Stocked Cantry Eat more fruits and veggies by getting creative this summer. From fermenting your favorite produce to a pantry-to-CANtry makeover!
September	October	November	December
Cheers To National Fruits & Veggies Month It's National Fruits & Veggies Month and we couldn't be happier! Celebrate and take the Have A Plant® Pledge to show us which fruit or veggie gives you a plant-packed smile.	Fall In Love With Fall Flavors Cinnamon, pumpkin, nutmeg and sage...fall is officially here! Fruits and veggies are the perfect canvas for fall flavors, spices and seasonings, making them more craveable. So go ahead. Spice it up. #tistheseason	Meal Prep For Plants-Giving This holiday, make your life easier with these meal-prep hacks and simple meal planning strategies. A little bit of planning can go a long way to implementing habits that last a lifetime.	Happy Holiday Libations When it's time to toast, be the coolest host! These cocktail & mocktail recipes bring festive flavor and holiday cheer using #fruits and #veggies for your next holiday gathering.

*Monthly themes subject to change

The Messaging

Find Yourself In Our Fruit & Veggie Celebrations Calendar

January

National Carrot Month
National Bean Day
National Apricot Day
National Rhubarb Day

February

Fabulous Florida Strawberry Month
National Canned Food Month
National Cherry Month
National Grapefruit Month
National Potato Lover's Month
National Sweet Potato Month
National Potato Lover's Day
National Strawberry Day

March

National Celery Month
National Frozen Food Month
National Frozen Food Day
National Artichoke Heart Day
National Spinach Day
National Oranges and Lemons Day

April

National Fresh Celery Month
National Fresh Florida Tomato Month
Fresh Tomato Day
Day of the Mushroom
National Garlic Day
National Raisin Day

May

National Asparagus Month
National Salad Month
National Strawberry Month
National Raisin Week
National Orange Juice Day
Pick Strawberries Day

June

National Fresh Fruit and Vegetables Month
National Papaya Month
Corn on the Cob Day
Fresh Veggies Day

July

National Berry Month
National Blueberry Month
National Salad Week
National Watermelon Month
Eat Beans Day

August

Get Acquainted with Kiwifruit Month
National Peach Month
National Watermelon Day
National Zucchini Day
National Potato Day
"Eat a Peach" Day
Banana Lover's Day
Lemon Juice Day

September

National Fruits & Veggies Month

National Mushroom Month
National Papaya Month
National Potato Month
Vegetarian Awareness Week
National Acorn Squash Day
National Guacamole Day

October

National Apple Month
National Cranberry Month
National Spinach-Lover's Month
National Tomato Month
World Vegetarian Day
National Mushroom Day
National Nut Day
National Pumpkin Day
National Potato Day

November

National Pomegranate Month
National Sweet Potato Awareness Month
National Vegan Month
National Fig Week
Eat a Cranberry Day

December

National Pear Month
National Eat a Red Apple Day
National Kiwifruit Day

Did we miss something? If you don't see your special day here please let us know!

A background image of two young people, a woman on the left and a man on the right, both smiling and holding up fruit popsicles. The woman is holding a yellow popsicle and the man is holding a red one. They are both wearing casual clothing. The image is slightly blurred, focusing attention on the text in the foreground.

THE MAGIC

Good move sponsoring content with PBH! Working together is where the magic happens. Our digital ecosystem, which includes fruitsandveggies.org, social media channels, and e-newsletters, doesn't just connect with the Gen Z and Millennial audiences – it spurs them to action. The strategy behind it was developed from first-hand consumer interviews and product testing. It provides this key audience with the fruit and vegetable information they're craving, from a trusted source.

On the following pages you will find everything you need to provide to the PBH team so we can make your content shine.

The Magic

The Reach

Our reach and audience is a mix of mostly millennial and Gen Z consumers, health & wellness professionals, consumer influencers, and produce industry professionals.

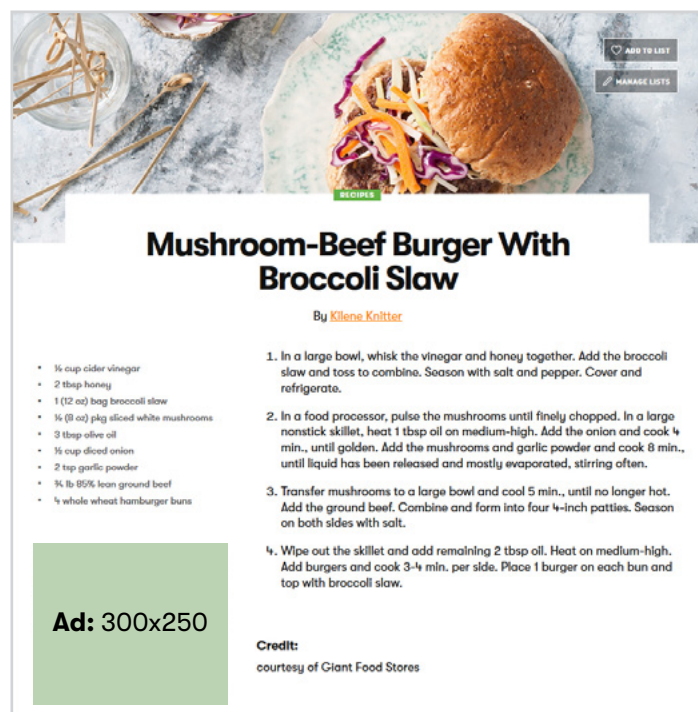
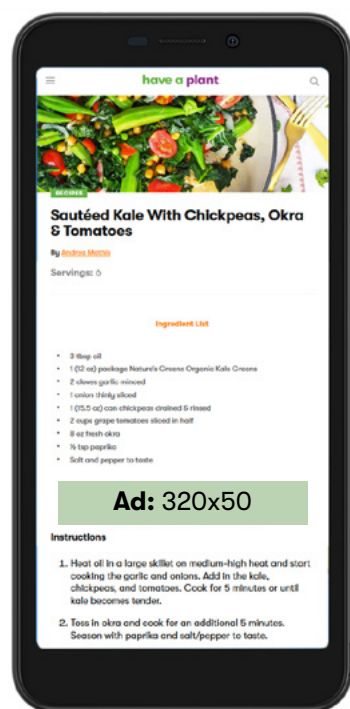


The Magic

Fruitsandveggies.org Specs & Guidelines

Website Banner Ads

- Three sizes of the same ad: 300x250, 728x90, and 320x50
- A link to your website, social channels or wherever you want to drive the audience



All content is due to PBH the first Friday of the month prior to the date of publication.
All content is subject to approval or revisions by PBH before going live on the PBH channels.

The Magic

Recipes

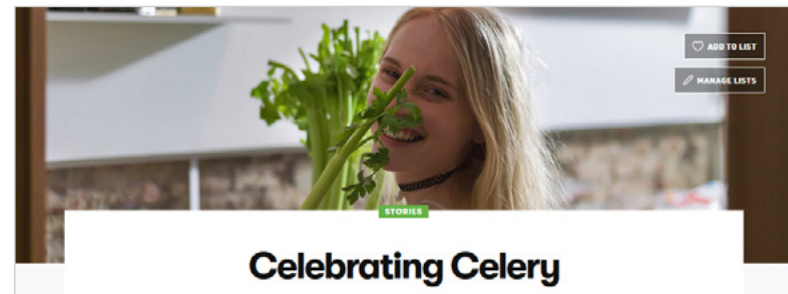
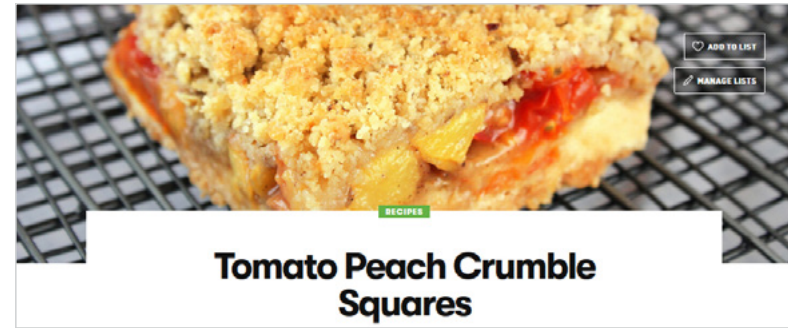
- Header image sized 1440x480 pixels
- Recipe ingredients and instructions in a DOCX or PDF
- Recipe teaser, 150 characters maximum
- *Suggested but not required:* Prep time, Cook time, Servings, Serving Size, Nutrition Facts

Story

- Header image sized 1440x480 pixels
- Story text in a DOCX or PDF
- 600 words minimum
- Story teaser, 150 characters maximum
- Additional photos, infographics, external links, and/or embedded videos may be included

Expert Advice

- Header image sized 1440x480 pixels
- Question and Answer in a DOCX or PDF
- 300 words minimum, 700 words maximum
- Additional photos, infographics, external links, and/or embedded videos may be included



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The Magic

Social Media Specs & Guidelines

Overall Quality Factors

- **Keep copy light, fun and in line with the PBH voice** so it doesn't sound like an ad. Avoid use of the word "our."
- **All content will need to include #sponsored upfront.**
- **PBH will utilize the Branded Content tool** on both Facebook and Instagram to disclose our paid partnership in all social media posts.
- **Video and lightweight motion graphics consistently perform better than static images.**
- **Keep text overlay in images to a minimum.** No text overlay is best, images that don't look like ads perform better.
- **Lighting is key.** Take photos with as much natural light as possible.
- **Use the grid setting on your camera.** This helps to frame an aesthetically pleasing shot.
- **Add subtitles to your videos.** Most users don't watch video with sound on social media, especially Facebook.

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This top performing 2020 member post from the US Highbush Blueberry Council earned over 1 million impressions on the Have A Plant® social media channels.

The Magic

Facebook

Image

- 1080x1080 pixels
- JPG or PNG file

Video

- 1200x1200 pixels
- MP4 file
- Less than 15 seconds in length

Copy

- Ideally less than 125 characters
- 2 maximum hashtags

Facebook Lives

- **Max resolution of 720p** (1280x720) at 30 frames per second.
- If possible, **use a tripod or stabilization device.**
- **Minimize unwanted background noise.** Use a microphone to improve the audio quality of your live video.
- **Add subtitles to your videos.** Most Facebook users don't watch video with sound on.
- **Lighting is key.** Make sure all subjects are correctly lit, include additional light sources as needed.
- **A clutter free background** without distracting elements can raise the overall production value of the live stream.



Pro tip: Hire a professional! PBH Have A Plant® Ambassador Manuel Villacorta, RDN hosts a successful Facebook Live on PBH's page sponsored by the National Dairy Council.

Facebook Live Do's and Don'ts

- **Do a practice video** using the 'Only Me' option in Privacy Settings. This allows you to preview sound quality, lighting and framing.
- **Do cross promote** on your other social media accounts. Before your live event, tweet reminders of the event, create a Facebook Events page for the Live event and post Live event information on your Instagram story using #haveaplant and tagging @fruitsandveggies.
- **Do create an attention-grabbing headline and description.**
- **Do create an outline beforehand.** Outline key messages, call to actions and important statistics before going live.
- **Do stay live for around 10 minutes.** The longer you broadcast, the higher reach your live video will become.
- **Don't create a live video using pre-recorded content.**

The Magic

Instagram

Image

- 1080x1080 pixels
- JPG or PNG file

Video

- Vertical or square format. Avoid horizontal formats.
- 1200x1200 pixels (1:1 aspect ratio), 1200x1500 (4:5 aspect ratio), or 1080x1920 (9:16 aspect ratio)
- MP4 file
- Less than 15 seconds in length

Copy

- Ideally less than 125 characters
- 9-15 hashtags

IG Reels, IG Stories & IGTV

Due to the format, IG Reel, IG Stories and IGTV are unable to receive paid support. If interested in these formats please provide video with the following specs:

- Vertical or square format. Avoid horizontal formats.
- 1080x1920 pixels (9:16 aspect ratio)
- 60 seconds or less so it can be posted to PBH's main feed and receive paid support.



PBH Have A Plant® Ambassador Nicole Rodriguez, RDN created this successful video for promotion on Instagram, sponsored by National Cattlemen's Beef Association. (this is what a 9:16 aspect ratio video looks like)

The Magic

Twitter

Image

- 1200x675 pixels
- JPG or PNG file

Video

- 1080x1080 pixels
- MP4 file
- Less than 30 seconds in length

Animated GIF

- Resolution should be 1280x1080

Copy

- 280 character maximum
- 2-3 hashtags are ideal



This top performing Twitter post from 2020 features photography by PBH Have A Plant® Ambassador Andrea Mathis, sponsored by Sun-Maid Growers.

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The Magic

E-Newsletter Specs & Guidelines

Display Ad

- 250x250 graphic with a clear call-to-action
- A link

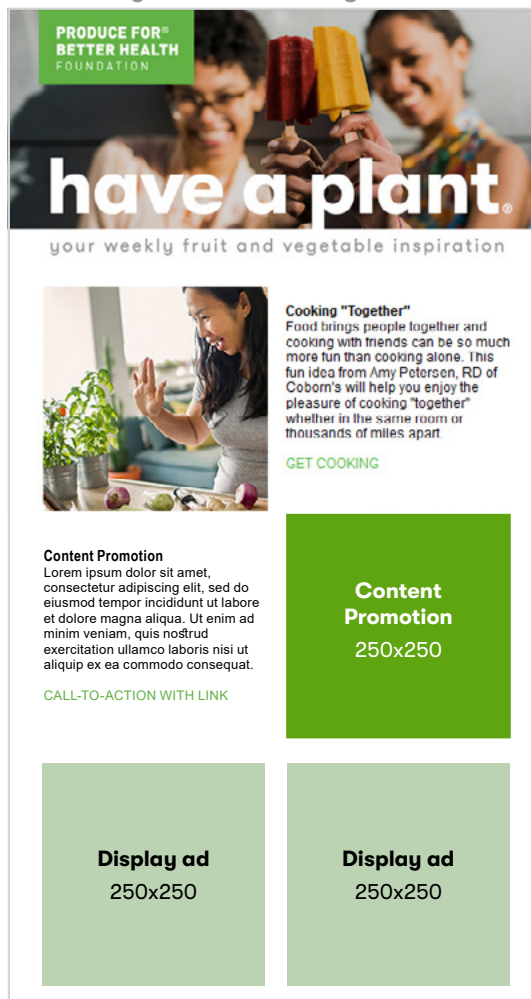
Content Promotion In Consumer-Facing Newsletter

- 250x250 photo, no logo or text overlay
- 30-45 words of teaser text. Use the PBH voice so it doesn't sound like an ad. Avoid use of the word "our."
- Call-to-action with link

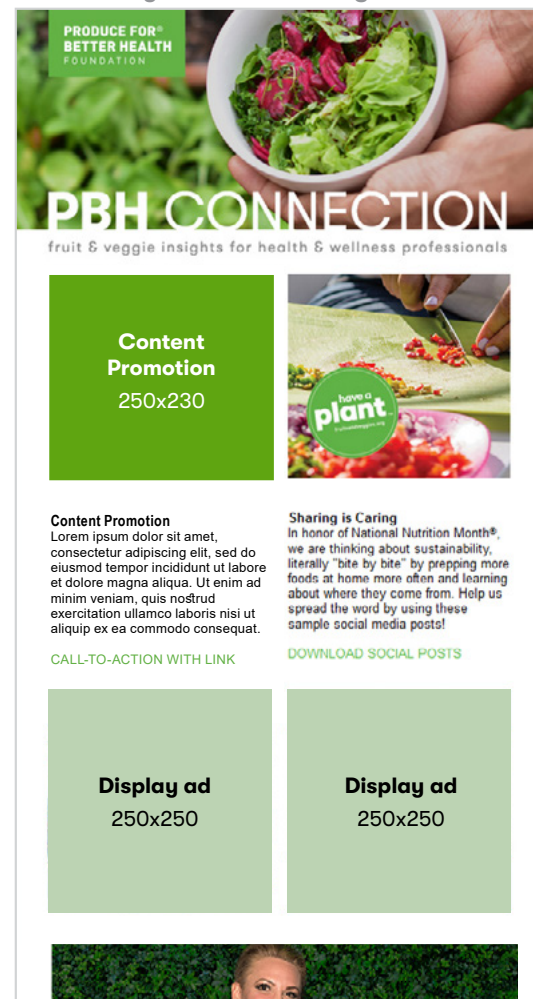
Content Promotion In Influencer-Facing Newsletter

- 250x230 photo, no logo or text overlay
- 30-45 words of teaser text. Use the PBH voice so it doesn't sound like an ad. Avoid use of the word "our."
- Call-to-action with link

Weekly Consumer-facing Newsletter



Monthly Influencer-facing Newsletter



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THE MAKEUP

The beauty of the brand is all in the makeup and it was carefully designed to inspire. The Have A Plant® logo use and brand guidelines guide the implementation of the Have A Plant® Movement for its members, partners and all who choose to spread the Have A Plant® love.

The Makeup

The Written Brand

Have A Plant® should always be referred to by its full name. Use of the acronym “HAP” is not acceptable and should be discouraged in both spoken and written communications. Title case capitalization is recommended in written communications even though the logo is set in lower case without initial capitalization.

URL Capitalization

The URL “fruitsandveggies.org” is used as a tagline lockup with the Have A Plant® logo. While URLs are not case sensitive, lower case capitalization is recommended and preferred whenever presenting our URL in body text.

Hashtag Capitalization

When our brand “Have A Plant®” is expressed as a hashtag, it should be consistent with the hashtag convention of using all lower-case.

#haveaplant

Registered Trademark

Have A Plant® is a valuable registered trademark that must be protected from infringement.

- The logo must be identified with the® symbol.
- The size of the registered trademark may be altered proportionally, within reason, to ensure its legibility.



The Makeup

The Brand System

A Colorful Brand

Our core brand colors are PBH Green and PBH Purple. They complement each other and anchor the vibrant and colorful fruit and vegetable food categories in a bold and confident way.

A vibrant palette of accent colors has been selected to support brand communications. This reflects the full color spectrum as well as the delightful array of colors found in all forms of produce.

Handle With Care

However, it is recommended that restraint be used when designing with color. Rather than using four or five competing accents, incorporate just a single dominant color and if needed, a supporting secondary color in a lesser amount as shown below.



Core Brand Colors



PBH Green

c66 / m6 / y100 / k0

RGB: 100 / 178 / 70

PMS: 369



PBH Purple

c50 / m94 / y6 / k0

RGB: 157 / 53 / 141

PMS: 513

Complete Palette with Accent Colors



Print Process

- If the logo appears on an item that is being printed in a 4-color process, then the logo must also appear in 4 color.
- It is not permissible to place a border around the 4-color logo.
- The logo may not be printed in 2 or 3 colors, only in 1 color, 4-color process, or full spot color.

The Makeup

The Brand Fonts

The fonts selected to support the Have A Plant® brand play an important role in establishing the correct visual tone and a consistent brand expression.

GT Walsheim is the primary font family, selected for its contemporary and welcoming appearance. GT Walsheim Bold is recommended for headlines and subheads and can be set in either all-caps or upper and lower case. Regular weight is recommended for all body text.

Din Pro is used for the Have A Plant® tagline.

Presentation Fonts

For presentations and electronic documents created in Microsoft PowerPoint and Word which will be shared with external organizations, the MS system font Arial is recommended. Its broad availability across all computer platforms will ensure consistency in any environment. Use Arial Black for headlines and subheads, and Arial Regular for all body text.

GT Walsheim Bold / Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

DIN Pro Black

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

Arial Black / Regular

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

ABCDEFGHIJKLMNOPQRSTUVWXYZ
abcdefghijklmnopqrstuvwxyz

The Makeup

Brand System Photography

Our brand is bold, passionate, joyful, optimistic, straight-talking. Photography used in our communications should reflect those attributes. Fresh, authentic and quirky are attributes consistent with our tone and brand approach. Avoid industry-typical stock images, and keep in mind that our most important audiences are Gen Zs and millennials – the next generations of consumers we want to reach and influence. Images celebrating the spirit of the Have A Plant® Movement should convey:

- Fun, bright, spunky; someone you want to hang out with
- Clever, smart, relatable
- Busy, yet knows the importance of providing healthy and nutritious meals with fruits and veggies
- Loves (and/or aspires) to cook and get family and/or friends involved in the process



The Makeup

Have A Plant® Logo Use Requirements

Color Control

The preferred expression of the Have A Plant® logo is the color version (A). This should be used on white or light color backgrounds whenever color reproduction is available. Brand color formulas for CMYK and RGB have been established and should always be used to maintain consistent color.

If color display is not available, a black version of the logo is available (B). In cases where there is strong visual contrast and a reasonably uniform image texture, the reversed (white) version of the logo is used (C).

A.



B.



C.



PBH Green

c66 / m6 / y100 / k0

RGB: 100 / 178 / 70

PMS: 369



PBH Purple

c50 / m94 / y6 / k0

RGB: 157 / 53 / 141

PMS: 513

The Makeup

Logo Size

The Have A Plant® logo with URL tagline lockup should never be used at a size less than 1 inch in width. For the logo without URL tagline, the absolute minimum size is .75-inch in width. This minimum size rule ensures adequate readability.

URL Tagline Position

The size and the position of the URL tagline aligns precisely with letter forms within the logo. Do not change the size, position or alignment of these elements, and use only approved artwork formats with the tagline built into the file.

Logo Without Tagline

It is acceptable to use the logo without the URL tagline lockup on promotion applications such as apparel. Please include the URL at a smaller scale elsewhere on the same surface.

Logo Clear Space

To preserve the integrity of the logo, maintain adequate clear space on all sides of the logo artwork. Do not place text, photos, artwork or of any kind within the clear space surrounding the logo. Do not position the logo on a page or layout so the border or edge of page encroaches on the clear space area.



The Makeup

Unacceptable Logo Use

It is not permissible to alter the Have A Plant® logo in any way. Examples on this page illustrate unacceptable Have A Plant® logos.

- Do not recolor the logos in any unauthorized way.
- Do not create an approximation of the logo using a color block and available system font in a presentation tool such as Microsoft PowerPoint or Word.
- Do not place the Have A Plant® word mark in an oval or any unapproved containing shape.
- Use ONLY approved electronic logo art supplied by PBH marketing.

Do not invert the logo color



Do not incorporate a new shape



Do not re-create the logo text



Do not change the colors



Do not replace the background color with a photo



Do not alter the logo proportions



The Makeup

Photography Expressed In The Logo

The bold letter forms of the word “plant” provide an opportunity to incorporate photography or motion video within the logo. This could provide opportunities to both own the definition of “plant” and extend its meaning to all forms of fruits and vegetables.

This approach is most successful when depicting a single fruit or vegetable category where a more consistent color provides good contrast and readability. The creation of any of these trea®ents is to be authorized through and done by PBH marketing.



The Makeup

National Fruits & Veggies Month Logo Use Requirements

September is National Fruits & Veggies Month (NFVM), a moment in time when we can rally around bringing fruits and vegetables to the center of our plates, our hearts and our homes, throughout the nation. Resources are made publicly available to make it easier for industry and influencer partners to join the action to spread the Have A Plant® Movement nationwide. We provide the consumer campaign with corresponding resources, including tips, tricks, facts and hashtags as well as research and additional expertise. You take it from there! Visit the [National Fruits & Veggies Month toolkit for Plant Passionate Advocates](#) for all the resources.

Because the logo is a visual symbol of the month-long celebration, it is important to ensure accuracy, legibility and consistency in appearance whenever the logo is used on print, web, broadcast and social media communications. It is not acceptable to alter it in any way.

In keeping with its mission, PBH does not support the use of the National Fruits & Veggies Month logo on any digital or print materials that promote one commodity or form (fresh, canned, frozen, dried, 100% juice) over another or endorse any statement that states one commodity or form is nutritionally-better than another.



Logo Shape

The NFVM logo can be used successfully on a white background, colored backgrounds or even backgrounds with full-color photography. In all cases where it is used on a colored background or on full-color photography the background of the logo should be transparent to maintain its shape.

Acceptable



Not Acceptable



THE MATERIALS



Have A Plant® is a registered trademark of the Produce for Better Health Foundation. Use of the Have A Plant® logo in manufactured materials is a benefit to eligible licensed companies and organizations. Logo use guidelines are solely for the use of authorized PBH members and Have A Plant® licensees. It is provided for assisting in the development of materials pursuant to the terms of the Have A Plant® license agreement.

The Materials

In keeping with its mission, PBH does not support the use of the Have A Plant® logo on any packaging, digital, or print materials that promote one commodity or form (fresh, canned, frozen, dried, 100% juice) over another or endorse any statement that states one commodity or form is nutritionally-better than another. In reviewing requests to use the Have A Plant® logo, PBH reserves the right to refuse logo use on any packaging, digital, or print materials that do not meet this standard.

Have A Plant® Logo Usage Guidelines

As of December 2020, PBH members can:

- Include Have A Plant® on-pack, on approved individual/single ingredient fresh, frozen, canned, dried and 100% juice packages; individual items; and main dishes or meals.
- Include Have A Plant® in marketing/communications efforts to support the movement (e.g., promotional materials, social media content, etc.).

Have A Plant® does not offer specific dietary guidance; rather it is meant to help people easily identify foods and mixed dishes that contain a significant amount of fruits and vegetables. That said, PBH continues to align with federal nutrition and labeling guidance including the Dietary Guidelines for Americans, MyPlate and U.S. Food and Drug Administration and U.S. Department of Agriculture regulations. These science-based dietary recommendations will help inform the Have A Plant® logo usage outlined on the following pages.

Approvals

Any and all artwork must be submitted for approval before manufacturing materials. Have A Plant® and the Have A Plant® logo are registered trademarks of PBH. All rights reserved.

Materials will be reviewed for the following: logo use, brand as well as health messaging, and nutrition compliance of product and accompanying recipes. Unless situations arise that require further discussion, PBH is committed to prompt review of materials; plan for a minimum turnaround of two business days.



Materials should be sent to Candice Gordon, PBH Marketing & Communications Manager for review. cgordon@pbhfoundation.org

The Materials

On-pack Have A Plant® Logo Use

The seal version of the logo contained in a shape is recommended for on-pack logo use as it can help define clear space and maintain brand presence in busy retail, packaging and foodservice environments.

Size

Size constraints will guide what is most appropriate. This round logo seal with URL lockup can be used at a minimum size of 1 inch diameter. At smaller sizes, it is recommended that the URL or brand messages be moved outside of the seal. The absolute minimum size for the logo seal is .6 inch width.

Color

It is preferred that the green color of the logo be used whenever possible. Black or a custom color may also be acceptable but samples must be submitted for approval.

A. Minimum size logo seal without the contained lockup URL.

B. Minimum size logo seal with URL. The URL in a minimum 6 pt font size placed near the logo seal supports the all-forms message and directs readers to the program website.

C. Where additional space is available, a brand message such as “Food Rooted In A Better Mood™” can be added. The URL should be no smaller than a 6 point font. The creation of any of these treatments is to be authorized through and done by PBH marketing.



The Materials

On-Pack Or On-Shelf Have A Plant® Logo Use Criteria

A PBH member's product can display the Have A Plant® logo if the product meets the following nutrient criteria, based on current FDA Disclosure Levels* when available.**

Simple Fruit & Vegetable Products

Single-ingredient fruit and vegetable products including fresh, frozen, canned, dried or 100% juice with only water or 100% juice and no other ingredients added.

Nutrient criteria do not apply.

Individual Item

Any product, or recipe for a fresh or processed fruit or vegetable product (including canned, packaged, frozen, dried, and juice), and/or any other product that meets criteria for FDA's definition of "individual food item" in [CFR 101.13](#).

Fruit and Vegetable Content***	0-250 calories: ½ CE fruit/vegetable 251-375 calories: 1 CE
Saturated Fat*	≤4 g per labeled serving size
Total Fat*	≤13 g per labeled serving size
Added Sugars****	≤10 g per labeled serving size
Sodium*	≤480 mg per labeled serving size
Cholesterol*	≤60 mg per labeled serving size
Other provisions	Fortification must be consistent with FDA policy (CFR 104.20)

*Disclosure levels for nutrient content claims as defined in CFR 101.13

**Nutrient criteria is subject to change as federal nutrition guidance is updated.

***1 CE (Cup Equivalent) = 1 cup raw or cooked vegetable or fruit (fresh, frozen, packaged or canned), 1 cup 100% vegetable or 100% fruit juice, 2 cups leafy salad greens, or ½ cup dried fruit or vegetable

****Added sugars as defined in [CFR 101.9](#)

The Materials

Main Dish Or Meal

Any product, or recipe for a product that meets FDA definition of “main dish” and “meal” as detailed in [CFR 101.13](#).

Fruit and Vegetable Content***	0-250 calories: ½ CE fruit/vegetable, 251-375 calories: 1 CE, 376-500 calories: 1.5 CE 501 to 625 calories: 2 CE
Saturated Fat*	Main dish: ≤6 g per labeled serving size Meals: ≤8 g per labeled serving size
Total Fat*	Main dish: ≤19.5 g per labeled serving size Meals: ≤26 g per labeled serving size
Added Sugars****	Main dish: ≤12.5 g per labeled serving size Meals: ≤20 g per labeled serving size
Sodium*	Main dish: ≤720 mg per labeled serving size Meals: ≤960 mg per labeled serving size
Cholesterol*	Main dish: ≤90 mg per labeled serving size Meals: ≤120 mg per labeled serving size
Other provisions	Fortification must be consistent with FDA policy (CFR 104.20)

*Disclosure levels for nutrient content claims as defined in CFR 101.13

**Nutrient criteria is subject to change as federal nutrition guidance is updated.

***1 CE (Cup Equivalent) = 1 cup raw or cooked vegetable or fruit (fresh, frozen, packaged or canned), 1 cup 100% vegetable or 100% fruit juice, 2 cups leafy salad greens, or ½ cup dried fruit or vegetable

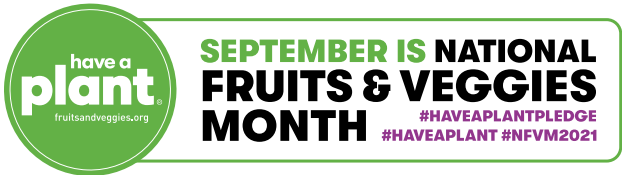
****Added sugars as defined in [CFR 101.9](#)

The Materials

Click To Download The Logos & Graphics



Reversed (white)



Sign for print



Do you have questions about these logos or need something different?
Contact Candice Gordon, PBH Marketing & Communications Manager at cgordon@pbhfoundation.org

THE TEAM

Please contact us with any questions and ideas about these guidelines!



President & CEO

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Servicing you from St. Louis, MO — Central Standard Time



Marketing & Communications Director

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