



# **PRODUCE FOR BETTER HEALTH FOUNDATION**



# Joint Letter from Chairman & President



Terry Murphy Produce Procurement Manager Wakefern Food Corporation **Produce for Better Health Foundation** Chairman of the Board



Elizabeth Pivonka, Ph.D., R.D. President and CEO, Produce for Better Health Foundation

Produce for Better Health Foundation (PBH) is a nonprofit 501(c)(3) consumer education foundation whose purpose is to motivate people to eat more fruits and vegetables to improve public health.

Did you know? For every \$10,000 contribution, Produce for Better Health Foundation (PBH) leverages \$50 million in Fruits & Veggies-More Matters® marketing efforts. This 2014 annual report outlines several ways in which PBH continued to be fiducially responsible with these monetary contributions, while continuing to expand and broaden the reach of the Fruits & Veggies-More Matters national health campaign, brand, and logo. Notable highlights in 2014 include record-breaking consumer website traffic, stellar media and social media impressions, strong industry support and involvement, and expanded outreach efforts with health professionals.

In 2013, PBH invested in a significant upgrade to the FruitsAndVeggiesMoreMatters.org consumer website, and reaped the rewards in 2014 by achieving 297,000 average monthly visits to the site, more than double those of 2013. Total media impressions for 2014 equaled 32 billion, nearly triple all of 2013. The social media outlets for Fruits & Veggies-More Matters generated significant impressions in 2014, 137 million, as well as expanding total consumer reach.

Members of the fruit and vegetable industry, the public health community, and other organizations within the private sector continued to support the Foundation's mission through broad and varied support. In 2014, PBH hosted more than 40 Supermarket Registered Dietitians at our Annual Conference and the Supermarket RD program at Fresh Summit. PBH and the National Grocers Association (NGA) announced a partnership at the end of 2014, allowing PBH to expand its work with retailers and dietitians within the small chain and independent retail sectors. PBH also broadened its ROI back to the industry through the introduction of two grant programs focused on store tours and fruit and vegetable marketing research grants. You can read more about these highlights and the other accomplishments PBH earned in 2014 throughout this annual report.

We extend our sincerest appreciation to our donors, Ambassadors, and supporters for their individual and collective efforts and support of PBH's work and the Fruits & Veggies-More Matters national health campaign. These efforts matter and are helping to make strides in increasing fruit and vegetable consumption for a healthier America! If you are already a friend of PBH, why not tell a friend, and help our community grow!

Clisasett Durke



# Reaching Moms & Families Through **PBH's Annual Conference**

More than 200 marketing, research, and health professionals convened in Scottsdale, Arizona for PBH's Annual Conference: *The Consumer Connection*. The conference, held March 17-19, delivered notable speakers, business exchange appointments between supermarket and foodservice dietitians and industry members, various networking opportunities, and more.

A field tour to Rousseau Farms, and a delivery of 11 fruit and vegetable nutrition education bundles to the Maricopa County Head Start program opened the conference. The nutrition education bundles were donated as a way to help young children living in the Scottsdale area learn about the importance of eating fruit and vegetables during meals and snacks.

With the help of conference sponsors, PBH was able to bring 40 dietitians to the conference, many of whom were first-time attendees. The keynote speaker, Jonah Berger, engaged the conference attendees during his session focused on *Crafting Contagious Ideas;* a set of specific, actionable techniques for helping information to spread and ideas to catch on. PBH also recognized over 60 Fruits & Veggies—More Matters Role Models and Champions within the fruit and vegetable industry, public health community, and school foodservice sector, as well as 30 PBH Ambassadors during a special recognition luncheon.

"I come every year, and 2014 was by far the best yet! Awesome to see how this conference is growing." "The annual conference was so educational and I took away many great ideas! I enjoyed every minute of the conference."

"The Business Exchange Appointments are great for meeting new people in our industry, while learning a lot!"

"A GREAT conference!"





# MARCH 16-18 2015







# **Executive Committee, President's Club,** & Board of Trustees

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DEL MONTE FRESH PRODUCE N.A., INC. Dionysios Christou

> Dole Food Company, Inc. Bil Goldfield

Dole Packaged Foods Barbara Vass

Domex Superfresh Growers Howard Nager

> Driscoll's Doug Ronan

Duda Farm Fresh Foods, Inc. Nichole Towell

FLORIDA FRUIT & VEGETABLE Association Michael Aerts

Four Seasons Produce, Inc. Loretta Radanovic

GIORGIO FRESH MUSHROOMS Brian Threlfall

GENERAL MILLS, INC. (GREEN GIANT & PROGRESSO) Sarah Moberg



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Kellogg Company Melanie Hall

**LINDSAY** Kristen Liberman

MASTRONARDI PRODUCE, LTD. Nancy Pickersgill

McDonald's Corporation Cynthia Goody

MELISSA'S PRODUCE, INC. Peter Steinbrick

MONSANTO VEGETABLE SEEDS Andrew Burchett

NATIONAL MANGO BOARD Megan McKenna

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NESTLE USA Rhonda Richardson

NICKELODEON Rex Weiss

OCEAN SPRAY CRANBERRIES, INC. Christina Khoo

PACIFIC COAST PRODUCERS Tami Iverson

> PARAMOUNT FARMS Scott Owens

PEAR BUREAU NORTHWEST Kevin Moffitt PRODUCE BUSINESS MAGAZINE Kenneth Whitacre

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> **RED SUN FARMS** Sabrina Pokomandy

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> > TAYLOR FARMS Bruce Taylor

The Morning Star Company Nick Kastle

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THE WALT DISNEY COMPANY Heather Rubin U.S. POTATO BOARD Meredith Myers

UNITED FRESH PRODUCE Association Tom Stenzel

VANCE PUBLISHING CORPORATION Peggy Walker

> VENTURA FOODS Matt Middleton

WAKEFERN FOOD CORPORATION Terry Murphy

> WELCH'S Casey Lewis

WESTERN GROWERS Matt McInerney

> YOTTAMARK Elliott Grant

## **PBH's President's Club**

**Monsanto Vegetable Seeds** 

PARAMOUNT FARMS

**PRODUCE MARKETING ASSOCIATION** 

SENECA FOODS CORPORATION

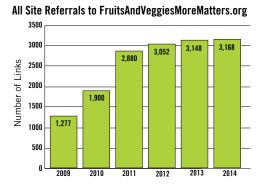
STEMILT GROWERS, INC.

TAYLOR FARMS

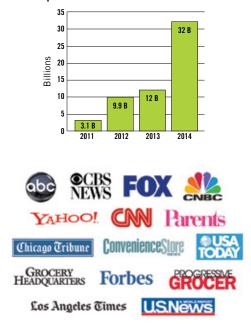


# Reaching Moms & Families Through the **Internet**, **Media**, and **Social Media**

Monthly Visits to FruitsAndVeggiesMoreMatters.org 300,000 297.000 Average Monthly Visits 250,000 200.00 150.000 134.769 124.367 100.000 108.304 50.000 64.31 69,614 2010 2011 2012 2013 2014 2009



**Total Impressions for Print and Online Media Outlets** 



PBH's multi-media marketing and outreach efforts encompass a variety of channels, outlets, and portals to reach consumers, members of the fruit and vegetable industry, public health communities, donors, and supporters.

- FruitsAndVeggiesMoreMatters.org, Website for consumers
- PBHFoundation.org, Website for public and private sectors & consumer influencers
- Fruitsandveggiesmorematters, Facebook Channel
- Fruits\_Veggies, Twitter Channel
- Fvmorematters, Pinterest Channel
- Fruitsandveggiesmorematters, Instagram Channel

Completely updated and enhanced in 2013, the FruitsAndVeggiesMoreMatters.org website offers visitors a wide variety of fruit and vegetable information, resources, tools, and recipes to help consumers increase their daily consumption of fresh, frozen, canned, dried and 100% fruit and vegetable juice. The Top 10 Lists, Recipes, *What's In Season?, About the Buzz, The Stem & Stalk...Let's Talk* blog, and the fruit and vegetable database are the most popular areas of the site. Through PBH's integrated consumer outreach strategy, information from all areas of the site is shared through PBH's Facebook, Twitter, Pinterest, and Instagram channels, as well as through various opt-in e-communications, providing flexibility to consumers on how and when they leverage fruit and vegetable resources and tools. PBH generated 32 billion total media impressions in 2014 as a result of this integrated marketing focus and strategy.





The PBHFoundation.org website functions as an information portal for donors, supporters, and other professionals, as well as for intermediaries who work directly with consumers to inform them on the many health benefits of eating a variety of fruit and vegetables, and help them to increase their total fruit and vegetable consumption. Visitors to this information portal can leverage all available resources and tools, including but not limited to the following:

- Fruit and vegetable themed marketing toolkits;
- Consumer behavior research related to the purchase and consumption of fruit and vegetables;
- Donor-specific tools and resources like PBH Direct!, and Retail Matters;
- The *Fruit & Veggie Connection* Magazine, and resource guides for dietitians and other members of the public health community;
- And monthly social media posts that can be used as is or customized to fit the tone of any organization sharing information on fruit and vegetables.



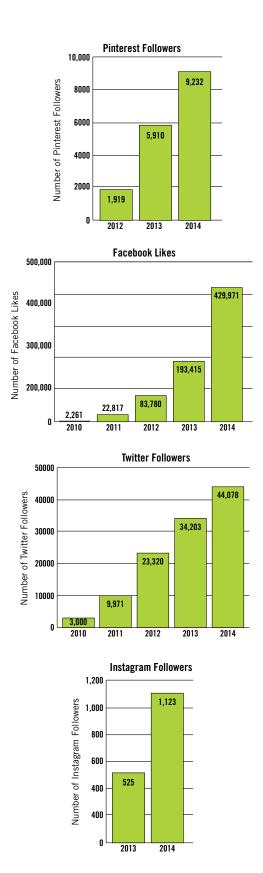
The social media outlets for Fruits & Veggies—More Matters generated 137 million consumer impressions in 2014. Facebook likes for the Fruits & Veggies—More Matters page, 429,971, not only surpassed goal for 2014, but more than doubled the total accumulated likes in the prior 4 years. PBH featured a consumer-focused contest, *The Colors of Summer*, on Facebook in July. The contest generated 9,347 likes, 1,598 shares and reached over 815,800 consumers. The contest also helped to increase the total fan base by 13,439.





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PBH reached new consumers via the Fruits & Veggies-More Matters Pinterest and Instagram channels in 2014 through solid and consistent growth. PBH's presence on Twitter expanded in breadth and depth throughout 2014 through monthly parties. PBH hosted a Twitter party, focused on a different topic, on the first Wednesday of each month. Additionally, PBH co-hosted secondary parties with donors and sponsors as a way to increase awareness of their fruit or vegetable offerings, of a special month celebrating a specific fruit or vegetable, and of September as Fruits & Veggies-More Matters month. The parties were quite successful for PBH and participating companies in terms of increasing and broadening consumer reach through Twitter. Of the 20 parties

PBH hosted in 2014, the hashtag for 14 parties trended. All of the average Twitter party key metrics more than doubled in 2014 compared to 2013:

	2013	2014		2013	2014
People Mentioned			Total Statuses	435	1,381
Mentions Received	321	812	Total Reach	269,332	600,044
Retweets Received	114	570	Total Impressions	1,209,116	2,820,618

PBH regularly likes, shares, and re-tweets posts of our donors and supporters to help expand their Facebook and Twitter presence.





# Reaching Moms & Families Through Supermarket Dietitians

PBH is recognized as one of the premiere organizations working with Supermarket Registered Dietitians, and a noted key resource and subject matter expert for fruit and vegetable information and resources. Increasingly, consumers are leveraging the knowledge and support of Supermarket Dietitians to assist them with food purchases and nutrition information. PBH works with a vast network of supermarket dietitians from independent retailers to large, national, multi-chain retailers through a variety of ways including highlighting regular articles written by the dietitians on FruitsAndVeggiesMoreMatters.org, special projects, and hosting groups of supermarket dietitians at the PBH Annual Conference and PBH Supermarket RD Summit, held during PMA's Fresh Summit. PBH's understanding of consumers, combined with the strong relationship we have with supermarket dietitians, ideally positions PBH to provide programs like the annual conference and summit and to unite members of the fruit and vegetable industry with these professionals.

PBH hosted dietitians from twenty-seven different supermarkets, many of whom were first-time attendees, at the 2014 PBH Annual Conference: *The Consumer Connection* in March. The dietitians participated in local field tours, various educational sessions, and Business Exchange appointments. The appointments enabled the dietitians to meet with various growers, shippers, processors and marketers of fruits and vegetables to learn more about their products and associated key points to share with consumers.

For the third consecutive year, PBH hosted an educational and networking program for over 20 supermarket dietitians, representing 7,600 stores in October during Fresh Summit. The program included various learning opportunities focused on shoppers' attitudes and behaviors about fruits and vegetables, marketing tips and tools to increase consumption, various grocery store tours, and numerous networking opportunities.



PBH is pleased to recognize the following Supermarket Registered Dietitians as the 2014 Supermarket RDs of the Year. Each dietitian demonstrates strong and extensive support for the Fruits & Veggies— More Matters national health campaign, and mission of PBH. The dietitians were honored at

the PBH Annual Conference by Marty Ordman, PBH Chairman of the Board. The honorees, from left to right, Marilyn Mills, Hannaford Supermarket, Allison Stowell, Hannaford Supermarket, Amber Badeau, ShopRite of Olney, Alyson Fendrick, Homeland Stores, and Meredith Mensinger, Redner's Warehouse Markets.

# Supermarkets represented by RDs at PBH's 2014 Annual Conference

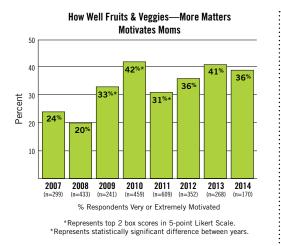


Supermarkets represented by RDs at PBH's 3-day program at PMA's 2014 Fresh Summit

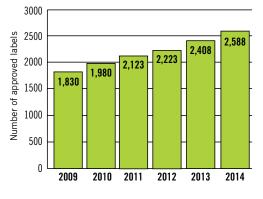




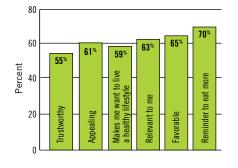
# Reaching Moms & Families Through the Support of Suppliers



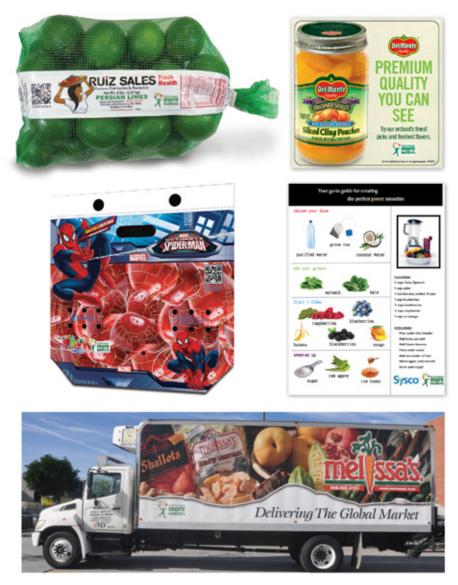
Number of Fruits & Veggies—More Matters Approved Labels



% of Moms Who Find Fruits & Veggies-More Matters ...



The Fruits & Veggies—More Matters logo is making a difference at the point of purchase. When seeing the logo on pack, 53% of surveyed moms self-reported in 2014 that they are likely to purchase that product, up from 40% in 2009 when this question was first asked and higher than the 48% in 2013. Members of the entire fruit and vegetable supply chain continued to showcase the Fruits & Veggies—More Matters logo throughout 2014 helping PBH to reach more consumers, registered dietitians, educators and members of the public health community. In addition to placing the logo on packaging, suppliers also used the logo in unique and different ways — on fact sheets, posters, shelf talkers, flyers, advertorials, and trucks.



# Reaching Moms and Families Through the **Fruits & Veggies**—**More Matters Logo**

PBH extends our sincerest thanks to all organizations helping to spread the brand message through use of the Fruits & Veggies—More Matters logo. Usage of the logo was approved for the following companies through December 2014.

Agroamerica Fruit Company Agroeden Cia Ltd. AgroFruit Ahold USA AJ Trucco Albert's Organics/UNFI Alex Kontos Fruit Co. Applesnapz, Inc. Aunt Mid's Produce Company Banacol Marketing Corporation Barsotti Juice Company, Inc. Bell-Carter Foods, Inc. Bi-Lo, Inc. **Bionatur Invernaderos Biologicos** de Mexico, S.A de C.V. Birds Eye Foods, Inc. Black Gold Farms Blue Marble Brands Borton & Sons **Boscovich Farms** Brookside Fruit Company **Buddy Fruits** C.H. Robinson Worldwide, Inc. Campbell Soup Company / V8 Capurro Farms Carribbean Pineapple Exports Chelan Fresh Marketing Chestnut Hill Farms Chiquita Brands International/ Fresh Express **Coastline Produce** Crispy Green Inc. Crunchies, Inc Del Monte Foods Del Monte Fresh Produce N.A., Inc. Domex Superfresh Growers Duda Farm Fresh Foods, Inc.

Dulcinea Farms Eagle Eye Produce Elite Mushroom Company, Inc. Frankford Foods, Inc. Frey Farms Produce Fruti Fruit Gerber Products Company Giant Eagle **Gills** Onions Giumarra Companies Glad Products Company Gold Coast GPOD of Idaho The Great Atlantic & Pacific Tea Company, Inc. Great Lakes International Trading, Inc. Green Gate Fresh Green Giant Fresh Green Giant Frozen & Canned The Greenery Greenery Produce USA, Inc. Greenline Foods, Inc. Grimmway Farms Grupo PM S.A. de C.V. Harris Teeter Super Markets, Inc. Heartland Produce HMC Farms Hollandia Produce, Inc. The HV Food Products Company Hy-Vee, Inc. Imagination Farms, LLC International Golden Foods, Inc. John B. Martin & Sons Farms, Inc. Justus Foods, Inc. Kagome, Inc.

Kingston & Associates Marketing, LLC Knouse Foods, Inc. The Kroger Company L & M Companies, Inc. LGS Specialty Sales, Ltd. Lindsay Olives/Bell Carter Lipman Produce Made In Nature, LLC Mama Vega's Salsa Mariani Packing Company, Inc. Market Fresh Produce, L.L.C. Maverick Brands, LLC McDonald's Corporation McEntire Produce Meijer, Inc. Michigan Celery Cooperative Mott's National Raisin Company Naturipe Farms New York Apple Association Ocean Spray Cranberries, Inc. Old World Enterprise Group, LLC Oneonta Trading Corporation Orbit Tomato Company, Inc. Pacific Coast Producers Pacific Tomato Growers Pennsylvania Apple Marketing Program Peri & Sons Farms, Inc. POM Wonderful, L.L.C. Produce Distribution Center, LLC **Progressive Produce** Publix Super Markets, Inc. Rainier Fruit Company, Inc. Reasor's (AWG) River Ranch Fresh Foods, LLC

Roundy's (TOPCO) Rousseau Farming Co. Ruiz Sales, Inc. Safeway, Inc. Sage Fruit Salyer American Fresh Foods, Inc. Sam's Choice/Wal-Mart Stores, Inc. Sbrocco International Scenic Fruit Co. Schnuck Markets, Inc. SealdSweet Seneca Foods Corporation Steinbeck Country Produce, Inc. Stemilt Growers, Inc. Stop & Shop Sunkist Growers, Inc. Sun-Maid Growers of California Sunsweet Growers, Inc. SuperValu/W. Newell & Company Target Tree Top, Inc. Topco Tropical Rica International Tropicana Products, Inc. **Turbana** Corporation Ukrop's Super Markets, Inc. United Natural Brands Vacaville Fruit Company Wakefern Weis Markets, Inc. Welch's West Coast Vegetable Company, Inc. Western Foods White Rose Frozen Food, Inc. Wholly Guacamole Wm. Bolthouse Farms, Inc.



# Reaching Moms & Families Through Supermarkets



PBH awarded over \$32,000 in grants to support grocery store dietetics. Selected universities will use the funds to deliver grocery store tours by trained nutrition/dietetic students, enabling enhanced collaboration between supermarkets and university nutrition and dietetic programs.



*Retail Matters*, a PBH quarterly print and online publication, supports retailers' marketing and education efforts focused on all forms of fruit and vegetables.

PBH continued its work with retailers and Supermarket Registered Dietitians in 2014 by providing marketing toolkits, social media posts, and fruit and vegetable selection and storage tips. PBH also maintains and updates a dedicated FTP site where supermarkets can go to leverage a variety of fruit and vegetable tools and information to help in their direct outreach to shoppers. Many retailers have the Fruits & Veggies—More Matters logo on private label packaging, in-store displays, weekly store circulars, and bags as a reminder to shoppers to eat more fruit and vegetables. At the end of 2014, PBH announced a joint partnership with the National Grocers Association (NGA) to reach and work with small chains and independent retailers.











57% of the Top 75 Supermarket Banners and 75% of all stores, outside of the top 75, are licensees and helping to spread the Fruits & Veggies—More Matters message to consumers.





Alps, Apple Market, Cash Saver, Country Mart, Harps, Hen House, Homeland, Price Chopper, Sun Fresh, Thriftway



Baker's, City Market, Dillons, Food 4 Less, Foods Co., Fred Meyer, Fry's, Gerbes , Harris Teeter, Jay C Food Stores, King Soopers, Owen's, Pay Less, Quality Food Centers, Ralphs, Smith's Food & Drug Stores

ROUNDY S. Pick 'n Save, Copps, Rainbow Foods, Mariano's

SAFEWAY () Carrs, Dominick's, Genuardi's, Randall's, Tom Thumb , Vons

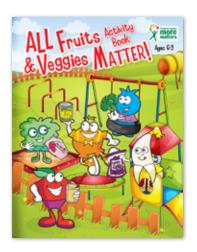




# Reaching Moms & Families Through Educators, Health Professionals, and Schools



For educators and public health professionals working with young children, PBH offers a safe place on the Internet to learn, in a fun and interactive way, about why it is important to include a variety of fruit and vegetables in daily meals and snacks. The types of games and activities are geared for children ages 2-5 and include matching, mazes, activity pages, coloring sheets, and kid-friendly recipes.



PBH continued to supply educators and health professionals with updated and new fruit and vegetable resources and tools to help consumers incorporate more fruit and vegetables into daily meals and snacks. Much of this information is housed on PBHFoundation.org, a resource portal for educator, health professionals, and registered dietitians, with the balance being offered through the FruitsAndVeggiesMoreMatters.org website and opt-in e-communications.

The FRUIT & VEGGIE MATTERS

PBH continued to offer education webinars on a variety of topics related to

fruit and vegetables throughout 2014. Average attendance for each webinar is 190 since they debuted in 2012. PBH offered the following topical webinars in 2014.

- Food Safety Efforts in Produce Production
- Cans Get You Cooking!
- Taking a Fresh Look at Frozen
- The Power of the Pour
- Strawberries as a Functional Food: A Sweet Strategy for Health
- The Whole Truth About 100% Fruit Juice

All archived webinars are available for viewing and certification at PBHFoundation.org/pub\_sec/webinars.



PBH published issues 2 and 3 of the *Fruit & Veggie Connection* magazine that summarizes relevant and important information related to fruit and vegetables. The topics covered in the 2014 magazines range from biotechnology, to phytochemicals, to seasonality.

The magazine is available to health professionals in both print and digital formats in May and October each year. Current and archived issues are located at PBHFoundation.org/pub\_sec.

Lastly in 2014, a recipe book and an All Forms of Fruits and Vegetables activity book were added to the educators section of PBHFoundation.org. Both resources are available for download and distribution.



# Reaching Moms & Families Through Research

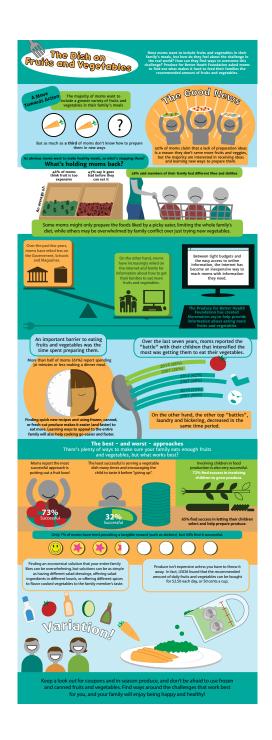
PBH conducts regular consumer surveys to identify psychosocial factors associated with fruit and vegetable consumption in an effort to monitor progress and inform industry, health influencers, and policy makers. PBH also monitors policies related to fruit and vegetables and every five years issues the *State of the Plate,* a study on America's consumption of fruit and vegetables. The next report will be issued in March 2015. All PBH research is located on the PBHFoundation.org website.



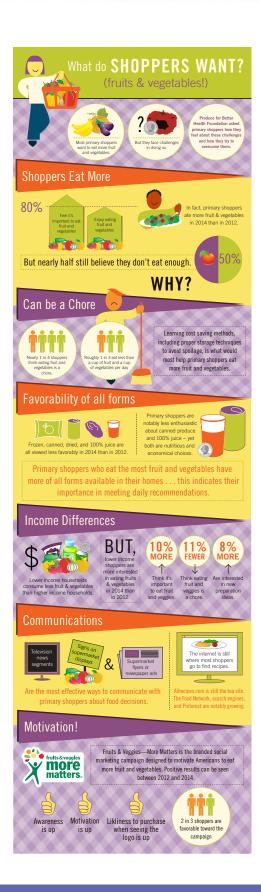
PBH conducts an annual survey of moms with children 10 years of age and under to assess fruit and vegetable consumption, barriers to increased consumption, and awareness of the Fruits & Veggies-More Matters brand. Key findings over time indicate that moms continue to strongly believe in the benefits of fruits and vegetables and continue to be concerned that their families are not consuming enough of them. The 2008-2009 recession had a significant negative impact on moms' attitude and behavior regarding fruits and vegetables. In addition, while the Internet remains the top preferred source

of information regarding fruits and vegetables, family members were becoming more influential, while other sources were becoming less so.

Providing moms with practical information to increase their family's consumption of fruits and vegetables, especially while on a budget, will help them follow through with their intentions. PBH's consumer website, FruitsAndVeggiesMoreMatters.org, developed specifically with moms in mind, continues to be a growing, reliable source of information for this audience. Insight gleaned from the annual surveys, outlined in PBH's *Moms' Attitudes and Beliefs Related to Fruit & Vegetable Consumption, 2007-2014* report, assist PBH in our continued effort to reach moms.







Primary shoppers, surveyed in 2012 and again in 2014, are the basis for PBH's report, *Primary Shoppers' Attitudes and Beliefs Related to Fruit & Vegetable Consumption 2012 vs 2014.* 



## Highlights from the report include:

### **Shoppers Eat More**

Shoppers report eating more fruit and vegetables each day in 2014 than in 2012, though half of them believe they still eat too few.

## Consuming Fruit & Vegetables Can Be A Chore

One in four primary shoppers thinks eating fruit and vegetables is a chore and don't know how to prepare them.

## Favorability

Despite the fact that shoppers recognize the health benefits of eating fruit and vegetables, virtually all forms of fruit and vegetables (fresh,

frozen, canned, dried, and 100% juice) are viewed less favorably in 2014 than two years prior.

## Communications

Primary shoppers report that TV news segments, supermarket flyers or newspaper ads, and signs on supermarket displays are the most effective ways to communicate with them when they are making a food decision.

## **Income Differences**

Lower income households consume fewer fruit and vegetables than higher income households, yet they equally perceive that they consume enough.

### **Motivated Purchases**

Two out of three shoppers are favorable toward the Fruits & Veggies—More Matters<sup>\*</sup> national health campaign and brand and appreciate the message as a reminder to eat more fruit and vegetables.

To make it easy to identify relevant findings, PBH developed two separate infographs visually highlighting some of the key results of the 2014 annual mom survey report, and the 2014 primary shopper report respectively. PBH is pleased to recognize the sponsors of the Mom and Primary Shopper reports: Bayer CropScience, Del Monte Fresh Produce, Monsanto Vegetable Seeds, and Produce Marketing Association.



In support of its mission to increase the consumption of fruit and vegetables, PBH unveiled a marketing research grant program in 2014. The grant program offers up to \$15,000 in grant funding for projects that address increasing fruit and vegetable sales and consumption within the realm of traditional marketing, social marketing, behavioral economics/psychology, or product placement and with a balance of rigor and relevance.

Two proposals were selected for funding. The first, *In-Store Meal Bundles to Increase Grocery Store Purchases of Fruit and Vegetables*, has been awarded to University of Wisconsin-Madison. The research will determine whether the use of meal bundling (fruit or vegetable with other meal ingredients) and offering the bundle for one stated price, will increase sales of fruit and vegetables. Prior research on product bundling has shown that consumers may prefer such options as they desire to reduce search costs and product interrelatedness. Product bundling has been noted in the marketing literature as a strategy with which to increase exposure for a more 'vulnerable' product. The authors will conduct a field experiment of consumers located in a food desert near Chicago, IL.

The other funded grant, *Manipulating the Sensory Variety of Fruit and Vegetables to Increase their Intake*, has been awarded to Harvard. Greater food variety has been shown to increase food consumption within the same meal and across different meals. This 'variety effect' is partially due to psychological mechanisms that reduce sensations of fullness and increase the desire to continue eating due to the activation of reward pathways. Most research on food variety and intake has focused on reducing variety to decrease intake of less healthful foods, but few studies have examined how increasing the variety of fruit and vegetables can promote healthful eating. This project should help inform fruit and vegetable marketing practices by revealing simple, economical techniques that enhance the desirability of fruit and vegetables and increase their consumption.





The annual PBH Supplement to *Produce Retailer* and *The Packer* provides an overview of PBH's key initiatives and projects. It is produced and distributed, print and digitally, by *The Packer*. PBH extends our sincerest appreciation to *The Packer* for this in-kind support and contribution, and to the companies who placed advertisements in the supplement.



# **Role Models & Champions**

To become a role model or champion, an organization has to consistently demonstrate a wide range of support for Fruits & Veggies—More Matters in a variety of categories such as:

- Placing the logo on packaging, products, in-store materials
- Including Fruits & Veggies—More Matters on promotions or promotional materials, in-store signs
- Using Fruits & Veggies—More Matters in advertising
- Using Fruits & Veggies—More Matters in public relations efforts
- Using Fruits & Veggies—More Matters in speaking engagements
- Placing copy or creating a page about Fruits & Veggies—More Matters on a consumer website
- Including a link on a website to FruitsAndVeggiesMoreMatters.org.

More information on the criteria and how to become a role model or champion can be found on the PBH Foundation website, PBHFoundation.org.

The following activities are criteria that define Public Health Role Models and Champions and their efforts to increase fruit and vegetable consumption within the education and public health community:

- Supports the overall mission of increasing fruit and vegetable consumption among Americans.
- Healthy lifestyle values are deeply rooted in the organization's culture.
- Implements National Action Plan strategy(ies).
- Demonstrates success of program goals.

PBH would like to recognize the following companies and organizations for their overwhelming support of Fruits & Veggies—More Matters and for achieving Role Model or Champion status in 2014.















## Public Health Role Models \_\_\_\_\_

Chef in the Hood • Oregon WIC Program • Tennessee Department of Health • University of New Mexico Student Health & Counseling

Public Health Champion -

PHOENIX VA HEALTH CARE SYSTEM

## School Foodservice Role Models \_\_\_\_\_

Arlington Public Schools • Newman Elementary School

## Supermarket RDs of the Year -

ASHLEY CULLY Ravitz Family Markets, ShopRite JANINE FABER Meijer, Inc.

PAT HUNTER Hannaford Brothers S

HEATHER SHASA ShopRite of Little Falls Allison Kuhn The Kroger Company

## Ambassador Excellence Award Honorees -

SHIRLEY AXE
Ahold USA

LINDSAY EHLIS Borton and Sons BRETT LIBKE The Oppenheimer Group Ruiz Sales

BRIAN THRELFALL Giorgio Fresh Mushrooms

## **PBH Ambassadors**



A PBH Ambassador is an individual passionate about the PBH mission and Fruits & Veggies—More Matters message. An Ambassador actively shares his/her passion and personal testimonial about the importance of PBH, financially supports PBH, either personally or through their organization, and encourages and recruits others to provide annual, sponsorship or in-kind support to PBH.

PBH is pleased to recognize the following individuals as Ambassadors of PBH and extends our sincerest appreciation for their support throughout 2014.

**TRACEY ALTMAN** Wholly Guacamole

> SHIRLEY AXE Ahold USA

**CATHY BARSOTTI** Barsotti Juice Company

LEAH ВRАККЕ Black Gold Farms, Inc.

**PHILLIP BROOKS** H. Brooks & Company

KAREN BRUX Chilean Fresh Fruit Association

> KATIE CALLIGARO Canned Food Alliance

> > MARK CAMPION Taylor Farms

GAINES CHAMBERLAIN Blanc Industries

**CHRIS CHRISTIAN** California Strawberry Commission

> CHARLIE EAGLE Southern Specialties

Kacı Komstadius

Sage Fruit Company LINDSAY EHLIS

Borton Fruit

Angela Fraser California Avocado Commission

> JOHN FREED Syngenta Corporation

CHAVANNE HANSON Nestle USA

KACI KOMSTADIUS Sage Fruit Co.

BRETT LIBKE The Oppenheimer Group

**ANTONIA MASCARI** Indianapolis Fruit Company

> MATT MIDDLETON Ventura Foods

KRAIG NAASZ American Frozen food Institute

HOWARD NAGER Domex Superfresh Growers

PAUL PALMBY Seneca Foods Corporation

> **ROGER PEPPERL** Stemilt Growers, Inc.

SABRINA POKOMANDY Red Sun Farms

MAC RIGGAN Chelan Fresh Marketing "From an organizational/professional standpoint, PBH is important to me and the CFA because it's the one place we can have a seat at the table and really lock arms with other forms to promote the consumption of fruits and vegetables overall. Our mission is to increase consumption of canned foods overall; but we've really adopted the "all forms" message as a platform for how we tell our story. Personally, PBH has allowed me to make connections with industry professionals and even in some cases develop personal relationships. I look forward to the annual conference each year — it's a place for us to learn and share, but also socialize about the latest trends, challenges and successes facing the industry."

 Katie Calligaro Canned Food Alliance

"Partnering with PBH/Fruits & Veggies—More Matters" provides an invaluable opportunity to ensure consumers are given the complete picture on how they can easily add more fruits and vegetables to their diets and to their children's diets."

— Kraig Naasz American Frozen Food Institute



"My passion for produce extends from my professional to my personal life. As a member of the produce industry for more than 20 years, I've always been a passionate advocate for increased produce consumption. As a mother of two young children, I'm thrilled that my daughter was snacking on raw cauliflower when she was just two years old, and that my son runs to the fruit bowl as soon as he gets home from school to grab a healthy snack. I know that the way they're eating now will help shape their relationship with food for the rest of their lives. That's why the work of PBH is so important. If families are given the tools to eat fresh, healthy foods, they'll be setting positive patterns for years to come, and living healthier, more robust lives. I feel privileged to partner with PBH as we work toward a healthier America, one step at a time." — Karen Brux Chilean Fresh Fruit Association.

"I'm inspired by the industry's dedication to increase produce consumption, while promoting health and nutrition to adults and especially to children. I'm honored to align myself with an organization such as PBH that shares in this dedication with their mission to lead the way to healthy eating."

— Antonia Mascari Indianapolis Fruit Company

## PBH Ambassadors, cont.

RICHARD RUIZ Ruiz Sales

Allan Sabatier Del Monte Fresh Produce

XANDER SHAPIRO Del Monte Foods

**RICH TAVOLETTI** Canned Food Alliance

LORI TAYLOR The Produce Mom

BRIAN THRELFALL Giorgio Fresh Mushrooms NICHOLE TOWELL Duda Farm Fresh Foods, Inc.

**PEGGY WALKER** Vance Publishing Corporation

**SUZANNE WOLTER** Rainier Fruit Company, Inc.

#### **PBH Professional Ambassadors**

**REBECCA DRITT** University of Cincinnati

LISA LOMBARDINI Framingham State University

The following Ambassadors earned an Excellence award in 2014 for their outstanding individual efforts to support Produce for Better Health Foundation and the Fruits & Veggies—More Matters national health campaign.

GAINES CHAMBERLAIN Blanc Industries

CHAVANNE HANSON Nestle

BRETT LIBKE The Oppenheimer Group **NICHOLE TOWELL** Duda Farm Fresh Foods

> **PEGGY WALKER** Vance Publishing



Brett Libke, Kelly Malley (accepting on behalf of Chavanne Hansen), Gaines Chamberlain, Marty Ordman, PBH Chairman, and Peggy Walker



## Our Donors & Sponsors

## January 1, 2014 through January 7, 2015.

Includes organizations that make annual contributions and also provide support with sponsorships and dinner/auction reservations. Does not include gifts to A Campaign for Children's Health or gifts in-kind.

### President's Club (\$50,000+)

Monsanto Vegetable Seeds Paramount Farms Produce Marketing Association Seneca Foods Corporation Stemilt Growers, Inc. Taylor Farms

## \$30,000 - \$49,999

Campbell Soup Company Del Monte Fresh Produce N.A., Inc. Dole Food Company, Inc. Nestle USA Sun-Maid Growers of California Syngenta Corporation The Walt Disney Company

### \$20,000 - \$29,999

Ahold USA Bayer CropScience California Strawberry Commission Can Manufacturers Institute Chelan Fresh Marketing Giorgio Fresh Mushrooms Grimmway Farms Mastronardi Produce, Ltd. National Mango Board Naturipe Farms LLC Sunkist Growers, Inc.

## \$10,000 - \$19,999

American Frozen Food Institute Ardagh Metal Packaging USA Inc. Black Gold Farms, Inc. Borton and Sons, Inc. California Avocado Commission California Cling Peach Board Canned Food Alliance Chilean Fresh Fruit Association Chiquita Brands International/Fresh Express Compass Group North America/Chartwells Del Monte Foods Dole Packaged Foods

Domex Superfresh Growers **Driscoll's** Duda Farm Fresh Foods, Inc. Florida Fruit & Vegetable Association Four Seasons Produce, Inc. General Mills, Inc. (Green Giant & Progresso) Kellogg Company Lindsay McDonald's Corporation Melissa's Produce, Inc. Nickelodeon Ocean Spray Cranberries, Inc. Pacific Coast Producers Pear Bureau Northwest Produce Business Magazine Rainier Fruit Company, Inc. Red Sun Farms **Robinson Fresh** Silgan Containers The Morning Star Company The Oppenheimer Group U.S. Potato Board United Fresh Produce Association Vance Publishing Corporation Ventura Foods Welch's Western Growers YottaMark

## \$5,000 - \$9,999

Amvac Chemical Corporation Avocados from Mexico Ball Corporation Castellini Company CoBank ACB Family Tree Farms Marketing, LLC Florida Department of Citrus Juice Products Association Mariani Nut Company Mission Produce, Inc. National Watermelon Promotion Board Okanagan Specialty Fruits Pace International, LLC Sysco Corporation Vision Produce Company Wholly Guacamole

#### \$2,500 - \$4,999

Affiliated Foods, Inc., Texas Blanc Industries Bushwick Commission Company, Inc. California Fresh Carrot Advisory Board California Table Grape Commission Colorado Potato Administrative Committee Egg Nutrition Center Enza Zaden North America, Inc. Fresh Produce & Floral Council Giant Eagle, Inc. Hannaford Bros. Co., LLC Heartland Produce Hy-Vee, Inc. Idaho Potato Commission IFCO Systems NA, Inc. Manfredi Cold Storage Nonpareil Corporation Norpac Foods, Inc. Potandon Produce, L.L.C. Publix Super Markets, Inc. Red Gold, Inc. Roundy's Supermarkets, Inc. Ruiz Sales, Inc. Sage Fruit Co LLC Save Mart Supermarkets Subway Franchise World Headquarters Sunview Marketing International The United States Sweet Potato Council, Inc. Torrey Farms, Inc. U.S. Apple Association U.S. Highbush Blueberry Council Valley Fig Growers Vidalia Onion Committee Wakefern Food Corporation Walter P. Rawl & Sons, Inc. Wild Blueberry Association of North America Yakima Fresh L.L.C.



## Our **Donors**, cont.

\$1,500 - \$2,499

AI Trucco, Inc. Abbott & Cobb Agroamerica Fruit Company Agrow Fresh Produce Company, Inc. Albert's Organics/UNFI Alsum Farms & Produce, Inc. AmeriFresh, Inc. Amigo Farms, Inc. Andrews Brothers, Inc. Apache Produce Imports LLC Apio, Inc. Associated Wholesale Grocers, Inc. B & B Produce, Inc. B & C Fresh Sales, Inc. B & W Quality Growers Banacol Marketing Corporation Bard Valley Medjool Date Growers Association Bare Snacks Barsotti Family Juice Company, Inc. Bejo Seeds, Inc. BelleHarvest Sales, Inc. Ben Litowich & Son, Inc. Big Chuy Distributors & Sons Big Y Foods, Inc. Bi-Lo, Inc. Bioplanet Corp. Blue Marble Brands Boggiatto Produce, Inc. Boskovich Farms, Inc. Bozzuto's, Inc. Brennan's Market Bush Brothers & Company Caito Foods Service, Inc. Calavo Growers, Inc. California Canning Peach Association California Date Administrative Committee California Dried Plum Board California Leafy Greens Marketing Agreement Cal-Ore Produce, Inc. Capital City Fruit Company, Inc. CHEP USA Chestnut Hill Farms

Coast Produce Company Coast To Coast Produce, L.L.C. Columbia Marketing International Country Fresh Mushrooms Crispy Green Crosset Company Crunch Pak, L.L.C. Crunchies Food Company D'Arrigo Brothers Company of California Dave's Specialty Imports, Inc. Deardorff Family Farms **Delicious** Foods DiMare Fresh, Inc. Eagle Eye Produce F.C. Bloxom Company Festival Foods Fresh Produce Association of the Americas General Produce Company, Ltd. General Produce, Inc. Georgia Fruit & Vegetable Growers Association Gills Onions, LLC Gold Coast Packing, Inc. Golden Sun Marketing Grant J. Hunt Company Great Lakes International Trading, Inc. Greene River Marketing, Inc. GreenGate Fresh, LLLP Grupo Vegetables el Rey L.L.C. H. Brooks & Company HMC Farms Houweling's Tomatoes HPC Foods, Ltd. Hungenberg Produce, Inc. Hunts Point Terminal Produce Co-op Association, Inc. Idaho-Eastern Oregon Onion Committee Indianapolis Fruit Company, Inc. International Golden Foods, Inc. J & J Distributing Company Jasmine Vineyards, Inc. John B. Martin & Sons Farms, Inc. John Vena, Inc. Keyes Fibre Corporation Kingdom Fresh Produce, Inc.

Kingston Fresh Knouse Foods, Inc. K-VA-T Food Stores, Inc. L & M Companies, Inc. Lakeshore Foods Corporation LGS Specialty Sales, Ltd. Liberty Fruit Company Little Farm Frozen Foods, Inc. Live Oak Farms M. Caratan, Inc. DBA Columbine Vineyards Mariani Packing Company, Inc. Market Fresh Produce, L.L.C. Mars Super Markets, Inc. Marsh Supermarkets, L.L.C. Martori Farms Matthews Ridgeview Farms McEntire Produce, Inc. Meijer, Inc. Michigan Celery Promotion Cooperative, Inc. Miner's Inc. Monterey Mushrooms, Inc. Morita Produce Company & Nuthouse Mucci International Marketing Inc. Mushroom Council National Produce Consultants, Inc. National Raisin Company NatureSeal, Inc. NatureSweet, Ltd. New England Produce Council New York Apple Association, Inc. New York Apple Sales, Inc. NewStar Fresh Foods | organicgirl North Bay Produce, Inc. Oneonta Starr Ranch Growers Orbit Tomato Company, Inc. Pennsylvania Apple Marketing Program Peter Condakes Company, Inc. Phillips Mushroom Farms Porpiglia Farms, Inc. Price Chopper Supermarkets Produce Packaging, Inc. Progressive Produce Corporation Pro-Health - Simply Smarter Pure Fresh, LLC Ready Pac Foods, Inc.



Red Blossom Sales, Inc. RemBrandt **Rice Fruit Company** Richard Bagdasarian, Inc. Rigby Produce, Inc. Riggio Distribution Co. Robbie Rocky Produce, Inc. Rohrer Brothers, Inc. Rousseau Farming Company Sakata Seed America, Inc. San Joaquin Tomato Growers, Inc. Sbrocco International, Inc. Seald Sweet International Sinclair Systems International, L.L.C. Southeast Produce Council Southern Specialties Spokane Produce, Inc. Steinbeck Country Produce, Inc. Sterilox Food Safety Sun Belle, Inc. Sun World International, LLC Sunsweet Growers, Inc. Superior Sales, Inc. Tanimura & Antle The Chas. C. Hart Seed Co. The Greenery The Horton Fruit Company, Inc. The Kroger Company The Los Angeles Salad Company, Inc. Times Super Markets To-Jo Mushrooms, Inc. Tops Markets, L.L.C. Tree Top, Inc. **Trinity Fruit Sales** Turbana Corporation Unifrutti of America, Inc. Vacaville Fruit Company, Inc. Village Farms Wal-Mart Stores, Inc. Washington State Potato Commission Wawona Frozen Foods, Inc. Wayne E. Bailey Produce Company Western Precooling Systems Wholesale Produce Supply Company, Inc. WinCo Foods, Inc. World Pak Yucatan Foods

### \$1,000 and below

Affiliated Foods Midwest Cooperative American Mushroom Institute Babé Farms, Inc. Better Bags, Inc. Blue Book Services, Inc. Blue Star Growers, Inc. Brookshire Brothers, Inc. C & D Fruit & Vegetable Company, Inc. California Fig Advisory Board California Fresh Fruit Association California League of Food Processors Ciruli Brothers Coborn's, Inc. Corey Brothers, Inc. Crown Poly, Inc. D.L.J. Produce David J. Elliot & Sons Del Campo Supreme, Inc. DNE World Fruit Sales Donelan's Supermarkets Fowler Bros. Inc. Fruit Growers Marketing Association George Perry & Sons, Inc. Green Valley Food Corp. Harps Food Stores, Inc. Harris Teeter Super Markets, Inc. Homeland Stores John E. Ferebee Farming, Inc. Key Food Stores Cooperative, Inc. Keystone Fruit Marketing, Inc. King Fresh Produce, L.L.C. King Kullen Grocery Co., Inc. Leitz Farms, L.L.C. Maine Farmers Exchange Mandolini Company, Inc. Martinez & Sons Produce, Inc. Michigan Apple Committee Mike Benben, Inc. Niemann Foods, Inc. Package Containers, Inc.

Pasquinelli Produce Co. Raley's Supermarkets Redner's Markets, Inc. Rijk Zwaan RLB Food Distributors, L.P. Sarabian Farms Schnuck Markets, Inc. Scott Farms, Inc. SpartanNash Stater Brothers Markets Talley Farms, Inc. The United Family Unistar Plastics, LLC W.J.L. Distributors, Inc. Waverly Plastics Company, Inc. Wegmans Food Markets Weis Markets, Inc.



# **Gifts** In-Kind

January 1, 2014 through January 7, 2015 (Includes organizations that provide gifts in-kind)

## \$275,000 and above

The Packer

## \$40,000 and above

Blue Book Services, Inc. *Produce Business* Magazine Produce Marketing Association

\$10,000 - \$39,999 Microsoft\*

## \$5,000 - \$9,999

Welch's WiseGuys InterACTIVE

## \$1,000 - \$4,999

American Seed Trade Association Canadian Produce Marketing Association Fresh Produce & Floral Council Southeast Produce Council United Fresh Produce Association Western Growers

## Up to \$999

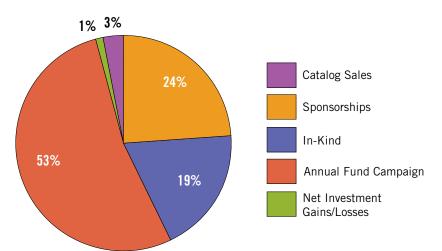
Georgia Fruit & Vegetable Growers Association New England Produce Council



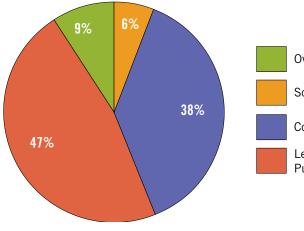


# **Financial Report**

## 2014 Income



2014 Expenses





## Total 2014 Budget: \$2.7 million

Produce for Better Health Foundation ended 2014 in a strong financial position. In 2014, catalog sales of educational materials were discontinued due to continued budget decreases for our customers at the federal and state levels. Closing of the catalog resulted in \$225,000 less income, but continued strength in sponsorships, membership revenue, and investment earnings, coupled with a reduction in expenses, resulted in a modest operating deficit of \$26,000 for the year. As a result, the Foundation's balance sheet remains strong with total assets in excess of \$5.1 million and total liabilities of less than \$400,000. The remaining Unrestricted Net Asset reserves of over \$4.7 million will help ensure the stability of the Foundation for the future.



## THIS REPORT WAS MADE POSSIBLE THROUGH THE GENEROUS SUPPORT OF:



Produce for Better Health Foundation 7465 Lancaster Pike, Suite J, 2nd Floor / Hockessin, DE 19707 Phone: 302.235.2329 / Fax: 302.235.5555 PBHFoundation.org / FruitsAndVeggiesMoreMatters.org

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